

## Welcome to Aviemore

Nestled at the heart of Strathspey Aviemore is a vibrant and exciting place to visit.

Aviemore is a great place to make connections and is a real hub for all sorts of outdoor activities.

But turn around and look in any direction and you'll see a backdrop of high mountains, forests and the River Spey. This makes the area around Aviemore a great place for wildlife.

So come and enjoy a walk.



For information on paths, local events, facilities and accommodation visit:

**Visitor Information Centre**  
Aviemore: 01479 810930

Useful web sites:

[www.visitcairngorms.com](http://www.visitcairngorms.com)  
[www.cairngorms.co.uk](http://www.cairngorms.co.uk)  
[www.aviemorecommunitycouncil.org](http://www.aviemorecommunitycouncil.org)  
[www.snh.gov.uk](http://www.snh.gov.uk)

If you enjoyed using the 'Aviemore Paths leaflet' look out for other community paths leaflets to help you explore more of the Park.

Photographs: © John Grierson and Richard Eldridge

Cairngorms Paths

# Aviemore Paths

Explore Aviemore



## Aviemore Paths

Starting in the centre of the village paths lead out of the village with fine views, abundant wildlife and rich local history.

We hope the selection of walks in this leaflet wets your appetite to come back for more.



## A well connected place

Modern day Aviemore is situated between the A9 and the main Highland railway line. Prior to the arrival of the railways, Aviemore was little more than a farm and an inn. This all changed with the arrival of the railways which brought tourists to enjoy the fresh air, high mountains and rivers.

Aviemore has grown to become a major Highland holiday resort and all year round destination with a wide range of winter and summer activities.

As one of the country's top ski areas and most popular summer holiday areas in the Highlands, Aviemore is 'alive' all year round.

The railway also brought changes to the forests of the area – where once logs were floated downstream, they were then loaded onto rail wagons for transport all over the world. The Strathspey Railway continues to preserve this railway heritage and runs steam train from Aviemore though to Broomhill.

Aviemore has come a long way since its early start as a railway junction in the 19th century and the redevelopment of the resort since the start of the Millennium, has seen both residential and visitor numbers rising strongly again.

As a hub for rail, road and river, Aviemore has everything the modern visitor needs.

## Stand fast Craigellachie

Once the battle cry of the Clan Grant Craigellachie is a wildlife haven that echoes with the rousing cries of the Peregrine Falcon and the mewing of buzzards.

A walk to the summit gives you one of the best views in the Park taking in the vast Caledonian pine forest of Rothiemurchus and Glenmore encircled by the deep corries of the northern Cairngorms.





# Aviemore Paths

This leaflet has been developed in partnership with Aviemore and Vicinity Community Council and the Aviemore Business Association.

