



Countryside Events August 2010

Rangers welcome visitors to the countryside and help people discover and appreciate what's around them. Rangers run a variety of countryside events that encourage people to learn about the National Park. A sample of this month's free events is listed below. A full list of events can be found on www.cairngorms.co.uk or ask at your accommodation, local Tourist Information Centre or ranger base.

Every Monday (Except 30th) 2.00pm-4.00pm THE MAGICAL MARSHES

Have fun discovering the amazing wildlife of Insh Marshes. We'll play nature games, look for minibeasts and other wildlife, and make crafty creatures.

Contact number 01540 661518

Meet at RSPB reserve car park 2 miles along the B970 from Kingussie and ½ mile beyond Ruthven Barracks.

Free

Royal Society for the Protection of Birds, For families with primary-school-age children.

1st and 3rd Monday August. 2:00-4:00pm BALMORAL CHILDRENS EVENTS.

Join Balmoral Rangers on the 1st and 3rd Monday each month during July and August, for exciting nature activities and games. Children under 16 must be accompanied by an adult. Meeting point: Spittal of Glen Muick Visitor Centre.

Dates: 2nd & 16th August.

Cost: Free. **Booking Essential– 013397 55059.**

Every Tuesday 10.00 -11.30am

Guided walk with the ranger to learn about the history and wildlife of Abernethy's ancient Caledonian pine forest. U16 accompanied by adult.

Booking essential 01479 821565

Explore Abernethy Centre, Nethy Bridge

Donations please

Explore Abernethy Ranger Service, Easy Walk

Every Tuesday 10am –1.00pm

WOODS TO WATER – AN INSIGHT INTO INSH MARSHES NNR

Join RSPB staff to explore the reserve and see the birds, flowers and insects of this very special site.

Contact number 01540 661518

Meet at RSPB reserve car park 2 miles along the B970 from Kingussie and ½ mile beyond Ruthven Barracks.

£2 Adults (RSPB members) £5 Adults (non- members) Children Free (under 16)

Royal Society for the Protection of Birds

Be prepared for wet/cold weather.

Every Thursday (Except 26th) 2.00pm-4.00pm

GUIDE IN THE HIDE

Drop in to Insh Marshes where we'll be on hand to help show you wildlife and talk about the reserve.

Contact number 01540 661518

Information viewpoint, Insh Marshes, 2 miles along the B970 from Kingussie and ½ mile beyond Ruthven Barracks.

Free

Royal Society for the Protection of Birds, High powered optics will be in the hide to help you spot the wildlife.

Every Thursday in August

7.00 - 8.30pm

A WALK IN THE PARKS

An evening stroll in the grounds around the Lodge, and a chance to view the magnificent Stag Ballroom. U-16 with an adult

Booking Essential – 0844 493 2173

Mar Lodge Estate, nr. Braemar

Adults £2.50 U-16 Free

National Trust for Scotland. Sorry no dogs

Every Sunday

2.00- 4.00pm

Guided walk with the ranger to learn about the history and wildlife of Abernethy's ancient Caledonian pine forest. Children U16 accompanied by adult.

Booking essential 01479 821565

Explore Abernethy Centre, Nethy Bridge

Donations please

Explore Abernethy Ranger Service, Easy Walk



August 1, 4, 8, 11, 15, 18, 22, 25, 29

10.00 am – 2.00 pm GUIDED CAIRN GORM SUMMIT WALK

Join an experienced Ranger for a fascinating walk to the top of the sixth highest peak in Scotland. Start at the Ranger Base at 635m and climb by steep and steady paths to the summit cairn at 1245m. Exact return time will depend on the route and preference of the walkers. The walk will also visit the Ptarmigan, Britain's highest restaurant, and participants will be able to take the train down. Children 10 -16 yrs with adult.

Booking recommended 01479 861341

CairnGorm near Aviemore

Family ticket £29, Adults £12, Children (10-16 yrs) £6, Concessions and Friends £8

August 1st 12.00 – 4.00 pm TOP DOGS' DAY OUT

Lots of fun activities for dogs, owners and spectators. Obstacle course, silly sausage race and responsible dog use of forests.

Registration from 12pm – first come basis(2 dogs per family)

Meet at Glenmore Hayfield Car Park

Free event

Forestry Commission Scotland

August 3rd 7.00 – 8.30pm SWIFT SURVIVAL WORKSHOP

Make your own swift next box and learn more about these marvels of the sky.

Atholl Estates Information Centre, Blair Atholl

Charge: £5.00 per box

Atholl Estates

August 4th 10.30 – 12.00 pm MEET THE GRUFFALO

Come for a stroll in the woods with a brave mouse. Will you be eaten or can you scare away the Gruffalo?

Booking essential, Tel. 01463 791575

Meet at Glenmore Hayfield Car Park

Free. A family event ideal for children 6 years and under.

Forestry Commission Scotland

August 5th 11.00 – 1.00 pm WILD IN THE WOODS (Family Fun)

Come and have fun in the woods. Join us for some environmental activities and discover woodland wildlife.

No need to book. Phone 01479 861220 for info

Meet at Glenmore Visitor Centre Car Park

Free event

Forestry Commission Scotland. U16 with an adult



August 5th 10.30am – 12.00pm MINIBEAST MAGIC

Kids event. We look for bugs and beasties in their mini worlds.

Atholl Estates Information Centre, Blair Atholl.

Charge: Children £1.00.

Atholl Estates. All children must be accompanied by an adult.

August 7th 10:00-5:00pm GLEN GIRNOCK CIRCUIT.

