

Welcome to Laggan

For centuries Laggan has occupied a strategic position at the centre of the Scottish mainland, with strong lines of communication. Historically, travellers, soldiers, cattle drovers and pack-horse teams found a warm welcome here. The area boasts fine views, stunning waterfalls and an abundance of wildlife.

So take a moment and enjoy what the area has to offer.

Walking at Feagour



View towards Glentruim Forest



For information on paths, local events, facilities and accommodation:

Visitor Centres

Newtonmore: 01540 673912

Aviemore: 01479 810930

Useful web sites:

www.laggan.com

www.visitcairngorms.com

www.walkhighlands.co.uk

www.laggan.eu/cyclingandwalking



If you enjoyed using the "Laggan Paths Leaflet" look out for other Community Paths Leaflets to help you explore more of the Park.

Cairngorms Paths

Laggan Paths



Discover Laggan

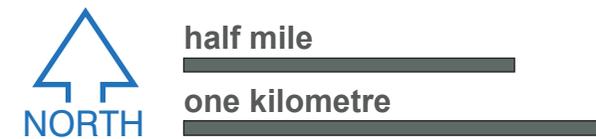


View of Laggan from the Glentruim spur path viewpoint



Laggan Paths

Walks around Glentruim



-  road
-  track
-  path
-  car park
-  view point
-  national cycle route

Glentruim Forest Walk

The main route is a circular walk along a well surfaced gravel track through open forest, with a final stretch along a quiet public road. This is marked by blue arrows. An optional spur, marked by light-green arrows, leads to a viewpoint.

About 200m from the start a finger-post points right to the viewpoint at the summit of Creagan an Fhithich. From here you get splendid views along the Spey valley west towards Laggan, and north-east towards Aviemore. After another 100m you reach a second finger-post, at which you turn left. Eventually you reach the public road, where you turn left again.

Distance: Circular route is 1½ miles (2.5km), or 2½ miles (4km) if you include the spur to Creagan an Fhithich.

Approximate time: About 1½ hours (2½ hours with the the viewpoint).

Start: Forest road junction at summit of Glentruim-Catlodge public road, just east of the Macpherson memorial.

Terrain: Surfaced forest road with easy gradients and public road. The spur route has one steep stretch.



Falls of Truim

A lovely short walk alongside the River Truim to the Falls.

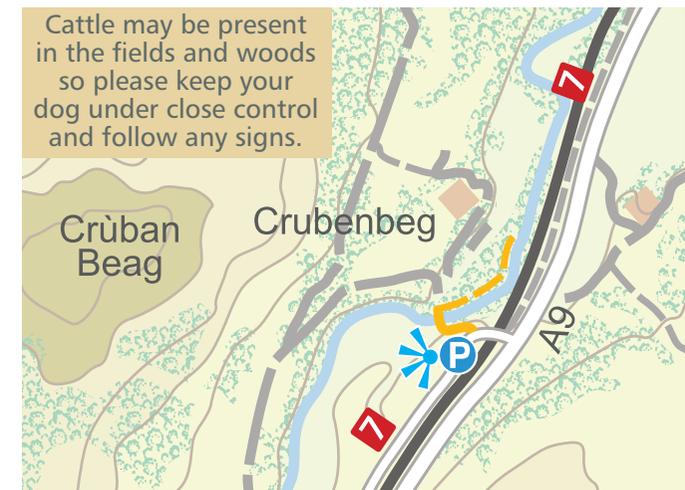
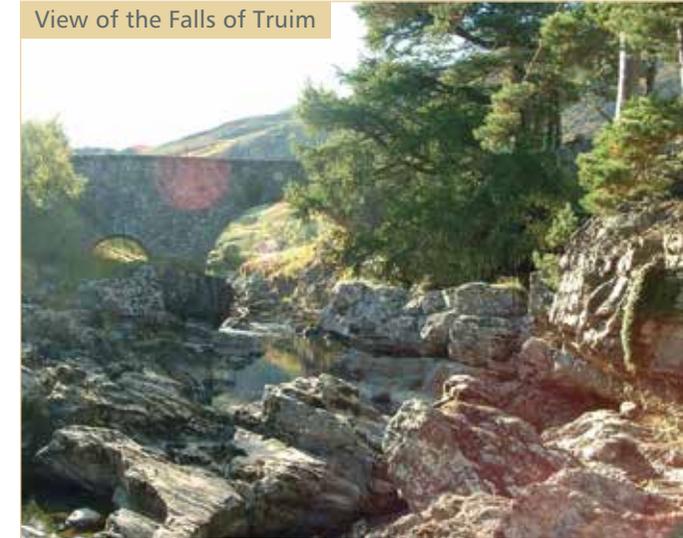
Distance: 2/3 mile (1km) in and out.

