

# NEW

## Heather Hopper - Service 501



Explore the Cairngorms with the  
**Heather Hopper**



## Coming this Summer

The Heather Hopper 501 re-launches. Linking Ballater in Royal Deeside and Grantown-on-Spey.

- More connections!
- 7 day a week service

See [www.visitcairngorms.com](http://www.visitcairngorms.com) or [www.cairngorms.co.uk](http://www.cairngorms.co.uk) for timetables and more information!

## Heather Hopper - Service 502/503



## Connecting Aberdeenshire, Glenshee and Perthshire

Operates 11th May to 26th September 2009

Codes	MWF	TThS		MWF	TThS
Service Number	502	503		502	503
			Perth Park and Ride	–	1450
Aberdeen Bus Station	0845	0845	Perth Bus Station	–	1500
Culter Gordon Arms	0918	0918	Perth South Street Post Office	–	1505
Banchory High Street	0943	0943	Guildtown Bus Shelter	–	1517
Aboyne Main Street	1005	1005	Beech Hedges	–	1527
Dinnet Village Hall	1013	1013	Blairgowrie Wellmeadow dep	–	1538
Ballater Bus Depot	1024	1024	Bridge of Cally Opp. Bus Stop	–	1550
Crathie for Balmoral	1037	1037	Aberfeldy Chapel Street	1440	–
Braemar Auchendryne Square	1055	1055	Ballinluig Tulliemet Road End	1503	–
Cairnwell	1111	1111	Pitlochry West End Car Park	1522	–
Spittal of Glenshee	1124	1124	Enochdu	1547	–
Dalrulzion Hotel	1142	1142	Kirkmichael	1552	–
Kirkmichael	1152	–	Dalrulzion Hotel Opp. Bus Stop	1602	1602
Enochdu	1157	–	Spittal of Glenshee	1620	1620
Pitlochry West End Car Park	1224	–	Cairnwell	1635	1635
Ballinluig Tulliemet Road End	1235	–	Braemar Auchendryne Square	1701	1701
Aberfeldy Chapel Street	1257	–	Crathie for Balmoral	1715	1715
Bridge of Cally Opp. Bus Stop	–	1153	Ballater Bus Depot	1734	1734
Blairgowrie Wellmeadow dep	–	1211	Dinnet Village Hall	1745	1745
Beech Hedges	–	1220	Aboyne Main Street	1752	1752
Guildtown Bus Shelter	–	1230	Banchory High Street	1815	1815
Perth Bus Station	–	1251	Culter Gordon Arms	1838	1838
Perth Park and Ride	–	1302	Aberdeen Bus Station	1909	1909

### CODES:

**MWF** Operates Mons, Weds and Fris

**TThS** Operates Tues, Thurs and Sats

**This service is operated by Stagecoach Bluebird. See page 12 for contact details.**

In areas without recognised bus stops outside of the 30mph limit this service is Hail & Ride, subject to the bus being able to stop safely.



### Additional Connections:

1250 Service 57 Blairgowrie to Dundee

1305 Service 57 Blairgowrie to Perth

1445 (1500 Sat) Service 57 Dundee to Blairgowrie

1500 Service 57 Perth to Blairgowrie

1240 Service 24 (/23) Pitlochry to Perth/Aberfeldy

1453 Service 23 (/24) Perth to Pitlochry

1400 Service 23 (/24) Aberfeldy to Pitlochry

# Heather Hopper



# Inverness • Granttown-on-Spey • Aviemore - Service 15

	MONDAYS TO FRIDAYS							SATURDAYS		
Service Number	15X	15X	15X	15X	15	15	15	15	15	15
Codes	SH	CNF	CF	SD	SH					
Inverness Bus Station	0930	1230	1230	1230	1520	1520	1740	1140	1715	
Inverness Millburn Academy	▼	▼	▼	▼	1535	▼	▼	▼	▼	
Inverness Raigmore Hospital	0937	1237	1237	1237	1541	1527	1747	1147	1722	
Milton of Leys Monarch View	▼	▼	▼	▼	▼	1534	1754	1154	1729	
Daviot War Memorial	▼	▼	▼	▼	1554	1542	1802	1202	1737	
Moy Hall Road End	▼	▼	▼	▼	1602	1550	1810	1210	1745	
Tomatin Road End	0952	1252	1252	1252	1608	1556	1816	1216	1751	
Tomatin Shop	▼	▼	▼	▼	1610	1558	1818	1218	1753	
Clune Road End	▼	▼	▼	▼	1612	1600	1820	1220	1755	
Carr-Bridge Car Park	1005	1305	1305	1305	1623	1611	1831	1231	1806	
Dulnain Bridge	1017	1317	1317	1317	1635	1623	1843	1243	1818	
Granttown Square	1022	1322	1322	1322	1640	1628	1848	1248	1823	
Granttown Castle Grant	1024	1324	1324	1324	1642	1630	1850	1250	1825	
Granttown Grammar School	▼	▼	▼	1340	–	–	▼	–	–	
Granttown Square	1026	1332	1332	1342	–	–	1852	–	–	
Nethy Bridge Causer	1038	1344	1344	1354	–	–	1904	–	–	
Nethy Bridge Post Office	1040	1346	1346	1356	–	–	1906	–	–	
Boat of Garten Post Office	1049	1355	1355	1405	–	–	1915	–	–	
Aviemore Mountain Resort	1101	1407	1407	1417	–	–	1927	–	–	

	MONDAYS TO FRIDAYS				SATURDAYS		
Service Number	15	15	15X	15X	15	15	15
Codes	SD	SH					
Aviemore Mountain Resort	0647	0642	–	1150	–	–	–
Boat of Garten Post Office	0659	0654	–	1202	–	–	–
Nethy Bridge Post Office	0708	0703	–	1211	–	–	–
Nethy Bridge Causer	0710	0705	–	1213	–	–	–
Granttown Square	0722	0717	–	1225	–	–	–
Granttown Castle Grant	0724	0719	0853	1228	–	0853	1300
Granttown Grammar School	▼	▼	▼	▼	(1605)	▼	▼
Granttown Square	0726	0721	0855	1230	1607	0855	1302
Dulnain Bridge	0731	0726	0900	1235	1612	0900	1307
Carr-Bridge Car Park	0743	0738	0912	1247	1624	0912	1319
Clune Road End	0754	0749	▼	▼	1635	0923	1330
Tomatin Shop	0758	0753	▼	▼	1639	0925	1332
Tomatin Road End	0800	0755	0925	1300	1641	0927	1334
Moy Hall Road End	▼	0803	▼	▼	1649	0933	1340
Daviot War Memorial	▼	0811	▼	▼	1657	0941	1348
Milton of Leys Monarch View	▼	0819	▼	▼	1705	0949	1356
Inverness Raigmore Hospital	0820r	0829r	0940	1315	1715	0956	1403
Inverness Bus Station	0830	0840	0947	1322	1726	1003	1410

## CODES:

- SD Schooldays Only
- SH School Holidays
- CF Schoolday Fridays Only
- CNF Schooldays Only, Not Fridays
- r Stops on request

**This service is operated by Stagecoach, see page 12 for contact details.**

**Disclaimer** - Whilst we have taken every care to make sure the timetable information in this booklet is correct, you are advised to always contact the operator before travelling, especially from October 2009 to March 2010 when some services will change to more limited winter timetables. Outwith the boundaries of the Cairngorms National Park, not all bus stops are shown in the timetables.



Table A

Aviemore	dep		1030	1230	1445	1625
Boat of Garten	arr		1045	1245	1500	1640
Boat of Garten	dep		1050	1250	1505	
Broomhill	arr		1115	1315	1530	
Broomhill	dep		1130	1330	1540	
Boat of Garten	arr		1145	1345	1555	
Boat of Garten	dep	1000	1150	1350	1600	
Aviemore	arr	1015	1205	1405	1615	

Table B

Additional Trains leave:

Aviemore	dep		1130	1330	1540	1715
Boat of Garten	arr		1145	1345	1555	1730
Boat of Garten	dep	1005	1150	1405	1600	
Broomhill	arr	1025	1215	1430	1625	
Broomhill	dep	1030	1230	1445	1630	
Boat of Garten	arr	1045	1245	1500	1645	
Boat of Garten	dep	1050	1250	1505	1650	
Aviemore	arr	1105	1305	1530	1705	



Train runs on the dates shown below (excludes November).