This low level circuit will travel up Glen Girnock passing the abandoned houses of Loinveg, Camlet and Bovaglie. We will visit one of Queen Victorias favourite little houses at the Genechal before a short walk along the South Deeside Road leads us to the path around Creag Ghubais and back to where we started. Meeting point – Crathie Tourist Information Centre. Distance 16Kms, ascent 350m.

Cost: £5/person.

Balmoral Ranger Service **Booking essential – 013397 55059.**

August 7th and 8th 8.00am - 8.30pm both days THE LAIRIG WEEKEND

Two days traversing the Cairngorms along old drove routes between Speyside and Deeside. Good level of fitness required. U-16 with an adult

Booking Essential – 0844 493 2173 Phone for booking / accommodation options.

Mar Lodge Estate, nr. Braemar

£100 per person / whole weekend. Includes two packed lunches, evening meal and overnight B&B.

National Trust for Scotland. Sorry no dogs

August 10th 2.00 – 3.30pm WOODLAND TREASURE HUNT

A family event searching for clues and treasure.

Glen Tilt Car Park, by Blair Atholl. 1 mile north of Blair Atholl on road to Old Blair.

Charge: Children £2.

Atholl Estates. All children must be accompanied by an adult.

August 12th 10.30am – 12.00pm SQUIRRELTASTIC

Kids' event. Find out more about our treetop friends.

Glen Tilt Car Park, by Blair Atholl. 1 mile north of Blair Atholl on road to Old Blair.

Charge: Children £1.00.

Atholl Estates. All children must be accompanied by an adult.

August 13th 2pm – 5pm RED KITE DAY WITH THE RSPB

Join THE hc RANGER AND rspb Red Kite Community Officer for an afternoon of activities and crafts celebrating the Red Kite.

Meet at Kincaig Village Hall. 01540 673 907

Adults £3, concessions & children £2

Highland Council Countryside Rangers



August 13th 8:00pm-late

NIGHT HUNTERS AND THEIR PREY.

Get up close and personal with bats and moths. Come and dispel all your fears of these intriguing animals. If weather allows we will also take the opportunity to do some star gazing at this event. Joint event with **Aberdeenshire Ranger Service** for Ballater Victoria Week. Meeting point: The Spittal of Glen Muick visitor centre.

Cost: Free.

Booking essential– 013397 55059.

August 14th

8.00pm – 9.30pm

BATS IN THE GLENS

Join the Ranger to look and listen for bats in Glen Doll.

Booking Essential 01575 550233

Glen Doll Ranger Base, Kirriemuir. Grid Ref: NO282759

Free

Angus Glens Ranger Service. Please bring a torch.

August 17th 2.00 – 3.30pm

BUMBLEBEE WALK AND WORKSHOP

Find out why bumblebees are so important, and help out your local bees by making a nestbox.

Atholl Estates Information Centre, Blair Atholl.

Charge: £5.00 per box.

Atholl Estates. All children must be accompanied by an adult.

August 19th

11.00 – 1.00 pm

WILD IN THE WOODS (Family Fun)

Come and have fun in the woods. Join us for some environmental activities and discover woodland wildlife.

No need to book. Phone 01479 861220 for info

Meet at Glenmore Visitor Centre Car Park

Free event

Forestry Commission Scotland. U16 with an adult

August 19th

2.00 – 4.00

DRAGONS, DAMSELS AND THE ICE AGE

Walk to the amazing view over Uath Lochans, then squelch round the lochans to look for their biodiversity (bugs!)

No need to book. Phone 01479 861220 for info

Uath Lochans Car Park, Inshriach Forest, Nr Kincaig

Free event

Forestry Commission Scotland. Bring wellies.

August 19th

10.30am – 12.00pm FUNGI FROLICS

Kids' event. Find out more about these weird and wondrous organisms.

Glen Tilt Car Park, by Blair Atholl. 1 mile north of Blair Atholl on road to Old Blair.

Charge: Children £1.00.

Atholl Estates. All children must be accompanied by an adult.



August 22nd 10.30 – 1.30 pm THE MAGIC OF RYVOAN
Walk in Ryvoan's magical mix of pinewoods, mountain and loch. Bag some views and exercise and see what the fairies have done.
No need to book. Phone 01479 861220 for info
Meet at Glenmore Visitor Centre Car Park
Free event
Forestry Commission Scotland

August 25th 1.30 – 4.00 pm THE LAIRD OF GLENFESHIE WALK
Hear about some of the wildlife, history and folk tales from this area on a walk along the majestic Glen Feshie.
No need to book. Phone 01479 861220 for info
Meet at Feshiebridge Car Park, nr Kincaig
Free event
Forestry Commission Scotland

August 24th 7.30 – 9.30pm DUSK WATCH
We go searching for creatures of the night.
Glen Tilt Car Park, by Blair Atholl. 1 mile north of Blair Atholl on road to Old Blair.
Charge: Adults £2.00 Children £1.00
Atholl Estates.

August 26th 11.00 – 1.00 pm WILD IN THE WOODS (Family Fun)
Come and have fun in the woods. Join us for some environmental activities and discover woodland wildlife.
Meet at Glenmore Visitor Centre Car Park OS. NH 972 098
No need to book. Phone 01479 861220 for info
Meet at Glenmore Visitor Centre Car Park
Free event
Forestry Commission Scotland. U16 with an adult

August 30th 2:00-4:00pm MEET YOUR ANCESTORS.
A guided tour around the Spittal of Glen Muick Township. Meet the township residents along the way and hear some of their tales and find out how they live. Organised as part of Scottish Archaeology month. Meeting point: The Spittal of Glen Muick visitor centre. Distance 1Km, ascent 30m.
Cost: Free.
Balmoral Ranger Service. **Booking essential– 013397 55059.**