## Aviemore Orbital

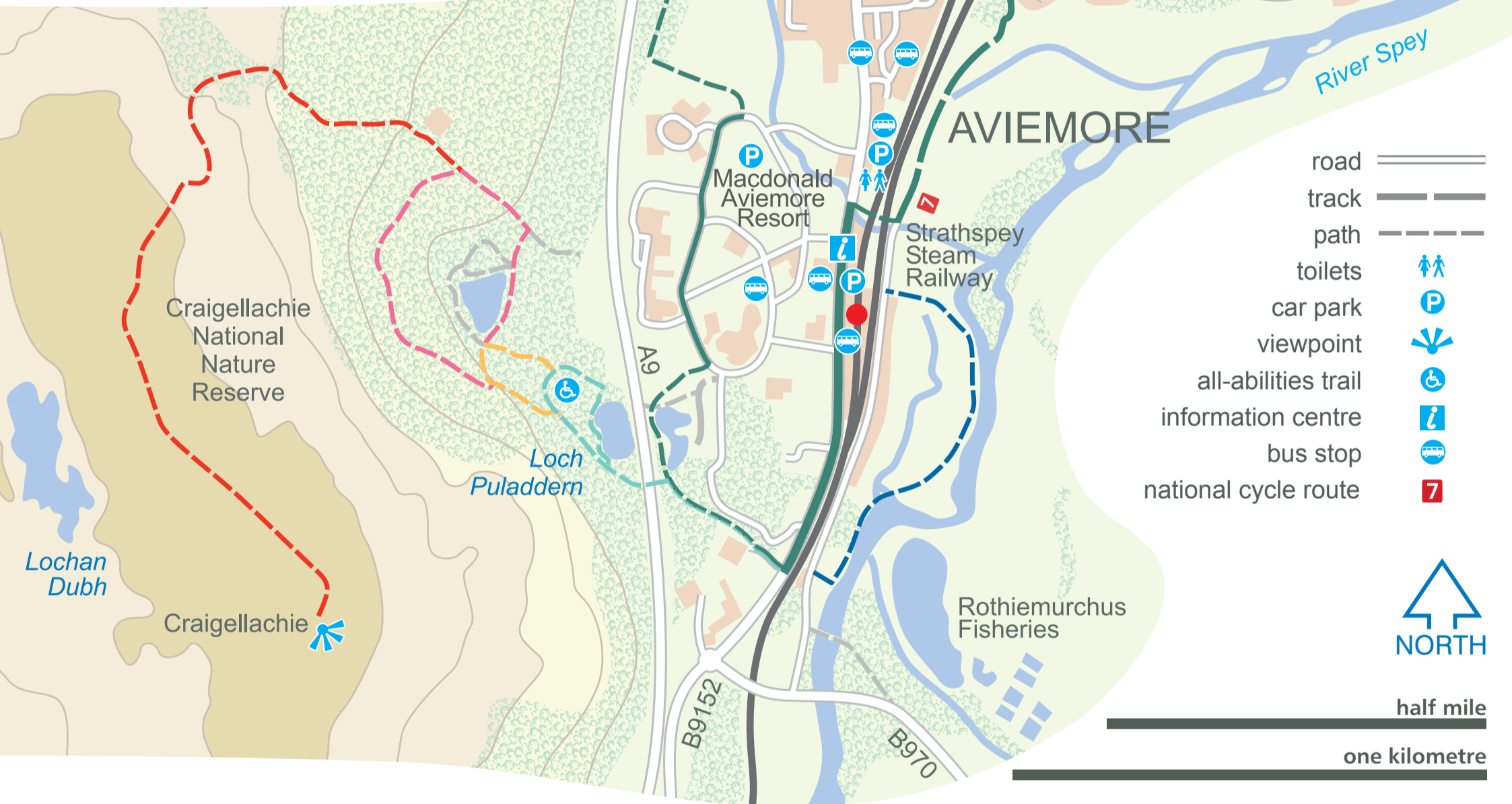
A rich and varied trail taking in Milton Woods and some of Aviemore's hidden heritage.

**Distance:** 3¾ miles (6km)

**Approximate time:** 2 hours

**Start:** Village centre

**Terrain:** Pavements and minor roads, surfaced paths with some steep sections.



## Viewpoint Trail

Climbing high above the woods this trail will take you around the rim of Craigellachie to one of the best views in the Park over Aviemore towards the Northern Corries.

**Distance:** 2¾ miles (4.5km)

**Approximate time:** 2 hours

**Start:** Entrance to the reserve

**Terrain:** Rough uneven path with steep rocky sections.

## Buzzard Trail

Climbing higher along the flanks of Craigellachie this trail give great views down Strathspey and across to Meall a' Bhuachaille before returning by the old reservoir.

**Distance:** 1 mile (1.6km)

**Approximate time:** 30 minutes

**Start:** Entrance to the reserve

**Terrain:** Surfaced path with steep rocky sections.

## Woodland Trail

Taking in the lower part of the reserve the routes weaves its way through birch woods rich with flowers in the spring and summer.

**Distance:** ½ mile (800m)

**Approximate time:** 15 minutes

**Start:** Entrance to the reserve

**Terrain:** Surfaced path with some steep sections.

## Lochan Trail

Starting at the entrance to the National Nature Reserve this short trail takes you around the banks of Loch Puladdern

**Distance:** ½ mile (800m)

**Approximate time:** 15 minutes

**Start:** Entrance to the reserve

**Terrain:** Surfaced path with gentle gradients, suitable for wheel chairs.

## River Spey Trail

A lovely walk alongside the Spey through rich Alder woods. Look out for Goldeneye on the river.

**Distance:** 1 mile (1.6km)

**Approximate time:** 30 minutes

**Start:** The Old Bridge Inn

**Terrain:** Sections of board walk and rough grass paths alongside the river bank.



Based on Ordnance Survey mapping with the permission of the Controller of HMSO. © Crown Copyright 2013. All rights reserved. Ordnance Survey Licence Number 100040965. Map and text ©: CNPA 2013.