## Table A

**March** 28th, 29th.

**April** 1st-5th, 8th-13th, 15th, 16th, 18th, 19th, 22nd, 23rd, 25th, 26th, 29th, 30th.

**May** 2nd-4th, 6th, 7th, 9th, 10th, 13th, 14th, 16th, 17th, 20th, 21st, 25th, 27th, 28th, 30th, 31st.

**June** 3rd-7th, 10th-12th, 17th-21st, 24th-30th.

**July and August** Daily.

**September** 1st, 2nd-5th, 6th (Motor Mania, Grantown on Spey), 9th-13th, 16th-20th, 23rd-27th, 30th.

**October** 1st, 3rd, 4th, 7th, 8th, 10th, 11th, 14th, 15th, 17th, 18th, 21st, 22nd, 28th, 29th.

## Table B

**May** 23th-24th (Teddy Bears weekend); **June** 13th-14th (Forties weekend); **July** 18th-19th (Steam Fair & Tractorfest), 27th; **October** 24th-25th (Wizard weekend).

## Santa Express Trains

**December** 12th, 13th, 19th, 20th, 24th. (Winter service runs 27th, 31st December, 1st & 2nd January 2010).

Please note that **Saturday trains on Timetable A have no catering.**

Under normal circumstances, all trains are steam hauled but the company reserves the right to use diesel power.

Groups of cyclists should contact operators to ensure space is available.

For details of services contact Aviemore Station.

For contact details see page 12.





# Edinburgh • Perth • Pitlochry • Aviemore • Inverness

	M-S	Daily	Sun	M-S	Daily	Daily	Daily	M-F	W/E	Daily
Operator	SC	PA	SC	PA/SC	SC	SC	SC	SC	SC	MB/SC
Service Number	M91	M91	M10	M90/M10	M91	M91	M91	M91	M91	M92/M10
Edinburgh Bus Station, St Andrews Sq.	–	0855	–	0935	1055	1255	1455	1715	1655	1725
Perth Broxden Park & Ride	–	▼	1050	1050	▼	▼	▼	1850	1850	1850
Perth Leonard Street Bus Station	–	1035	▼	▼	1235	1435	1635	1835a	1835a	▼
Pitlochry Fishers Hotel	–	1122	1130	1130	1322	1522	1722	1932	1932	1930
Dalwhinnie Road End Layby	–	1159	▼	▼	1359	1559	1759	2009	2009	▼
Newtonmore Clan McPherson Museum	0914	1214	▼	▼	1414	1614	1814	2024	2024	▼
Newtonmore Waltzing Waters	0915	1215	▼	▼	1415	1615	1815	2025	2025	▼
Kingussie Duke of Gordon Hotel	0920	1220	▼	▼	1420	1620	1820	2030	2030	▼
Kingussie High St, north end Bus Stop	0921	1221	▼	▼	1421	1621	1821	2031	2031	▼
Kincraig Highland Wildlife Park	0926	1226	▼	▼	1426	1626	1826	2036	2036	▼
Kincraig War Memorial	0930	1230	▼	▼	1430	1630	1830	2040	2040	▼
Dalraddy Opp. Caravan Park Entrance	0933	1233	▼	▼	1433	1633	1833	2043	2043	▼
Aviemore Cairngorm Hot., opp. Rail Stn.	0942	1242	1242	1242	1442	1642	1842	2052	2052	2042
Aviemore Burnside Bus Stop	0944	1244	1244	1244	1444	1644	1844	2054	2054	2044
Tomatin Road End Layby	1004	1304	▼	▼	1504	1704	1904	2114	2114	▼
Inverness Bus Stn, Farraline Park	1025	1325	1325	1325	1525	1725	1925	2135	2135	2125

	Daily	Daily	Daily	Daily	M-S	M-F	W/E	Daily	Daily
Operator	SC	SC	SC/MB	SC	SC	PA	PA	SC/MB	PA
Service Number	M91	M91	M10/M92	M91	M91	M91	M91	M10/M90	M91
Inverness Bus Stn, Farraline Park	0810	1010	1155	1210	1310	1420	1420	1455	1710
Tomatin Road End Layby	0833	1033	▼	1233	1333	1443	1443	▼	1733
Aviemore Burnside Bus Stop	0853	1053	1237	1253	1353	1503	1503	1537	1753
Aviemore Railway Station	0858	1058	1239	1258	1358	1508	1508	1539	1758
Dalraddy Caravan Park	0904	1104	▼	1304	1404	1514	1514	▼	1804
Kincraig Community Hall	0907	1107	▼	1307	1407	1517	1517	▼	1807
Kincraig Highland Wildlife Park	0911	1111	▼	1311	1411	1521	1521	▼	1811
Kingussie High St, north end Bus Stop	0916	1116	▼	1316	1416	1526	1526	▼	1816
Kingussie Opp. Duke of Gordon Hotel	0917	1117	▼	1317	1417	1527	1527	▼	1817
Newtonmore Balavil Sport Hotel	0922	1122	▼	1322	1422	1532	1532	▼	1822
Newtonmore Craig Mhor Hotel	0923	1123	▼	1323	1423	1533	1533	▼	1823
Dalwhinnie Road End Layby	0938	1138	▼	1338	–	1548	1548	▼	1838
Pitlochry Bank of Scotland	1018	1218	1350	1418	–	1628	1628	1650	1918
Perth Leonard Street Bus Station	1110	1310	▼	1510	–	1720	1720	▼	2010
Perth Broxden Park & Ride	▼	▼	1435	▼	–	▼	▼	1735	▼
Edinburgh Bus Station, St Andrews Sq.	1244	1444	1545	1644	–	1856	1854	1845	2144

## CODES:

**M-S** Mondays to Saturdays

**Daily** Operates every day

**Sun** Sundays only

**M-F** Mondays to Fridays

**W/E** Saturdays and Sundays

**SC** Scottish Citylink Coaches

**MB** Megabus

**PA** Park's of Hamilton

**a** Stops at Perth Broxden Park & Ride after Perth Leonard Street Bus Station

**This service is operated by Scottish Citylink, see page 12 for contact details.**

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	M-S	Daily	Daily	Daily	Daily	Daily	Daily	Daily
Operator	SC	SC/PA	SC	SC	PA/SC	SC	SC	SC
Service Number	M91	M8/M91	M10	M8/M91	M8/M91	M8/M91	M10/M91	M10
Glasgow Buchanan Bus Station	–	0900	0940	1100	1300	1500	1740	1740
Stirling Goosecroft Bus Station	–	0943	▼	1143	1343	1543	▼	▼
Perth Broxden Park & Ride	–	▼	1050	▼	▼	▼	1850	1850
Perth Leonard Street Bus Station	–	1035	▼	1235	1435	1635	1835b	▼
Pitlochry Fishers Hotel	–	1122	1130	1322	1522	1722	1932	1930
Dalwhinnie Road End Layby	–	1159	▼	1359	1559	1759	2009	▼
Newtonmore Clan McPherson Museum	0914	1214	▼	1414	1614	1814	2024	▼
Newtonmore Waltzing Waters	0915	1215	▼	1415	1615	1815	2025	▼
Kingussie Duke of Gordon Hotel	0920	1220	▼	1420	1620	1820	2030	▼
Kingussie High St, north end Bus Stop	0921	1221	▼	1421	1621	1821	2031	▼
Kincraig Highland Wildlife Park	0926	1226	▼	1426	1626	1826	2036	▼
Kincraig War Memorial	0930	1230	▼	1430	1630	1830	2040	▼
Dalraddy Opp. Caravan Park Entrance	0933	1233	▼	1433	1633	1833	2043	▼
Aviemore Cairngorm Hot., opp. Rail Stn.	0942	1242	1242	1442	1642	1842	2052	2042
Aviemore Burnside Bus Stop	0944	1244	1244	1444	1644	1844	2054	2044
Tomatin Road End Layby	1004	1304	▼	1504	1704	1904	2114	▼
Inverness Bus Stn, Farraline Park	1025	1325	1325	1525	1725	1925	2135	2125