Approximate time: 20-25 minutes

Start: Take minor road off the A9, signed Crubenmore and Dalwhinnie. The Falls car park is on the left-hand side.

Terrain: Easy gradients but rough underfoot in places.

View of the Falls of Truim



Laggan Paths



Forest trails Start: Wolftrax Car Park

Forest Loops

A loop walk through mature forest starts at the SW corner of the car park at Wolftrax. Two crossing tracks allow for shorter walks of about 25 or 35 minutes. For lovely long views take the spur route up the hill at the far end of the loop, an extra 30 mins return.

Distance: ½ mile – 2 miles (¾ – 2.7km)
Approximate time: 25 – 65 mins return

All abilities trail

This easy all-ability well-surfaced trail runs between the Wolftrax and Gorstean car parks.

Distance: about 2 miles (2.7km) return
Approximate time: 45 mins return

Feagour: 2 loop walks

The Lower Pattack Falls

This short loop, marked by yellow arrows, starts at the Druim an Aird car park. Follow the yellow arrows to the River Pattack Lower Falls viewpoint which featured in the BBC series Monarch of the Glen. Follow the fence and left up the hill after the viewpoint (do not continue up the river) and the path takes you onto a sunny mound with gentle gradients. Follow the path round the hill then back down to the falls. Look out for song thrushes, buzzards and pine martins, lovely mature Scots Pine, Norway Spruce, birch, rowan and heather.

The Druim an Aird

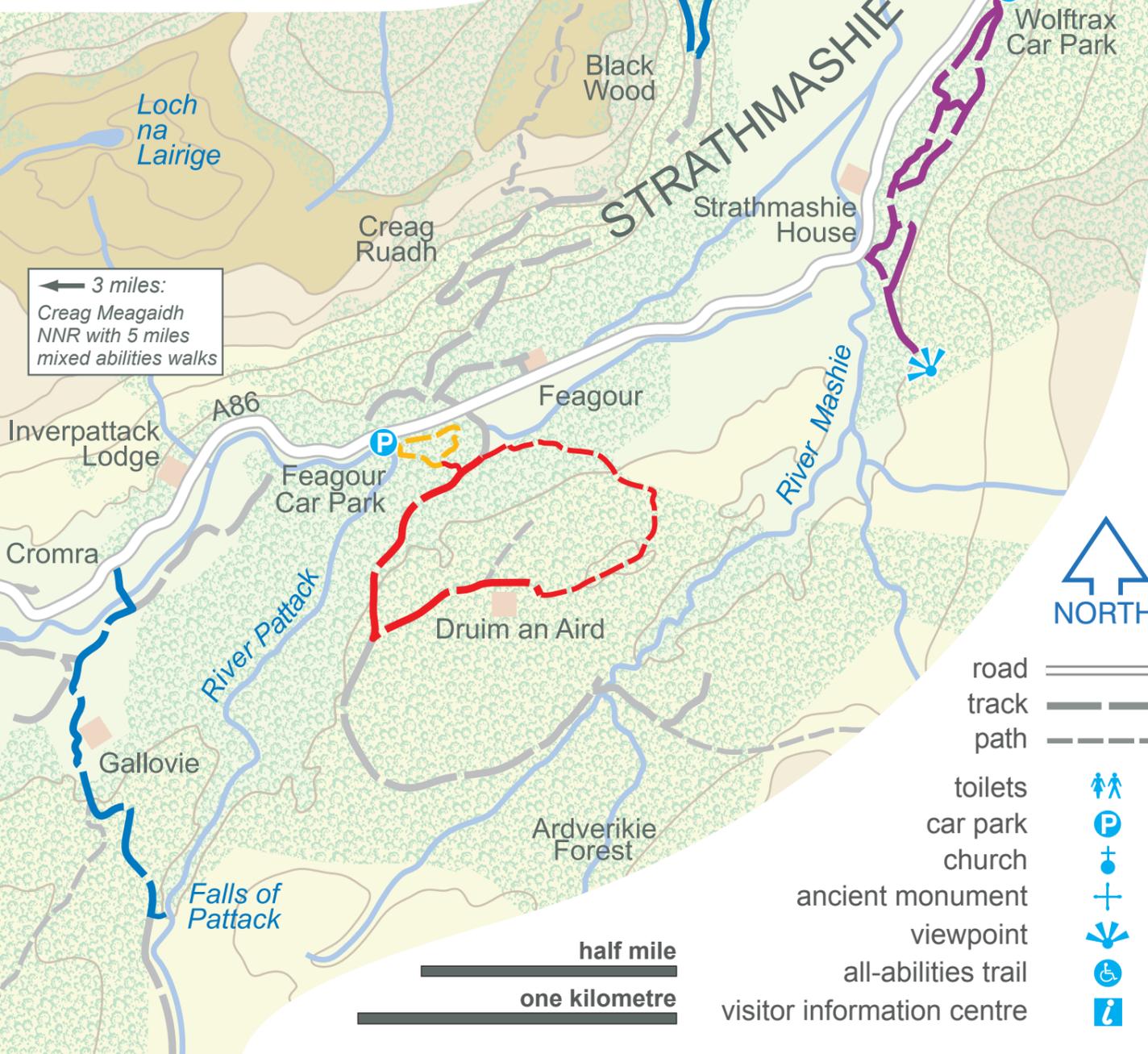
This loop starts by following the short loop above and is marked with red arrows. Follow the arrows down to the forest track and turn right. Follow the track up the hill (about 1km) to the second junction and turn left past a quarry. After about 800 metres on the right is the entrance to the village with its loop path round houses, barns, kilns, enclosures and head dyke. To complete the loop, return to the village entrance and follow the red arrows. These take you along the top and left down the hill, then left again back to the main track. Druim an Aird is a relatively well preserved, deserted, post medieval (after 1500 approx) settlement. It sits on a high (aird) ridge (druim) and is easily accessible. This was home to Corporal Malcom Macpherson who was shot in the Tower of London after the Black Watch mutiny in 1743.

