

Tread Lightly in the Park



August 2012

Cairngorms National Park Ranger Services

Rangers welcome visitors to the countryside and help people discover and appreciate what's around them. Rangers run a variety of countryside events that encourage people to learn about the National Park. A small sample of this month's events is listed below – there are many more going on.

Every Wednesday in August 10am - 3pm DATE WITH NATURE

Enjoy the landscape and wildlife of Insh Marshes from a fabulous view point.

Meet at Ruthven Barracks, Kingussie

Cost: FREE

RSPB

Every Thursday in August 7pm-8.30pm A WALK IN THE PARK

An evening stroll in the grounds around the Lodge, with an opportunity to view the interior of the Stag Ballroom, adorned with the Duke of Fife's antler collection. Meet at Mar Lodge

Booking: essential - tel: 013397 20164

Cost: £3 adult, child U-16 free

National Trust for Scotland Ranger Service

Every Wednesday in August 10.30am - 3.30pm

NORTHERN CORRIES WALK

With the hill track for access, the Northern Corries have become a relatively easy walk, allowing us to guide you into the most dramatic places quite quickly, walking steadily uphill on good paths.

Cost: £12 adult, £6 junior, £8 senior/student/friends

CairnGorm Mountain Ranger Service

Twice Daily in August 10.20am & 1.20pm WALK AT THE TOP

Join one of our knowledgeable guides for a walk to the summit of the Cairngorms. Lasts approximately 1 hour 30 minutes. To go on the Walks at the Top you will need to either purchase a funicular ticket or walk up to the Ptarmigan Building.

Cost: adults £6, junior £4, senior/student £5

CairnGorm Mountain Ranger Service

Twice Daily in August 10.20am & 1.20pm GUIDED WALK DOWN

Join one of our knowledgeable guides for a walk down the mountain to Base Station. Lasts approximately 1 hour 30 minutes.

Cost: adults £6, junior £4, senior/student £5

To go on the Guided Walk Down you will need to either purchase a funicular ticket or walk up to the Ptarmigan Building.

CairnGorm Mountain Ranger Service

9th, 16th, 23rd and 30th August 11.30am SEARCH AND RESCUE DOG DEMO

Search and rescue dog demos available with lovable Lurcher Moudy and his handler David Benson. Dog demonstrations last approx 40 minutes.

Meet at CairnGorm Mountain Ranger Base.

Cost: free but donations welcome.

CairnGorm Mountain Ranger Service

Every Friday in August 10am - 4pm HEALTH WALK

Easy, low-level ranger-led health walk in the beautiful surroundings of Glen Tanar Estate.

Booking: essential. Tel: 013398 86072

or email: ranger@glentantar.co.uk

Meet at Braeloin Visitor Centre Car Park, Glen Tanar or pick up in Aboyne.

Cost: free

Glen Tanar Charitable Trust Ranger Service

August 1st 10.30am-12noon GEOLOGY ROCKS

Volcanoes, fossils, rocks – exciting geology activities for rock detectives

Booking: just turn up - tel: 0844 4932192

Meet at Killiecrankie Visitor Centre (in stone circle) -

Cost: children £3; accompanying adults £1

Suitable for families with 5 to 12 year olds.

National Trust for Scotland Ranger Service



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August 2nd 10.30am – 12pm MAGIC SPELL AND BROOMSTICK WORKSHOP

Practice spells in the woods and make a broomstick to take home.

Atholl Estates Information Centre, Blair Atholl

Cost: children £1.00.

All children must be accompanied by an adult.

Atholl Estates Ranger Service.

August 4th 2pm-4pm NATURE DETECTIVES

Family fun for all ages. An opportunity to explore and discover the hidden delights of a picturesque piece of river and woodland. (Wellies useful!)

Meet at Mar Lodge

Booking: essential - tel: 013397 20164

Cost: family Ticket £10; unaccompanied children over 21, £5

National Trust for Scotland Ranger Service

August 7th 6am – 7am DAWN SQUIRREL WATCH

Dawn is the best time for seeing our red squirrels.

Worth getting up for!

BOOKING REQUIRED – tel: 01796 481355 or 481646. Meet at Glen Tilt Car Park, by Blair Atholl. 1 mile north of Blair Atholl on road to Old Blair.

Who for: adults and quiet children

Cost: £2.

Children are welcome but need to be able to stand still and quietly.

All children must be accompanied by an adult.

Atholl Estates Ranger Service.

August 7th 10.30am-12noon TRACKS AND TRAILS

Family fun for all ages. An Who lives in the woods – follow the signs that the animals leave behind to work out who lives here?