	Daily	Daily	Daily	Daily	M-S	Daily	Daily	M-S	Sun
Operator	SC	SC	SC	SC	SC	PA/SC	SC	PA/SC	PA/SC
Service Number	M91/M8	M91/M8	M10	M91/M8	M91	M91/M8	M10	M91/M8	M91/M8
Inverness Bus Stn, Farraline Park	0810	1010	1155	1210	1310	1420	1455	1710	1710
Tomatin Road End Layby	0833	1033	▼	1233	1333	1443	▼	1733	1733
Aviemore Burnside Bus Stop	0853	1053	1237	1253	1353	1503	1537	1753	1753
Aviemore Railway Station	0858	1058	1239	1258	1358	1508	1539	1758	1758
Dalraddy Caravan Park	0904	1104	▼	1304	1404	1514	▼	1804	1804
Kincraig Community Hall	0907	1107	▼	1307	1407	1517	▼	1807	1807
Kincraig Highland Wildlife Park	0911	1111	▼	1311	1411	1521	▼	1811	1811
Kingussie High St, north end Bus Stop	0916	1116	▼	1316	1416	1526	▼	1816	1816
Kingussie Opp. Duke of Gordon Hotel	0917	1117	▼	1317	1417	1527	▼	1817	1817
Newtonmore Balavil Sport Hotel	0922	1122	▼	1322	1422	1532	▼	1822	1822
Newtonmore Craig Mhor Hotel	0923	1123	▼	1323	1423	1533	▼	1823	1823
Dalwhinnie Road End Layby	0938	1138	▼	1338	–	1548	▼	1838	1838
Pitlochry Bank of Scotland	1018	1218	1350	1418	–	1628	1650	1918	1918
Perth Leonard Street Bus Station	1110	1310	▼	1510	–	1720	▼	2010	2010
Perth Broxden Park & Ride	▼	▼	1435	▼	–	▼	1735	▼	▼
Stirling Goosecroft Bus Station	1202	1402	▼	1602	–	1812	▼	▼	2102
Glasgow Buchanan Bus Station	1245	1445	1540	1645	–	1855	1840	2125	2145

## CODES:

**M-S** Mondays to Saturdays

**Daily** Operates every day

**Sun** Sundays only

**SC** Scottish Citylink Coaches

**PA** Park's of Hamilton

**b** Stops at Perth Broxden Park & Ride after  
Perth Leonard Street Bus Station



This service is operated by Scottish Citylink,  
see page 12 for contact details.





## Abernethy

Grid ref E5, OS ref NH978183

[www.rspb.org.uk/reserves](http://www.rspb.org.uk/reserves)



The Osprey Centre at Loch Garten, open daily 10am to 6pm from April to the end of August, last entry 5pm. Capercaillie watching 5.30am to 8am early April to mid May. RSPB members £1, non-members £3 and children free.

The Reserve is 1.5km from Nethybridge, and 15km from Aviemore. Explore Abernethy operate a visitor centre in the Nethybridge village hall which is open from Easter to October and contains information about the area including the National Nature Reserve. [www.exploreabernethy.co.uk](http://www.exploreabernethy.co.uk) Within Abernethy you'll find the largest area of native pinewood in Britain, dominated by Scots Pine but also birch and juniper. As you rise higher through the Reserve, the woodland peters out

and you'll find yourself in moorland and windswept mountain plateau. In Spring you may be lucky enough to spot the mating displays of the majestic capercaillie. At other times the crested tit, twinflower, snow bunting, damselfly, and of course the osprey, can be seen. Local National Nature Reserve staff can help you spot these rare species without disturbing their habitat.



## Getting there without a car

Nearest to Osprey Centre: on B970, service number 34 from Aviemore to Grantown-on-Spey (ask for the Raebreck junction) then 2.5km footpath to the centre. To get to the Dell Wood part of the Reserve near Nethybridge use service numbers 15 (Inverness - Aviemore) or 34 (Aviemore - Grantown-on-Spey), getting off at Nethybridge.

The Kincaig to Inverness section of National Cycle Network (Sustrans) Route 7 (Glasgow - Inverness) passes Abernethy Reserve. Leave the route at Boat of Garten and follow the RSPB 'Osprey' signs. There is a network of trails stemming from the Speyside Way footpath which link the RSPB Osprey Centre with the villages of Boat of Garten and Nethybridge. They also link in with steam railway services, and bus services between the two villages. Osprey centre: red (2km), blue (2.5km) and green (1.5km) trails are through native pinewood, starting from the Garten Woods and Loch Mallachie car parks. A selection of trails starting from the Nethybridge village hall run through the Reserve. There are longer rights of way and mountain paths to munro summits on the Reserve.





## Kingussie High School • Kinloch Laggan or Dalwhinnie - Service 39

Monday to Friday on School Days

Service Number	39A	39	39	39A	Service Number	39A	39	39	39A
Kingussie High School	0730	0740	1535	1535	Kinloch Laggan Filling Station	0810	–	–	1615
Newtonmore Craig Mhor Hot	0740	0750	1545	1545	Strathmashie Forestry Houses	0820	–	–	1625
Dalwhinnie	▼	0810	1605	▼	Laggan Bridge	0825	–	–	1630
Cluny Mains Farm	0750	–	–	1555	Cluny Mains Farm	0830	–	–	1635
Laggan Bridge	0755	–	–	1600	Dalwhinnie	▼	0810	1605	▼
Strathmashie Forestry Houses	0800	–	–	1605	Newtonmore Craig Mhor Hot	0840	0830	1625	1645
Kinloch Laggan Filling Station	0810	–	–	1615	Kingussie High School	0850	0840	1635	1655

This service is operated by Stagecoach, see page 12 for contact details.

Loch an Eilean



## Glenmore • Kingussie High School - Service 37

Monday to Friday on School Days

Service Number	37	Service Number	37
Glenmore	0805	Kingussie High School	1535
Coylumbridge Hotel	0813	Drumguish Road End	1543
Rothiemurchus Junction	0815	Insh Phone Box	1547
Loch an Eilean Road End	0818	Insh House	1553
Dalnavert Cottages	0825	Feshiebridge	1557
Feshiebridge	0828	Dalnavert Cottages	1600
Insh House	0832	Loch an Eilean Road End	1607
Insh Phone Box	0838	Rothiemurchus Junction	1610
Drumguish Road End	0842	Coylumbridge	1612
Kingussie High School	0850	Glenmore	1620

This service is operated by Stagecoach, see page 12 for contact details.



	MONDAY - FRIDAY										SAT
Service Number	35	35	38	38A	38B	M91	38B	38A	38	35	35
Codes	SD	SD	SD	SD	SD	SD	SD	SD	SD	SD	SD
Inverness Bus Station	-	-	-	-	-	1310	-	-	-	1710	-
Raigmore Hospital	-	-	-	-	-	▼	-	-	-	1720	-
Tomatin Road End	-	-	-	-	-	1333	-	-	-	1740	-
Carr-Bridge Car Park	-	-	-	-	-	▼	-	-	-	1753	-
Aviemore Dalfaber	-	-	0815	-	0805	▼	-	-	1605	▼	-
Aviemore Burnside	-	-	▼	-	▼	1353	-	-	▼	1808	-
Aviemore Milton Park	-	-	▼	0815	▼	▼	-	1603	▼	▼	-
Aviemore Depot	0635	0655	▼	▼	0810	▼	-	1606	▼	▼	0640
Aviemore Police Station	0636	0656	▼	0819	0811	▼	1505	-	▼	1810	0641
Aviemore Railway Station	▼	▼	0816	▼	▼	1358	-	-	1609	▼	▼
Dalraddy Caravan Park	▼	▼	▼	▼	▼	1404	▼	-	-	▼	▼
Kincraig Community Hall	▼	▼	1831	0834	0824	1407	1515	-	-	1820	▼
Kincraig Highland Wildlife Park	▼	▼	▼	▼	▼	1411	▼	-	-	▼	▼
Kingussie High St North End Bus Stop	▼	▼	▼	▼	▼	1416	▼	-	-	▼	▼
Kingussie High School	▼	▼	0842	0845	0835	▼	1524	-	-	▼	▼
Kingussie Duke Of Gordon Hotel	0655	0715	-	-	-	1417	-	-	-	1830	0700
Newtonmore Balavil Sport Hotel	▼	▼	-	-	-	1422	-	-	-	▼	▼
Newtonmore Craig Mhor Hotel	0700	0720	-	-	-	1423	-	-	-	1835	0705

