



# Junior Ranger Programme

# **Programme Co-ordinators' Toolkit**

How to set up and run a successful Junior Ranger Programme and Award



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SCRA acknowledges the financial assistance and support from SNH in the development of the Junior Ranger Programme.

### Introduction

# The key principles of this unique programme, run by the Scottish Countryside Rangers' Association (SCRA) are that it:

- Is delivered primarily by Countryside Rangers in conjunction with local partners
- Welcomes all young people aged between 11 and 18 to take part in enjoyable, inspirational and relevant outdoor learning experiences
- Provides opportunities to develop transferable understanding, experience and skills of the Ranger profession

The Award is an integral part of any Programme offered locally and is gained by taking part in a series of group activities designed to deliver a number of competencies reflecting the skills and knowledge of those working in the Ranger (or associated) profession. It is important to note that the award is not a compulsory element and that individual Junior Rangers determine themselves whether they want to be entered for the award.

#### To find out more - visit the SCRA website

Scottish Countryside Rangers are clearly at the heart of this Programme and it has been said they '…occupy a very special place in the public's enjoyment and interpretation of Scotland's landscape.' They deliver and support environmental education as well as many other conservation, interpretation, access and maintenance tasks in the countryside. SCRA, Scottish Natural Heritage and all the partners involved in developing this Junior Ranger programme wish to encourage more young people to take an active interest in sustaining their environment. By establishing Junior Ranger groups, we can promote the Ranger profession, provide opportunities for young people to develop practical environmental skills and, most importantly, in an enjoyable way, ensure they become responsible stewards of their planet.

The SCRA Junior Ranger Programme is an outdoor learning programme and award for young people delivered by Countryside Rangers, and others, in Scotland



### 1. Introducing the Junior Ranger Programme

### Who is the Programme aimed at?

- All young people aged between 11 and 18
- Those interested in gaining the SCRA Junior Ranger Award
- Countryside Ranger Services and other outdoor learning providers across Scotland who wish to provide young
  people the opportunity to learn about these professions

# How is the SCRA Junior Ranger Programme different from other environmental activity programmes for young people?

- This is a national programme delivered at a local level
- · Provides direct involvement with a Countryside Ranger Service and other land managers
- Provides a first step on SCRA's professional development journey
- Leads to The Junior Ranger Award which recognises the young person's commitment to their Ranger service and their achieving competencies in a range of tasks
- · Develops skills and knowledge for employment in environmental conservation
- · The participants take ownership of their scheme and its activities
- Those achieving the Award can act as mentors to newer Junior Rangers

### What is the time commitment?

- Junior Ranger schemes will usually take place about once a month, throughout the year, although there might be local variations
- It will take up to 12 months to gain the first level of the Award, for those wishing to participate
- The Award can be taken to a second level once the initial Award is gained

#### What is the Junior Ranger Award and how is it achieved?

- The Junior Ranger Award is a key part of the SCRA Junior Ranger Programme
- As part of a local Junior Ranger scheme young people will take part in a number of outdoor activities over about 12 months
- Each of these activities will reflect one or more competency (see Appendix A)
- · Participants will keep evidence of their involvement in a variety of ways
- These competencies are closely linked to those pursued by Rangers as part of their CPD programme
- The evidence they collect will go towards an assessment
- · The Award will be made on the satisfactory completion of five competencies
- · Some schemes will offer a second level of the Award focussing on leadership

### What is SCRA's role in administrating the Award?

- · General enquiries about the Junior Ranger Programme and Award
- Registering those organisations and Ranger Services wishing to run a Junior Ranger scheme
- Advising if the proposed Programme matches the key principles of the Junior Ranger programme
- Supporting co-ordinators of Junior Ranger Programmes
- · Maintaining records of potential and current JR Programmes (not individual participants)
- Listening to your feedback of your experiences of setting up and running your Junior Ranger Programme
- Keeping the Toolkit and other guidance and support under regular review

#### Junior Ranger Award Scheme Co-ordinator's Toolkit

### 2. Introducing the Toolkit



- This Toolkit is designed to help YOU to find out as much about the SCRA Junior Ranger Programme as possible. SCRA hope that the structure of the Programme and Award will suit a wide range of organisations wishing to provide outdoor learning opportunities for young people.
- The Toolkit will help guide you through the steps needed to set up your local Programme.
- SCRA encourages you to adapt the information in the Toolkit to your own principles and aims.
- This Toolkit should be regarded as a flexible document and will only work with input from the young people themselves please let SCRA know of any changes that would help those setting up a Programme.
- Working in partnership with existing organisations can have the benefit of administrative support and may help simplify applying for funds. Establishing a pro-active network of organisations and groups with a similar ethos will help to maintain focus, overcome challenges and share good practice. See the SCRA website.