Booking: Just turn up

Meet at Killiecrankie Visitor Centre (in stone circle) - Tel: 0844 4932192

Cost: children £3; accompanying adults £1

Suitable for families with 5 to 12 year olds.

National Trust for Scotland Ranger Service

August 7th 2pm – 3.30pm SURVIVAL SKILLS!

Learn how to survive in the woods. Build a shelter, purify water and light a fire.

Further information - tel: 01479 870070

Meet at the Glenlivet Estate Office, Main Street, Tomintoul

Cost: children £2, Accompanying Adults free.

Wear outdoor clothing. U16 with an adult.

Glenlivet Estate Ranger Service

August 8th 1.30pm – 3.00pm WHERE THE WILD THINGS ARE

Who is the wildest of the Wild Things? An adventure for young children based on the beautiful book by Maurice Sendack.

Further information from Duncan Macdonald – Tel:

01479 873706

Meet at the main car park for Invereshie National Nature Reserve on minor road south from Feshiebridge. NH 853012

Cost: children £3

Suitable for all terrain buggies. Sorry no dogs.

Highland Council Countryside Rangers

August 8th 10.30am-12noon & 2pm-3.30pm CROWNS AND CAMOUFLAGE

Join Mandy Tulloch of Mudpies for a day's fun and natural crafts at Muir of Dinnet NNR. Come and collect leaves to make a crown...or a camouflage head-dress. Be a princess or a commando- all it takes is imagination.

Two sessions: Morning 10:30am-12:00 noon; afternoon 2-3.30pm

Meet at Burn o' Vat Visitor Centre, Muir of Dinnet

Booking: essential, only 20 places. Tel: Catriona Reid 013398 81667.

Cost: FREE

All under 18's must be accompanied by an adult
Scottish Natural Heritage



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August 8th & 22nd 2pm-3.30pm BATTLE OF KILLIECRANKIE

Get to grips with the gory details of this gruesome battle. Interactive battle talk (1hr) in woods above Soldier's Leap; followed by children's craft activities and a display of weapons outside the visitor centre.

Booking: Just turn up

Meet at Killiecrankie Visitor Centre (in stone circle) - Tel: 0844 4932192

Cost: adults £4; children £2

National Trust for Scotland Ranger Service

August 9th 10.30am – 12 noon WET AND WILD

Kids' event. Discover the weird, watery world around the river.

Atholl Estates Information Centre, Blair Atholl

Cost: £2

All children must be accompanied by an adult.

Atholl Estates Ranger Service.

August 10th 2.30pm – 3:30pm WINNIE THE POOH

Fun and games with Winnie the Pooh and friends in Ellan Wood, Carrbridge.

Further information from Saranne Bish – tel: 01479 873914

Meet at the main car park in Carrbridge and follow the arrows! NH 904228

Cost: children £3

Suitable for all terrain buggies.

Highland Council Countryside Rangers

August 10th 8pm - late NIGHT HUNTERS AND THEIR PREY

Get up close and personal with bats and moths. Come and dispel all your fears of these intriguing animals.

Event organised in conjunction with Aberdeenshire Ranger Service as part of Ballater Victoria Week.

Booking essential – 013397 55059.

Meeting point: tba.

Cost: FREE

Bring midge spray and a midge net, if you have one, and a torch.

Balmoral Estate Ranger Service.

August 11th 8am-8.30pm THE LAIRIG GHRU - 'THE DARK PASS'

Traverse the Cairngorms through this iconic high mountain pass, amid magnificent scenery, led by a qualified Mountain Leader. Good walking boots and warm waterproof clothing essential. Bring lunch and plenty of drink and snacks.

Meet at Mar Lodge

Booking: essential - tel: 013397 20164

Cost: £50 adult

Adults only, payment in advance (includes return transport).

National Trust for Scotland Ranger Service

August 12th 9.30am-3.30pm MAGICAL MOORLANDS

A high level moorland walk across the shoulder of Lochnagar. Experience the moorlands at their best in high summer. Learn about the wildlife and management of this magical and secluded place.

Booking: essential - 013397 55059.

Meet at Spittal of Glen Muick visitor centre.

Distance: 14Kms. Ascent: 350m.

Cost: £5 per person.

Mountain walk. Bring lunch.

Balmoral Estate Ranger Service.

August 14th 2pm – 4pm MINIBEAST CRAFTS

Come and make some bugs and beasts with the rangers.

Atholl Estates Information Centre, Blair Atholl

Who for: Families.

Cost: donations for materials.