	MONDAY - FRIDAY										SAT
Service Number	35	35	38	38A	38B	M91	38B	38A	38	35	35A
Codes	SD	SD	SD	SD	SD	SD	SD	SD	SD	SD	SD
Newtonmore Clan McPherson Museum	-	-	-	-	-	0914	-	-	-	-	-
Newtonmore Craig Mhor Hotel	0703	0723	-	-	-	-	-	-	-	1835	0709
Newtonmore Waltzing Waters	▼	▼	-	-	-	0915	-	-	-	▼	▼
Kingussie Duke Of Gordon Hotel	0710	0730	-	-	-	0920	-	-	-	1840	0714
Kingussie High School	▼	▼	-	-	0835	▼	1535	1535	1535	▼	▼
Kingussie High St North End Bus Stop	▼	▼	-	-	▼	0921	▼	▼	▼	▼	▼
Kincraig Highland Wildlife Park	▼	▼	-	-	▼	0926	▼	▼	▼	▼	▼
Kincraig War Memorial	▼	▼	-	-	▼	0930	▼	▼	▼	▼	▼
Kincraig Community Hall	0720	0740	-	-	0845	▼	1545	1545	1545	▼	0724
Dalraddy Opp Caravan Park	▼	▼	-	-	▼	0933	▼	▼	▼	▼	▼
Aviemore Cairngorm Hotel opp Rail Stn	0730	0750	-	-	0855	0942	1558	1558	1558	1853	0734
Aviemore Depot	▼	-	0800	0810	-	▼	-	▼	▼	1855	▼
Aviemore Milton Park	▼	-	▼	0813	-	▼	-	1603	▼	-	▼
Aviemore Burnside	0737	-	▼	-	-	0944	-	-	▼	-	0736
Aviemore Dalfaber	▼	-	0804	-	-	▼	-	-	1605	-	▼
Carr-Bridge Tuck Shop	▼	-	-	-	-	▼	-	-	-	-	0744
Tomatin Shop	▼	-	-	-	-	▼	-	-	-	-	0759
Tomatin Road End	0755	-	-	-	-	1004	-	-	-	-	0801
Moy Hall Road End	0803	-	-	-	-	▼	-	-	-	-	0809
Daviot War Memorial	0811	-	-	-	-	▼	-	-	-	-	0817
Milton of Leys Monarch View	0817	-	-	-	-	▼	-	-	-	-	▼
Raigmore Hospital	0824	-	-	-	-	▼	-	-	-	-	0831
Inverness Bus Station	0835	-	-	-	-	1025	-	-	-	-	0840

# CODE:

SD Operates on School Days only

This service is operated by Stagecoach,  
see page 12 for contact details.

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# Grantown • Aviemore • Cairngorm - Service 34

Monday to Friday

Service Number	34	34	34B	34	34B	34	34B	34	34B	34	34B	34
Easy Access Bus	F	F	F	F	F	F	F	F	F	F	F	F
Codes	SD		SH						SD/H			Sum
Grantown Grammar School	—	—	—	—	—	—	—	—	1339*	—	—	1605
Grantown Castle Grant	—	0708	—	—	—	1035	1139	1235	1339	1435	—	▼
Grantown Square	—	0710	—	0835	0945	1040	1145	1240	1345	1440	—	1607
Drumullie	—	▼	—	▼	0956	▼	1156	▼	1356	▼	—	▼
Nethy Bridge Causer	—	0722	—	0847	▼	1052	▼	1252	▼	1452	—	1619
Nethy Bridge Post Office	—	0724	—	0849	▼	1054	▼	1254	▼	1454	—	1621
Osprey Centre Road End	—	0731	—	0856	▼	1101	▼	1301	▼	1501	—	1628
Boat of Garten Post Office	—	0733	—	0858	▼	1103	▼	1303	▼	1503	—	1630
Aviemore Lochan Mor	—	0743	—	0908	1008	▼	1208	▼	▼	—	—	▼
Aviemore Dalfaber	—	0745	0750	0910	1010	▼	1210	▼	1410	▼	1610	▼
Aviemore Police Station	0721	0750	0756	0916	1016	1116	1216	1316	1416	(1516)	1616	1642
Aviemore Mountain Resort	0724	—	0759	0919	1019	1119	1219	1319	1419	(1519)	1619	—
Coylumbidge Hotel	0728	—	0803	0923	1023	1123	1223	1323	1423	(1523)	1623	—
Glenmore	0735	—	0810	0930	1030	1130	1230	1330	1430	(1530)	1630	—
Cairngorm Car Park	0744	—	0819	0939	1039	1139	1239	1339	1439	(1539)	1639	—

Monday to Friday

Service Number	34	34C	34B	34	34	34
Easy Access Bus	F	F	F	F	F	
Codes	SD		Sum			Win
Grantown Grammar School	1605	—	—	—	—	—
Grantown Castle Grant	▼	—	—	—	—	—
Grantown Square	1607	—	1705	1745	1905	1905
Drumullie	1618	—	▼	▼	▼	▼
Nethy Bridge Causer	▼	—	1717	1757	1917	1917
Nethy Bridge Post Office	▼	—	1719	1759	1919	1919
Osprey Centre Road End	▼	—	1726	1806	1926	1926
Boat of Garten Post Office	1623	—	1728	1808	1928	1928
Aviemore Lochan Mor	▼	—	▼	▼	▼	▼
Aviemore Dalfaber	▼	1710	▼	▼	▼	▼
Aviemore Police Station	1635	1716	1740	1820	1941	1940
Aviemore Mountain Resort	—	1719	—	—	1944	—
Coylumbidge Hotel	—	1723	—	—	1948	—
Glenmore	—	1730	—	—	1955	—
Cairngorm Car Park	—	1739	—	—	2004	—

## CODES:

**F** Normally operated by a Low Floor Easy Access Bus

**Sum** Operates summer only

**SD** Weekdays during school term

**SH** Weekdays during school holidays

**( )** Operates during school holidays only

**\*** Stops instead at Grantown Grammar School 1339 and Castle Grant 1340 on Fridays during school term only.

**Win** Winter only





### Saturday

Service Number	34	34	34	34	34	34	34	34	34	34	34
Easy Access Bus	F	F	F	F	F	F	F	F	F	F	F
Codes											
Grantown Castle Grant	–	–	0939	–	–	–	1239	–	–	–	–
Grantown Square	–	–	0940	–	1100	–	1240	–	1400	–	1605
Nethy Bridge Causer	–	–	0952	–	1112	–	1252	–	1412	–	1617
Nethy Bridge Post Office	–	–	0954	–	1114	–	1254	–	1414	–	1619
Osprey Centre Road End	–	–	1001	–	1121	–	1301	–	1421	–	1626
Boat of Garten Post Office	–	–	1003	–	1123	–	1303	–	1423	–	1628
Aviemore Lochan Mor	–	–	▼	1111	▼	–	▼	1411	▼	–	1611
Aviemore Dalfaber	0750	–	▼	–	▼	1210	▼	–	▼	1510	▼
Aviemore Police Station	0755	0916	1016	1116	1135	1215	1316	1416	1435	1515	1616
Aviemore Mountain Resort	0758	0919	1019	1119	–	1218	1319	1419	–	1518	1619
Coylumbridge Hotel	0802	0923	1023	1123	–	1222	1323	1423	–	1522	1623
Glenmore	0809	0930	1030	1130	–	1229	1330	1430	–	1529	1630
Cairngorm Ski Centre	0818	0939	1039	1139	–	1238	1339	1439	–	1538	1639

### Saturday

Service Number	34	34	34	34
Easy Access Bus	F	F		
Codes	Sum	Sum	Win	Win
Grantown Castle Grant	–	–	–	–
Grantown Square	–	1905	–	1905
Nethy Bridge Causer	–	1917	–	1917
Nethy Bridge Post Office	–	1919	–	1919
Osprey Centre Road End	–	1926	–	1926
Boat of Garten Post Office	–	1928	–	1928
Aviemore Lochan Mor	1711	▼	1711	–
Aviemore Dalfaber	▼	▼	–	–
Aviemore Police Station	1716	1941	1715	1940
Aviemore Mountain Resort	1719	1944	1716	–
Coylumbridge Hotel	1723	1948	1719	–
Glenmore	1730	1955	1723	–
Cairngorm Car Park	1739	2004	–	–

