

#### Cairngorms National Park Ranger Services Countryside Events - May 2011

Rangers welcome visitors to the countryside and help people discover and appreciate what's around them. Rangers run a variety of countryside events that encourage people to learn about the National Park. A sample of this month's events is listed below. A full list of events can be found on www.cairngorms.co.uk or ask at your accommodation, local Tourist Information Centre or Ranger base.

#### Daily (weather dependant) 10.20: 11.00: 14.00 WALK @ THE TOP

A 90 minute guided walk with a Ranger leaving from Top Station for a circular walk to the summit of Cairn Gorm and back again.

#### Booking recommended. Book online at

#### www.cairngormmountain.co.uk/book or in person at the Ticket Office Meet at the CairnGorm Mountain Ranger Base.

Adult £14.00, Junior (6-16years) £10.00, Senior (65+) £12.50. £6.00 if you decide to walk and already have a funicular ticket.

Bring waterproof clothing, good walking boots, hat and gloves. Registered assistance dogs only. Once you have collected your ticket you will meet the Ranger in the Ranger Base, 15 minutes before the departure time. CairnGorm Mountain Ranger Service

2pm – 4pm

#### **BALMORAL WOODLAND WALK**

Discover the grounds and woods around Balmoral Castle. Learn about the estates history and wildlife.Distance 4Kms, ascent 130m.

#### Meet at Balmoral Carriage Exhibition, Balmoral Castle.

Cost: Free once entry fee into grounds has been paid.

**Balmoral Ranger Service** 

May 4

#### 10.30am-3.30pm **GUIDED NORTHERN CORRIES** May 4 WALK

Enjoy a guided walk in the Northern Corries of Cairn Gorm every Wednesday morning.

Booking recommended by telephone on 01479 861341 or online at www.cairngormmountain.co.uk/book

#### Meet at the Ranger Base.

Adult £12.00, Junior (6-16) £6.00, Senior (65+) £8.00, Friends of CairnGorm £8.00 Bring waterproof clothing, good walking boots, hat and gloves. Dogs are welcome but must be kept on a leash.

CairnGorm Mountain Ranger Service

# May 6 10am – 11.30am HEALTH WALK

Very easy ranger-led health walk in the beautiful surroundings of the Glen Tanar Estate.

**Booking Essential** Call or email for more details **013398 86072** ranger@glentanar.co.uk

#### Meet at Braeloine Visitor Centre Car Park, Glen Tanar

Free

Glen Tanar Ranger Service

# May II 2pm – 4pm BALMORAL WOODLAND WALK

Discover the grounds and woods around Balmoral Castle. Learn about the estates history and wildlife.Distance 4Kms, ascent 130m.

#### Meet at Balmoral Carriage Exhibition, Balmoral Castle.

Cost: Free once entry fee into grounds has been paid.

Balmoral Ranger Service

#### May 11 10.30am-3.30pm

#### GUIDED NORTHERN CORRIES WALK

Enjoy a guided walk in the Northern Corries of Cairn Gorm every Wednesday morning.

# Booking recommended by telephone on 01479 861341 or online at www.cairngormmountain.co.uk/book

#### Meet at the Ranger Base.

Adult £12.00, Junior (6-16) £6.00, Senior (65+) £8.00, Friends of CairnGorm £8.00 Bring waterproof clothing, good walking boots, hat and gloves. Dogs are welcome but must be kept on a leash.

CairnGorm Mountain Ranger Service

### May 13 10am – 11.30am HEALTH WALK

Very easy ranger-led health walk in the beautiful surroundings of the Glen Tanar Estate.

**Booking Essential** Call or email for more details **013398 86072** ranger@glentanar.co.uk

Meet at Braeloine Visitor Centre Car Park, Glen Tanar

Free

Glen Tanar Ranger Service

### May 14 2pm – 5pm RED KITE DAY

An afternoon of crafts and fun activities to celebrate a beautiful bird of prey. A joint event with RSPB

Meet at Talla na Ross, King Street, Kingussie. 01540 673 907

Donations welcome.

Highland Council Countryside Rangers

### May 18 2pm – 4pm

### **BALMORAL WOODLAND WALK**

Discover the grounds and woods around Balmoral Castle. Learn about the estates history and wildlife.Distance 4Kms, ascent 130m.

#### Meet at Balmoral Carriage Exhibition, Balmoral Castle.

Cost: Free once entry fee into grounds has been paid.