All children must be accompanied by an adult.

Atholl Estates Ranger Service.

August 14th 8pm-9.30pm FAMILY DUSK WALK

Find out about the elusive wildlife that frequents the half-light between day and night.

Booking: Just turn up

Meet at lower car park of the Hermitage, by Dunkeld - Tel: 0844 4932192

Cost: adults £4; children £2

National Trust for Scotland Ranger Service



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August 15th 10am-12noon PASS OF KILLIECRANKIE

A walk through the Pass with the ranger – learn about the Jacobites and Soldier's Leap; and discover which plants and animals are 'out and about' in August

Booking: Just turn up

Meet at Killiecrankie Visitor Centre (in stone circle) -
Tel: 0844 4932192

Cost: Adults £4; Children £2

National Trust for Scotland Ranger Service

August 16th 10.30am – 12noon BIRDS OF PREY

We find out more about nature's flying predators.
Atholl Estates Information Centre, Blair Atholl

Cost: children £2

All children must be accompanied by an adult.
Atholl Estates Ranger Service.

August 18th 8am-8.30pm THE LAIRIG AN LAOIGH - 'PASS OF THE CALVES'

Traverse the Cairngorms through this iconic high mountain pass, amid magnificent scenery, led by a qualified Mountain Leader. Good walking boots and warm waterproof clothing essential. Bring lunch and plenty of drink and snacks.

Meet at Mar Lodge

Booking: essential - tel: 013397 20164

Cost: £50 adult

Adults only, payment in advance (includes return transport).

National Trust for Scotland Ranger Service

August 18th 10am - 4pm VOLUNTEER DAY WITH JMT

Hands on conservation day with the John Muir Trust North East Group at Glen Tanar Estate.

Booking: essential - tel: 013398 86072

or ranger@glentancar.co.uk

Meet at Braeloigne Visitor Centre, Glen Tanar

Cost: free

All welcome, adults or accompanied children
Glen Tanar Charitable Trust Ranger Service

August 19th 11am – 2pm FUTURE OF THE FOREST

Join the Ranger and the Local Tayside Beat Forester on a walk through Glen Doll forest to discuss its future planning and development to enhance the amenity and biodiversity value of the area.

Booking: required.

Meet at the Glen Doll Ranger Base (Grid Ref: NO282759).

Cost: FREE

Stout shoes and packed lunch required
Angus Glens Ranger Service

August 21st 2pm – 3.30pm SUMMER ART ATTACK!

Get creative! Wild arts and crafts with the Glenlivet Rangers. Perfect for kids. U16 with an adult.

Further information - tel: 01479 870070

Meet at the Glenlivet Estate Office, Main Street,
Tomintoul

Cost: children £2, accompanying adults free.

Glenlivet Estate Ranger Service

August 21st 6pm – 9pm RPSB & EXPLORE ABERNETHY WALK

Join Ross Watson from RSPB and Melanie Clouston the Explore Abernethy ranger on a guided walk from Nethy Bridge to Loch Garten along the Speyside way. Finishing with a cup of tea/coffee and a hunt for bats using detectors.

Booking: essential – tel: 01479 821565

Meet at Nethy Bridge Community Centre

Cost: donations

Bring warm clothes, suitable footwear, binoculars and a torch if you have them, also some snacks & water.
Explore Abernethy Ranger Service.

August 21st 8pm – 10pm BATS AND BOXES

Make a bat box and come on an evening walk to see our local bats. Atholl Estates Information Centre, Blair Atholl

Cost: £5 per box.

Atholl Estates Ranger Service.



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August 26th 10.30am-12.30pm FUNGI FORAY

Join expert mycologist Liz Holden for a guided walk to explore the fascinating fungi found at Muir of Dinnet National Nature Reserve. Discover some weird and wonderful facts about the wealth of fungi that makes Dinnet its home. Meet at Burn o' Vat Visitor Centre, Muir of Dinnet

Booking: essential, only 20 places. Tel: Catriona Reid 013398 81667.

Cost: FREE

Please wear comfortable walking shoes/boots and bring waterproofs. All under 18's must be accompanied by an adult

Scottish Natural Heritage

August 26th 10.30am-3.30pm CARN NA CRICHE AND CARN NA DROCHAIDE

A gradual climb by path and rough moorland to the summit of Carn na Criche, then on to the Corbett of Carn na Drochaide with fine views of Glen Quoich and beyond.

Meet at Mar Lodge

Booking: essential - tel: 013397 20164

Cost: £15 adult, £7 child U-16

National Trust for Scotland Ranger Service



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