### CODES:

F Normally operated by a Low Floor Easy Access Bus

Sum Operates summer only

\* Route terminates at Coylumbridge Hotel in winter

### Sunday

Service Number	34	34	34	34	34	34	34	34	34	34
Easy Access Bus	F	F	F	F	F	F	F	F	F	F
Codes									*	Sum
Aviemore Dalfaber	–	0910	1010	1110	1310	1410	1510	1610	1710	–
Aviemore Police Station	0756	0916	1016	1116	1316	1416	1516	1616	1716	1900
Aviemore Mountain Resort	0759	0919	1019	1119	1319	1419	1519	1619	1719	1903
Coylumbridge Hotel	0803	0923	1023	1123	1323	1423	1523	1623	1723	1907
Glenmore	0810	0930	1030	1130	1330	1430	1530	1630	1730	1914
Cairngorm Car Park	0819	0939	1039	1139	1339	1439	1539	1639	1739	1923

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# Cairngorm • Aviemore • Grantown - Service 34

Monday to Friday

Service Number	34B	34C	34	34	34	34B	34	34B	34	34B	34	34
Easy Access Bus	F	F			F	F	F	F	F	F	F	
Codes		SD		SD								
Cairngorm Car Park	–	–	–	0745	(0832)	0940	1040	1140	1240	1340	1440	–
Glenmore	–	–	–	0752	(0839)	0947	1047	1147	1247	1347	1447	–
Coylumbridge Hotel	–	–	–	–	(0846)	0954	1054	1154	1254	1354	1454	–
Aviemore Mountain Resort	–	–	–	–	(0851)	0959	1059	1159	1259	1359	1459	–
Aviemore Cairngorm Hotel	0635	0803	0810	–	0855	1003	1103	1203	1303	1403	1502	1503
Aviemore Dalfaber	0641	▼	▼	–	▼	1009	▼	1209	▼	1409	–	▼
Aviemore Lochan Mor	0643	▼	▼	–	▼	1011	▼	1211	▼	1411	–	▼
Boat of Garten Post Office	▼	0815	0822	–	0907	▼	1115	▼	1315	▼	–	1515
Osprey Centre Road End	▼	▼	0824	–	0909	▼	1117	▼	1317	▼	–	1517
Nethy Bridge Post Office	▼	▼	0831	–	0914	▼	1124	▼	1324	▼	–	1524
Nethy Bridge Causer	▼	▼	0833	–	0916	▼	1126	▼	1326	▼	–	1526
Drumullie	0655	0820	▼	–	▼	1023	▼	1223	▼	1423	–	▼
Grantown Square	0706	0831	0845	–	0928	1034	1138	1234	1338	1434	–	1538
Grantown Castle Grant	0707	0832	0846	–	–	1035	1139	1235	1339	1435	–	1539
Grantown Grammar School	–	0833	0847	–	–	–	–	–	1339*	–	–	–

Monday to Friday

Service Number	34B	34B	34	34	34	34B	34
Easy Access Bus	F	F	F	F	F		
Codes	SD	SH		Sum	Sum	LWIn	Win
Cairngorm Car Park	–	1540	1640	1740	2008	1710	–
Glenmore	–	1547	1647	1747	2015	1717	–
Coylumbridge Hotel	–	1554	1654	1754	2022	1724	1754
Aviemore Mountain Resort	–	1559	1659	1759	2027	1729	1759
Aviemore Cairngorm Hotel	1525	1603	1703	1803	2030	1732	1802
Aviemore Dalfaber	▼	1609	1709	1809	–	1733	1803
Aviemore Lochan Mor	▼	–	1711	1811	–	1739	1809
Boat of Garten Post Office	▼	–	1721	1821	–	–	1811
Osprey Centre Road End	▼	–	1723	1823	–	–	1821
Nethy Bridge Post Office	▼	–	1730	1830	–	–	1823
Nethy Bridge Causer	▼	–	1732	1832	–	–	1830
Drumullie	1541	–	▼	▼	–	–	1832
Grantown Square	1551	–	1744	1844	–	–	–
Grantown Castle Grant	1553	–	1745	1845	–	1745	1845
Grantown Grammar School	1554	–	–	–	–	–	–

## CODES:

**F** Normally operated by a Low Floor Easy Access Bus

**Sum** Operates summer only

**SD** Weekdays during school term

**SH** Weekdays during school holidays

**()** Operates during school holidays only

**\*** Stops instead at Grantown Grammar School 1339 on Fridays during school term only.

**LWIn** Operates 1st Feb until 3rd weekend in April. During inclement weather this journey may not operate.

**Win** Winter only

**This service is operated by Stagecoach, see page 12 for contact details.**

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Saturday												
Service Number	34	34	34	34	34	34	34	34	34	34	34	34
Easy Access Bus	F	F	F	F	F	F	F	F	F	F	F	F
Codes											*	Sum
Cairngorm Car Park	–	0819	0940	1040	1140	1240	1340	1440	1540	1640	1740	2008
Glenmore	–	0826	0947	1047	1147	1247	1347	1447	1547	1647	1747	2015
Coylumbridge Hotel	–	0833	0954	1054	1154	1254	1354	1454	1554	1654	1754	2022
Aviemore Mountain Resort	–	0838	0959	1059	1159	1259	1359	1459	1559	1659	1759	2027
Aviemore Cairngorm Hotel	0800	0841	1003	1103	1203	1303	1403	1503	1603	1703	1803	2030
Aviemore Dalfaber	▼	–	▼	1109	▼	▼	1409	▼	1609	1709	1809	–
Aviemore Lochan Mor	▼	–	▼	1111	▼	▼	1411	▼	1611	1711	1811	–
Boat of Garten Post Office	0812	–	1015	–	1215	1315	–	1515	–	–	1821	–
Osprey Centre Road End	0814	–	1017	–	1217	1317	–	1517	–	–	1823	–
Nethy Bridge Post Office	0821	–	1024	–	1224	1324	–	1524	–	–	1830	–
Nethy Bridge Causer	0823	–	1026	–	1226	1336	–	1526	–	–	1832	–
Grantown Square	0835	–	1038	–	1238	1338	–	1538	–	–	1844	–
Grantown Castle Grant	–	–	1039	–	1239	1339	–	1539	–	–	1845	–

Sunday												
Service Number	34	34	34	34	34	34	34	34	34	34	34	34
Easy Access Bus	F	F	F	F	F	F	F	F	F	F	F	F
Codes											*	Sum
Cairngorm Car Park	0819	0940	1040	1140	1340	1440	1540	1640	1740	1925		
Glenmore	0826	0947	1047	1147	1347	1447	1547	1647	1747	1932		
Coylumbridge Hotel	0833	0954	1054	1154	1354	1454	1554	1654	1754	1939		
Aviemore Mountain Resort	0838	0959	1059	1159	1359	1459	1559	1659	1759	1944		
Aviemore Cairngorm Hotel opp. Rail Stn.	0841	1003	1103	1203	1403	1503	1603	1703	1803	1947		
Dalfaber Country Club	–	1009	1109	1209	1409	1509	1609	1709	1809	–		

## CODES:

- F** Normally operated by a Low Floor Easy Access Bus
- Sum** Operates summer only
- \*** Route commences Coylumbridge Hotel in Winter

This service is operated by Stagecoach, see page 12 for contact details.

Cairn Gorm Summit







## Craigellachie

Grid ref D4, OS ref NH891120

[www.nnr-scotland.org.uk](http://www.nnr-scotland.org.uk)

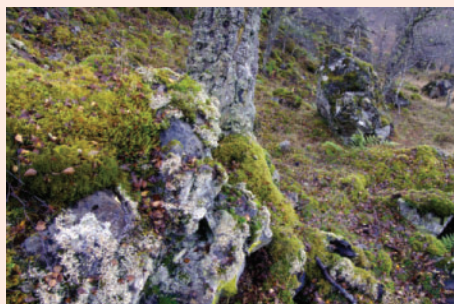


Scotland's  
National Nature  
Reserves  
*Magical places, amazing wildlife.*

Whilst there is no visitor centre, the Highland Council Ranger Service run occasional guided walks on the Reserve, as does the Aviemore Walking Festival which takes place 9-16 May 2009.

One of the more accessible National Nature Reserves, Craigellachie, literally “The crag of the rocky place”, rises from the birch woodlands to the heather mantled shoulders of the Monadh Liath. Emerging from the surrounding woodland like a grey tower, the rock of Craigellachie is the well-established home of peregrine falcons. The Viewpoint Trail leads to stunning views from the top of the crags out across the floodplain of the River Spey to the forests of Glenmore with the brooding presence of the Cairngorm mountains in the distance.

Kentish glory moth, dragonflies and damselflies, lichen, fungi, and Spring woodland flowers can all be found here.