Balmoral Ranger Service

#### May 18 10.30am-3.30pm GUIDED NORTHERN CORRIES WALK

Enjoy a guided walk in the Northern Corries of Cairn Gorm every Wednesday morning.

Booking recommended by telephone on 01479 861341 or online at www.cairngormmountain.co.uk/book

#### Meet at the Ranger Base.

Adult £12.00, Junior (6-16) £6.00, Senior (65+) £8.00, Friends of CairnGorm £8.00 Bring waterproof clothing, good walking boots, hat and gloves. Dogs are welcome but must be kept on a leash.

CairnGorm Mountain Ranger Service

# May 20 6pm – 8pm RED DEER RAMBLE

Discover the intriguing lifestyle and learn about the management of the majestic red deer of Glen Muick. Distance 4.5Kms, ascent 50m.

#### Booking essential-013397 55059.

Meet at Spittal of Glen Muick Visitor Centre.

Free

Balmoral Ranger Service

### May 20 10am – 11.30am HEALTH WALK

Very easy ranger-led health walk in the beautiful surroundings of the Glen Tanar Estate.

**Booking Essential** Call or email for more details **013398 86072** <u>ranger@glentanar.co.uk</u>

# Meet at Braeloine Visitor Centre Car Park, Glen Tanar

Free

Glen Tanar Ranger Service

### May 21 I0am – 4pm

#### CELEBRATING NATURE TREES, FORESTS AND US

A day of fun activities, learning, demonstrations and advice about woodlands and forest management.

### The Four Seasons Lawn, Aviemore Highland Resort

Free

Various Ranger Services plus others

# May 21 10am – 4pm VOLUNTEER DAY WITH JMT

Hands on volunteer day with the John Muir Trust doing conservation work at Glen Tanar Estate.

**Booking Essential** Call or email for more details **013398 86072** ranger@glentanar.co.uk

### Meet at Braeloine Visitor Centre, Glen Tanar

Free

Glen Tanar Ranger Service

# May 24I 0am – IpmSEASONAL WALK

Join reserve staff to learn about the wildlife of this special place with an emphasis on birds.

Booking not required. More details 01540 661518

**Meet at RSPB Insh Marshes NNR**. Car park 2 miles along B970 from Kingussie, 1/2 mile past Ruthven Barracks

£2 Adults (RSPB members), £5 Adults (non-members), Children under 16 free. RSPB. Be prepared for wet/cold weather. Stout footwear recommended.

# May 25 2pm – 4pm BALMORAL WOODLAND WALK

Discover the grounds and woods around Balmoral Castle. Learn about the estates history and wildlife.Distance 4Kms, ascent 130m.

#### Meet at Balmoral Carriage Exhibition, Balmoral Castle.

Cost: Free once entry fee into grounds has been paid.

Balmoral Ranger Service.

### May 25 10.30am-3.30pm

#### GUIDED NORTHERN CORRIES WALK

Enjoy a guided walk in the Northern Corries of Cairn Gorm every Wednesday morning.

# Booking recommended by telephone on 01479 861341 or online at www.cairngormmountain.co.uk/book

#### Meet at the Ranger Base.

Adult £12.00, Junior (6-16) £6.00, Senior (65+) £8.00, Friends of CairnGorm £8.00 Bring waterproof clothing, good walking boots, hat and gloves. Dogs are welcome but must be kept on a leash.

CairnGorm Mountain Ranger Service

### May 27 10am – 11.30am HEALTH WALK

Very easy ranger-led health walk in the beautiful surroundings of the Glen Tanar Estate.

**Booking Essential** Call or email for more details **013398 86072** ranger@glentanar.co.uk

Meet at Braeloine Visitor Centre Car Park, Glen Tanar

Free

Glen Tanar Ranger Service

# May 28 10am – 12 noon JEWELS OF THE AIR

Help record the variety of butterflies, moths, dragonflies and damselflies in Cambus O' May Forest. Under 16's with an adult.

### Booking Essential 013398 80868

#### **Meet at Cambus o' May Forest car park, nr Ballater** Free

Aberdeenshire Council Ranger Service and Forestry Commission Scotland. Easy Walk, bring binoculars if you have them.

### May 29 2pm – 4pm WHAT'S THAT TREE?

2011 is the UN International Year of Forests. Discover the variety of trees growing with Glen Doll Forest. Learn how to identify them and what they are used for. **Booking Essential 01575 550233** 

# Meet at Glen Doll Ranger Base, Grid Ref: NO282759

Free

Angus Council Ranger Service. Stout shoes required.