Distance: Falls loop ½ mile (1km).
 Village loop 2½ miles (4km) return.
Approximate time: Falls loop 30 mins.
 Village loop approx 1 hr.
Start: Both walks, A86 Druim an Aird car park.
Terrain: Gentle unsurfaced path, forest tracks.

Dun Da Lamh

This walk in the forest goes to an iron-age fort built about 2000 years ago. The route is well marked by blue arrows with finger posts (to 'Fort') at the main junctions. The last 200m to a picnic table on the main ridge are up a steepish, but well surfaced, track. The fort now lies just to the north, beyond an information board. Reaching the top, you will find splendid views south-west towards Loch Laggan, northwest towards the Corrieyairack Pass, and north-east towards the Cairngorms. Return to the public road by the same route.

Distance: 6 miles (10 km) return
Approximate time: 2½ hrs return
Start: Option 1 Wolftrax car park on A86
 Option 2 Minor road from Laggan Bridge, at junction with forest track just before Spey Dam. Roadside parking just beyond junction.
Terrain: Dry, gentle, uphill forestry road, with a slightly steeper track near the top. The paths round the fort itself are steep and narrow, and great care is needed.



Falls of Pattack

These are amongst the most spectacular falls in the National Park. Follow the blue way-marks along the Gallovie Farm track. Cross the bridge and turn right. Carry on past the barrier. Keep going uphill, through the yard between the farmhouse and other buildings. Continue upwards and go through the gate in the deer fence. Walk on for about 20 mins to a second gate. Just before this gate, turn left onto a narrow path through the woods, towards the sound of the falls. TAKE CARE at the falls because there is no fence. Path can be slippery.

Distance: 5 miles (8km) return
Approximate time: 2 hrs return.
Start: A86 by 'Gallovie Farm' sign. Park in lay-by 100m east on the opposite of the road (not in farm entrance)
Terrain: Forest road, flat then steady uphill but not steep. Final 100m may be slippery.

← 3 miles:
 Creag Meagaidh
 NNR with 5 miles
 mixed abilities walks



Leaflet produced in partnership with the Laggan Marketing Group

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