These crags hold a special place in the hearts of the Clan Grant and it's easy to imagine the echo of their ancient battle cry 'Stand fast Craigellachie!' reverberating through the woodland.



Scottish Natural Heritage  
*All of nature for all of Scotland*

*Craigellachie National Nature Reserve*





## Getting there without a car

The Reserve is west of Aviemore within easy walking distance of the village centre. Aviemore Railway Station (under 1km from the Reserve entrance) for north and southbound trains, coaches, steam trains, and local buses.

The Kincaig to Inverness Section of Sustrans Route 7 (Glasgow - Inverness) passes nearby the Reserve through Aviemore. Leave the route at Aviemore and follow signs from Aviemore Youth Hostel to the Reserve entrance, passing under the A9. Trails include a 3km circular route climbing 150m through the birch woodland and a summit path rising to 500m above sea level to a great view point.



Craigellachie National Nature Reserve

Craigellachie National Nature Reserve





# Tormore • Granttown • Aviemore - Service 33, 33A, 36

Service Number	33	36	33	33	33	33	33	33	33	33	36	33
Codes	M-FS	M-FS	Sat	M-FS	M-FH	Sat	M-F	Sat*	Sat	M-F	FS	Sat
Tormore	0805	—	—	—	—	—	—	—	—	—	—	—
Advie Spey Bridge	▼	—	—	—	—	—	—	—	—	1305	—	—
Advie War Memorial	0808	—	—	—	—	—	—	—	—	1308	—	—
Cromdale Bus Shelter	0813	—	—	—	—	—	1052	—	—	1314	—	—
Balmeanach Distillery	▼	—	—	0838	—	—	▼	—	—	▼	—	—
Cromdale Cross Roads	▼	—	—	0841	0841	1050	▼	—	—	▼	—	1346
Granttown Square	▼	—	—	0846	0846	▼	1058	—	—	1320	—	▼
Granttown Grammar School	0820	0832	—	0848	▼	1057	▼	—	—	▼	1335	1353
Granttown Primary School	0825	▼	—	0850	▼	▼	▼	—	—	▼	▼	▼
Granttown Castle Grant	—	▼	—	0853	0849	▼	1100	—	—	1322	▼	▼
Grantown Square	—	0834	—	0855	0855	1059	1101	—	—	1323	1337	1355
Dalnabray	—	0839	—	0900	0900	—	1106	—	—	1328	1342	—
Carr-Bridge Car Park	—	—	0858	0912	0912	—	1118	1159	1323	1340	1354	—
Aviemore Dalfaber	—	—	0909	0922	0922	—	1128	1210	1334	1350	▼	—
Dalnabray	—	—	▼	0923	0923	—	1129	—	▼	1351	▼	—
Aviemore Police Station	—	—	0915	0929	0929	—	1135	—	1340	1357	1406	—

Service Number	33	36	33	33	33A	33A	33	33	33	33	33	33
Codes	FS	M-FS	M-FH	Sat	M-TH	FS	M-F	M-TS	M-F	Sat	M-F	Sat
Tormore	1406	—	—	—	—	—	—	1634	—	—	—	—
Advie Spey Bridge	▼	—	—	—	—	—	—	▼	—	—	—	—
Advie War Memorial	1410	—	—	—	1538	1538	—	1638	—	—	—	—
Cromdale Bus Shelter	▼	—	1515	—	1546	1546	—	1646	—	—	1856	—
Balmeanach Distillery	▼	—	▼	—	▼	▼	—	▼	—	—	—	—
Cromdale Cross Roads	▼	—	▼	1546	▼	▼	—	▼	—	—	—	1854
Granttown Square	1429	—	▼	▼	▼	▼	—	▼	—	—	—	—
Granttown Grammar School	▼	—	▼	1553	1552	—	—	1652	—	—	1901	1901
Granttown Primary School	▼	1515	▼	▼	—	▼	—	▼	—	—	—	▼
Granttown Castle Grant	▼	▼	1523	▼	—	1554	—	1654	—	—	—	—
Grantown Square	1431	1517	1524	1555	—	1556	—	1656	1736	—	1903	1903
Dalnabray	—	1522	—	—	—	—	—	1741	—	—	—	—
Carr-Bridge Car Park	—	—	—	—	—	—	1625	—	1753	1723	—	—
Aviemore Dalfaber	—	—	—	—	—	—	▼	—	1803	1734	—	—
Dalnabray	—	—	—	—	—	—	▼	—	1804	▼	—	—
Aviemore Police Station	—	—	—	—	—	—	1637	—	1810	1740	—	—

## CODES:

**M-FS** Mondays to Fridays during School term

**M-FH** Mondays to Fridays during School holidays

**M-F** Mondays to Fridays

**Sat** Saturdays

**FS** Fridays during School term

**M-TS** Mondays to Thursdays during School term

**M-TH** Mondays to Thursdays during School holidays

**\*** Continues to Cairngorm via Aviemore

**This service is operated by Stagecoach, see page 12 for contact details.**

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Service Number	33A	36	33	33	36	33	33	33	33	33	33	33
Codes	M-FS	M-FS	M-FH	M-FS	M-FS	Sat	Sat	M-F	Sat	M-F	Sat	Sat
Aviemore Cairngorm Hotel opp Rail Stn	0710	0756	0800	–	–	0845	–	1010	1135	1210	1305	–
Dalfaber Country Club	0716	▼	0806	–	–	▼	–	1016	1141	1216	1311	–
Dalnabay	0717	▼	0807	–	–	▼	–	1017	▼	1217	▼	–
Carr-Bridge Car Park	0727	0808	0817	–	–	0857	–	1027	1152	1227	1322	–
Dulnain Bridge	0739	0820	0829	–	0840	–	–	1039	–	1239	–	–
Grantown Square	0743	0828	0834	–	▼	–	–	1044	–	1244	–	–
Grantown Castle Grant	0744	▼	0835	–	▼	–	–	1045	–	1245	–	–
Grantown Primary School	▼	▼	▼	–	0847	–	–	▼	–	▼	–	–
Grantown Grammar School	▼	0830	▼	–	–	–	–	▼	–	▼	–	–
Grantown Square	0745	–	0836	0828	–	–	1045	1047	–	1247	–	1340
Cromdale Cross Roads	0750	–	–	–	–	–	1050	–	–	▼	–	1345
Balmeanach Distillery	▼	–	–	0838	–	–	–	–	–	▼	–	–
Cromdale Bus Shelter	▼	–	–	–	–	–	–	1052	–	1252	–	–
Advie War Memorial	0758	–	–	–	–	–	–	–	–	1259	–	–
Advie Spey Bridge	▼	–	–	–	–	–	–	–	–	1302	–	–
Tormore	0802	–	–	–	–	–	–	–	–	–	–	–

Service Number	33	33	33	36	33	33	33	33	33	33	33	33
Codes	FS	M-FH	M-FS	M-FS	Sat	M-TS	M-F	M-F	Sat	M-F	Sat	
Aviemore Cairngorm Hotel opp Rail Stn	–	1433	1433	–	–	–	1610	1700	1705	–	–	
Dalfaber Country Club	–	1439	1439	–	–	–	▼	1706	1711	–	–	
Dalnabay	–	1440	▼	–	–	–	▼	1707	▼	–	–	
Carr-Bridge Car Park	–	1450	1450	–	–	–	1622	1717	1722	–	–	
Dulnain Bridge	–	1502	1502	1525	–	–	–	1729	–	–	–	
Grantown Square	1335	1507	1507	1533	–	–	–	1734	–	–	–	
Grantown Castle Grant	1336	1508	1508	▼	–	–	–	1735	–	–	–	
Grantown Primary School	▼	▼	1515	▼	–	–	–	–	–	–	–	
Grantown Grammar School	1340	▼	▼	1535	–	1605	–	–	–	–	–	
Grantown Square	▼	1510	▼	–	1540	▼	–	–	–	1849	1849	
Cromdale Cross Roads	1347	1515	1522	–	1545	1612	–	–	–	▼	1854	
Balmeanach Distillery	1350	–	1525	–	–	1615	–	–	–	▼	–	
Cromdale Bus Shelter	1353	–	1528	–	–	1618	–	–	–	1854	–	
Advie War Memorial	1401	–	1536	–	–	1626	–	–	–	–	–	
Advie Spey Bridge	▼	–	–	–	–	▼	–	–	–	–	–	
Tormore	1405	–	–	–	–	1630	–	–	–	–	–	

## Granttown-on-Spey Area DIAL-A-BUS

### Area of Operation

The bus is available on request for any journeys within the operating area defined below. Journeys may be provided for people who have difficulty in using conventional bus services.

### Limits of operating area:

- West Lodge
- B9102 Granttown Grammar School
- Craggan Fisheries
- Revack Lodge
- A939 Tomintoul Turn Off

**Please call Strachans Private Hire on 01479 870025 to book.**

Journeys may be made across the boundary of the operating areas as far as Dulnain Bridge or Cromdale.

### Hours specified

Monday to Friday, between 1000 & 1400.

### Booking arrangements

The vehicle will be available by pre-booking only for any journeys within the area of operation and during the times specified. Bookings should be made in advance and before 1800 on the day before intended journey.



## Creag Meagaidh

Grid ref CI, OS ref NN483873

[www.nnr-scotland.org.uk](http://www.nnr-scotland.org.uk)

The Reserve is staffed, but there are no indoor facilities.



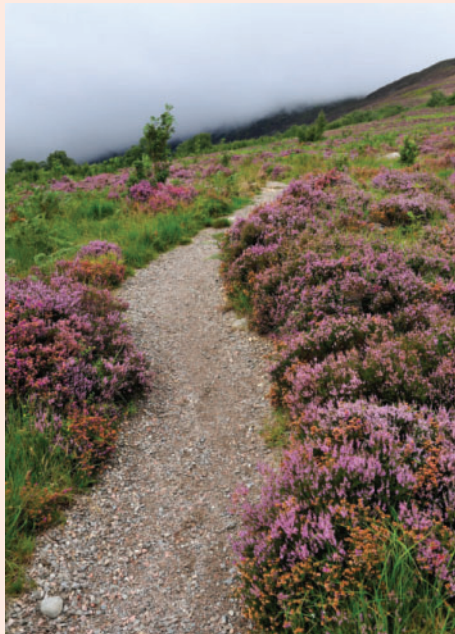
Scotland's  
National Nature  
Reserves  
*Magical places, amazing wildlife.*

With a vast spectrum of nature from lochside to exposed mountain plateau, Creag Meagaidh is recovering from previous over-grazing with species such as birch, rowan, oak and willow all springing up, returning the woodland to its former glory. You might even be lucky enough to spot black grouse or red deer.

You may also see dotterel, ptarmigan, and mountain hares. Higher heathland includes plants such as heather, blaeberry and crowberry, and three Munro summits tower above, with a mix of lichens and mosses clinging to the ground against the howling winds. This plateau gives views out as far as Ben Nevis, with dramatic cliffs and narrow gullies. It might seem harsh to us at this altitude, but for birds like the dotterel and ptarmigan the conditions are ideal.



Scottish Natural Heritage  
*All of nature for all of Scotland*



*Coire Ardair path, Creag Meagaidh*

### Getting there without a car

There is no direct bus service to the Reserve, however the no. 39 from Kingussie goes as far as Kinlochlaggan Filling Station. The nearest express coach stops at Dalwhinnie and Newtonmore, both 30km away, where there are also mainline train stations. There is a nearer train station at Tulloch, about 15km from the reserve car park.

There is a fully accessible all abilities trail of 900m length through Alder woodland and a 6.5km trail into Coire Ardair.

*Coire Ardair, Creag Meagaidh*





Grid ref D5, OS ref NH978098

[www.forestry.gov.uk/scotland](http://www.forestry.gov.uk/scotland)



Visitor Centre for Forest Park, car park charged, open 9am-5pm (4.30pm in winter). There are facilities and a cafe at the Reserve.

This Reserve is part of the Glenmore Forest Park and 10km east of Aviemore. Amidst stunning scenery, Glenmore is a mix of pine, juniper and birch woodland offering chances to see red squirrel, crested tit, crossbills and pine marten. There are also woodants, grouse, twinflowers and sphagnum moss, which turns to a glistening red in autumn and is often surrounded by alder and willow trees.



## Getting there without a car

There is a direct bus link to Aviemore, no. 34, from where trains and coaches run north and south.

Follow Sustrans Route 7 from Aviemore to Coylumbidge, from where there is an excellent off-road cycle route to Glenmore. Bike racks are available at the Glenmore Forest Visitor Centre. There are waymarked trails through the forest totalling approximately 50 kilometres. Many of the trails have now been made suitable for all-abilities (motorised buggies are available through the Badenoch & Strathspey Transport Group) and picnic benches are provided. There are a range of other walking and cycling routes in the area.







## Glasgow & Edinburgh • Inverness - Route 4

MONDAYS TO SATURDAYS (From 18th May - 12th December 2009)

Codes	e			a			a		a	
Edinburgh	0629	—	—	—	0833	0935	—	—	1135	— 1335
Glasgow Queen St	—	—	0706	0841	—	—	1011	1141	—	1341 —
Stirling	—	—	0733	0907	—	—	1037	1207	—	1407 —
Perth	0747	—	0804	0936	0950	1052	1113	1236	1253	1436 1454
Pitlochry	—	—	0842	—	1019	—	1147	—	1324	— 1524
Dalwhinnie	—	—	0916	—	—	—	1221	—	—	— 1601
Newtonmore	—	—	0927	—	—	—	—	—	1411	— —
Kingussie	—	—	0932	—	1101	—	1234	—	1416	— 1614
Aviemore	—	0757	0944	—	1114	—	1246	—	1428	— 1627
Carr-Bridge	—	0805	0957	—	—	—	1255	—	—	— —
Inverness	—	0843	1029	—	1154	—	1327	—	1506	— 1705

Codes			a	c	SOa	SXa		a	
Edinburgh	1535	—	—	1633	—	—	1741	—	1935
Glasgow Queen St	—	1611	1641	—	1741	1740	—	1941	—
Stirling	—	1637	(1707)	1720	1807	1815	—	2007	—
Perth	1653	1718	1736	1800	1843	1852	1859	2036	2054
Pitlochry	—	1750	—	1833	—	—	1930	—	2124
Dalwhinnie	—	—	—	—	—	—	—	—	2200
Newtonmore	—	1832	—	—	—	—	—	—	2211
Kingussie	—	1837	—	1917	—	—	2012	—	2221
Aviemore	—	1848	—	1929	—	—	2025	—	2232
Carr-Bridge	—	1854	—	—	—	—	—	—	2241
Inverness	—	1934	—	2008	—	—	2103	—	2314

SUNDAYS (From 17th May - 6th December 2009)

Codes	a		a		b	a	c		b
Edinburgh	—	0925	—	1350	—	—	1712	1750	—
Glasgow Queen St	0938	—	1345	—	1440	1545	—	—	1810
Stirling	1012	—	1412	—	1509	1612	1752	—	1839
Perth	1046	1052	1446	1513	1546	1645	1829	1902	1916
Pitlochry	—	1122	—	1544	1616	—	1900	—	1947
Dalwhinnie	—	1200	—	1619	—	—	—	—	2021
Newtonmore	—	1210	—	1629	—	—	—	—	2031
Kingussie	—	1216	—	1634	1659	—	1952	—	2036
Aviemore	—	1228	—	1648	1712	—	2004	—	2050
Carr-Bridge	—	1237	—	1703	—	—	—	—	2058
Inverness	—	1309	—	1738	1750	—	2044	—	2134

### CODES:

- |                                  |    |                           |
|----------------------------------|----|---------------------------|
| ( ) Stops in Stirling Sats only  | e  | Continues to Dundee       |
| a Continues to Aberdeen          | SO | Operates Sats only        |
| b Continues to Elgin             | SX | Operates Mons - Fris only |
| c Originates Kings Cross, London |    |                           |

These services are operated by First ScotRail, see page 12 for contact details.

Please call to book a bicycle onto a train. Bicycle reservations are mandatory as space is limited.

**Disclaimer** - Whilst we have taken every care to make sure the timetable information in this booklet is correct, you are advised to always contact the operator before travelling, especially from October 2009 to March 2010 when some services will change to more limited winter timetables. Outwith the boundaries of the Cairngorms National Park, not all railway stations are shown in the timetables.



## MONDAYS TO SATURDAYS (From 18th May - 12th December 2009)

Codes	c											
Inverness	-	-	0646	0656	-	0755	-	0918	-	1047	-	1247
Carr-Bridge	-	-	-	0728	-	-	-	-	-	1121	-	-
Aviemore	-	-	0722	0738	-	0829	-	1001	-	1133	-	1331
Kingussie	-	-	0733	-	-	0842	-	1014	-	1145	-	1344
Newtonmore	-	-	-	-	-	-	-	1018	-	-	-	1348
Dalwhinnie	-	-	-	-	-	-	-	1030	-	-	-	-
Pitlochry	0726	-	0816	-	-	0923	-	1101	-	1227	-	1428
Perth	0759	0812	0847	-	0915	0955	1014	1137	1159	1301	1314	1500 1514
Stirling	-	0844	-	-	0944	1030	1043	1213	-	-	1343	- 1543
Glasgow Queen St	-	0915	-	-	1014	-	1115	1246	-	-	1415	- 1615
Edinburgh	0924	-	1001	-	-	1115	-	-	1319	1419*	-	1623 -

## Codes

Inverness	1451	-	1653	-	1843	-	2015	-
Carr-Bridge	-	-	1727	-	1914	-	-	-
Aviemore	1528	-	1735	-	1929	-	2100	-
Kingussie	1540	-	1748	-	1942	-	2112	-
Newtonmore	-	-	1752	-	1946	-	2117	-
Dalwhinnie	1553	-	-	-	1958	-	2128	-
Pitlochry	1623	-	1834	-	2029	-	2202	-
Perth	1655	1700	1909	1914	2102	2117	2230	2238
Stirling	1729	-	-	1943	-	2145	2305	-
Glasgow Queen St	1809	-	-	2015	-	2219	2338	-
Edinburgh	-	1825	2029	-	2219	-	-	0019

## SUNDAYS (From 17th May - 6th December 2009)

Codes	c							
Inverness	0938	-	1230	1325	-	1615	-	1830 -
Carr-Bridge	1008	-	1308	-	-	1646	-	1901 -
Aviemore	1017	-	1317	1402	-	1655	-	1909 -
Kingussie	1030	-	1330	1415	-	1714	-	1922 -
Newtonmore	1035	-	1335	-	-	-	-	1926 -
Dalwhinnie	-	-	1346	-	-	-	-	1939 -
Pitlochry	1123	-	1417	1454	-	1756	-	2011 -
Perth	1156	1305	1450	1525	1705	1827	-	2046 2105
Stirling	1233	1338	1522	-	1738	1902	1912	- 2138
Glasgow Queen St	-	1411	1556	-	1812	1936	-	- 2215
Edinburgh	1318	-	-	1642	-	-	2006	2205 -

## CODES:

- c Continues to Kings Cross, London
- \* Arrives 1425 Saturdays

## London • Inverness Sleeper

## SUNDAYS TO FRIDAYS (From 17th May - 11th December 2009)

Codes	M-F	SunA	SunB		M-T	F	SunA	SunB
London Euston	2115	2055	2007	Inverness	2038	2038	2025	2025
Stirling	0456	0456	0456	Aviemore	2128	2128	2108	2108
Perth	0539	0539	0539	Kingussie	2142	2142	2122	2122
Pitlochry	0616	0616	0616	Newtonmore	2150	2150	2129	2129
Dalwhinnie	0659	0659	0659	Dalwhinnie	2204	2204	2143	2143
Newtonmore	0711	0711	0711	Pitlochry	2243	2243	2222	2222
Kingussie	0717	0717	0717	Perth	2321	2321	2300	2300
Aviemore	0741	0741	0741	Stirling	0006	0006	2345	2345
Inverness	0830	0830	0830	London Euston	0747	0748	0747	0921

## CODES:

- M-F Monday to Friday
- M-T Monday to Thursday
- F Friday
- SunA Sunday 17 May and 12 July - 6 December '09
- SunB Sunday 24 May - 5 July '09



## Insh Marshes

Grid ref D3, OS ref NH775008

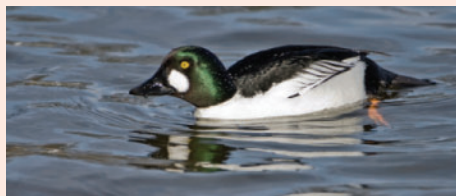
[www.rspb.org.uk/reserves](http://www.rspb.org.uk/reserves)



There are hides and picnic tables on site, but no visitor centre.

Situated near Kingussie, this stunning open space is one of the most important natural floodplains in Britain. The marshes have been slowly restored and they're now a patchwork of open water, wetland, meadow and woodland. You'll see the rare goldeneye ducks,

lapwings, redshanks and curlews, as well as oystercatchers, snipe and widgeon. In winter there are whooper swans and greylag geese. It's not just birds that thrive here though and a careful search of the meadow areas in early summer should reward you with the beautiful purple flowers of the heath spotted orchid or the sweet scent of the fragrant orchid. In the drier edges of the Reserve you'll find areas of mature birch woodland, interspersed with patches of juniper and fluttery aspen trees.



Goldeneye



### Getting there without a car

The nearest train station and bus stop are at Kingussie 3km away which is on the main Perth - Inverness train line and inter-city coach route.

The Calvine to Kinraig section of Sustrans Route 7 (Glasgow - Inverness) passes nearby the Reserve. Leave the route at Kingussie and follow the B970 past Ruthven Barracks to the car park. On foot, Insh Marshes is 3km from Kingussie. Follow the B970 minor road, past the railway station and school. There is no roadside pavement.

*Insh Marshes*



Grid ref D4, OS ref NH873032

[www.nnr-scotland.org.uk](http://www.nnr-scotland.org.uk)

[www.forestry.gov.uk/scotland](http://www.forestry.gov.uk/scotland)



The nearest facilities are the cafe, shop and bar nearby at Loch Insh Watersports. Tea and cakes can be found at Inshriach nursery, where you can watch local bird-life from the comfort of your table.

Approximately 8km from Aviemore, the lower part of the Reserve consists of 700ha. of Caledonian Forest extending up to 650 metres which, on Creag Fhiachlach, may be the highest natural tree line in the UK. Above the forest there are internationally important heath and grassland habitats. Once an

*Red Squirrel*



important timber resource, nature is now allowed to take its course and the areas of planted Scots pine are being carefully merged with the remnants of native woodland. The Reserve is a favourite haunt of red squirrels, pine martens, and crossbill. Climbing up through the Reserve, you reach the fragile arctic plateau giving stunning views across Badenoch & Strathspey, and from the crags above Loch Einich it's easy to imagine a glacier carving its way towards Rothiemurchus below.



## Getting there without a car

Travelling to Kincaig, take the 35 or 38 bus from Aviemore or Inverness, or the M91 express coach the south or north. From Kincaig, walk 4km to the Reserve.

Sustrans Route 7 goes down the minor road south from Inverdrurie and passes close to Achlean. There are cycle racks at the Reserve.

*Inshriach*





## Art in the Park

Grid ref D4.

### Frank Bruce Sculpture Trail

This new sculpture trail at Feshiebridge is full of remarkable art works carved from ancient Caledonian pines. Disabled parking is available directly at the start of the trail, and a good quality accessible path leads around the sculptures, suitable for buggies and wheelchairs.

Visit [www.frank-bruce.org.uk](http://www.frank-bruce.org.uk) for more information.

### Getting there without a car

Feshiebridge is around 2km from Kincaig where buses stop, see pages 18, 19, 23. The nearest train stations are at Aviemore and Kingussie, both around 11km away.

There is a separated cycle path from Aviemore to Inverdrue, and from there the road is narrow and winding to Feshiebridge on Sustrans Route 7.



Grid ref D5.

### Cairn Gorm: Reading a Landscape

Summer 2009 sees a major new public art project unveiled at CairnGorm



Mountain entitled Cairn Gorm: Reading a Landscape.

Artist Arthur Watson leads six respected artists based at Dundee University. Watson's monumental Chairascuro woodcut dominates the funicular base station. Entitled "Snow Words : Hollow of the Snow" it celebrates Gaelic and Scots words used to describe the landscape.

"Hidden Corries : Drawing Dangerously" is made up from five screen printed panels which explore the naming of climbing routes around the montane core, and "Mountain to Sea - Beyond Site" explores the Scottish landscape and seasonal changes.

At the entrance to CairnGorm, the Northern Viewpoint by Watson and Maclean honours Macpherson's works on Highland mythology, culture and literature based around the Ossianic movement.

### Getting there without a car

Travel up to CairnGorm on the no 34 bus from Aviemore, see pp24-27. To get the most from your visit pick up "Hidden Landscape Text and Image", available from the CairnGorm Mountain shops and ticket office.