# 3. Step by Step – Setting up your Junior Ranger Programme

| Step   | Where to fir                                      | nd out more      |
|--|---|------------------|
| Contact SCRA to register your interest in starting a Programme   | Go to the SCRA webs                               | ite and register |
| The aims of your Programme must reflect the key principles of the SCRA JR programme  | See page 2  |                  |
| Look at Europarc Junior Ranger website   | Europarc website                                  |                  |
| The JR Programme should be part of your organisations aims/policies.<br>Include your manager.  | Your manager                                      |                  |
| The main contact/co-ordinator is:<br>Involved staff/volunteers will be:  | Name and contact de                               | etails here:     |
| A Ranger Service or similar organisation endorsed by SCRA, should deliver<br>a significant part of the Programme and Award.              | Ranger Service partne<br>(if not delivering the I |                  |
| What does the organising group hope to get out of the Programme?   | See co-ordinators dia                             | ary – Appendix H |
| The age range of the participants  |   |                  |
| Number of participants that will be able to take part  |   |                  |
| Where we will recruit from and methods we will use   | See Section 6                                     |                  |
| Where will the JRs meet? Do you have a base or will you use several sites for activities?  |   |                  |
| Information required:<br>Membership form<br>Permissions<br>Parental consent form<br>Photo permission<br>12 month programme of activities | See SCRA website                                  |                  |
| The costs that we need to cover (e.g.):<br>Transport<br>Venue<br>Equipment/uniform<br>Activities<br>Volunteer expenses                   |   |                  |
| We will fund our Programme by:   | See page.21                                       |                  |
| Will there be a cost to the participants?  | Yes/No  | To cover:        |
| What will be in your 'start-up' pack for participants? e.g. item of kit,<br>Award record book, Programme contact names and numbers?      |   |                  |
| How will your Programme be evaluated?  |   |                  |

### 4. How the Award works

### The Junior Ranger Award aims to be:

- · Attractive to young people
- · Achievable by young people of different abilities
- · Workable for Countryside Rangers and those managing a variety of sites and with different work remits
- · Accessible to other professionals who work with young people
- Easily assessed

The assessing of this Competency-based Award is based on pre-set competencies and the gathering of evidence in a variety of ways. In order to show that someone is competent at doing something (the competencies) they have to DO IT. Those aiming for the Award are actively being asked to perform a range of tasks linked to the competencies that make up the Award.

| F  | ull Ranger Award Competencies              | Junior Ranger Award Competencies                             |
|----|--|--|
| S1 | Habitat Management                         | A. Know your site<br>B. Care for your site                   |
| S2 | Management and Project Planning            |  |
| S3 | Recreation and visitor management          | C. Care for visitors   |
| S4 | Ensuring site and ecosystem integrity      | E. Working with others                                       |
| S5 | Outdoor learning and interpretation        | D. Events and interpretation<br>F. Leadership (second level) |
| S6 | Community and other stakeholder engagement | E. Working with others                                       |
| S7 | Delivering training to others              | F. Leadership (second level)                                 |

### The competencies for the SCRA Junior Ranger Award:

Further details in Appendices A and B

- Know your site
- Care for your site
- Care for visitors
- Events and Interpretation
- Working with others
- Leadership (once completed A-E and for those over 14 years old)

### How Junior Ranger Competencies link to the foundation level Ranger CPD

#### Activities and tasks the Junior Rangers might undertake

- During the period of the Programme the activities on offer need to provide opportunities for the participants to undertake a series of "competencies" which once assessed will lead to the Junior Ranger Award. These competencies are linked closely to the Foundation Level Countryside Rangers CPD. (See Table above)
- It is important that all of the activities are accessible to young people of different abilities. Those delivering the Award will need to adapt activities accordingly. This will influence the type and method of evidence collected – written/verbal/graphic.

- Consider bringing in other professionals/organisations, or team up with another Junior Ranger group, to deliver activities you are not set up for: e.g. fire service re emergency responses, orienteering, and historical topics
- See Appendix D for examples of how one programme of activities delivered the necessary competencies
- Consider options available to those turning 18 locally and nationally. Apprenticeships, volunteering, mentoring etc

### **Evidence**

- Can be obtained in a number of ways use what suits the young person best, e.g. verbal, written, graphic, photographic, etc
- Record sheets are available to download from the SCRA website as a means for the Junior Rangers to keep a record of what they do
- The co-ordinator, as well as the participant, may need to keep records of their achieving each competency

### Assessment

- Young person to submit completed record book and portfolio to Programme co-ordinator
- Programme co-ordinator to contact SCRA that they have candidates for assessment
- SCRA to confirm they are accepting applications for assessment and inform how best to send the information to SCRA, provide timescale of when decision will be made
- SCRA Junior Ranger sub-committee/external verifier will consider the material submitted and make a decision within 6 weeks



### 5. Get organised - general factsheets and templates

### The Junior Ranger Programme aims to be:

Before working with a group of young people a working document on Health and Safety must be produced. This can be based on generic examples but must demonstrate that you have checked Health and Safety legislation relevant to working outdoors as well as showing that you will be working within Protection of Vulnerable Groups guidelines. This regularly reviewed, and dated, document needs to be easy to read, well structured and may refer to the source policies from the partner organisations you are working with. Some example templates can be found as downloadable documents on the Junior Ranger pages of the SCRA website. All employing organisations should have their own version of the national guidelines for outdoor excursions.

### **Youth Scotland**

Youth Scotland has a comprehensive suite of templates for policies and procedures relating to working with young people in a safe, inclusive, well managed environment.

Becoming affiliated to Youth Scotland and adhering to these procedures would also bring the benefit of being covered by their insurance policy and keeping up to date with youth work development, funding and a variety of training opportunities. More details can be found on the Youth Scotland website.

#### Aspects of Health & Safety which should be covered by your operational procedures

- 1. Describe your Group/Junior Countryside Ranger, who is **responsible** for running it, how are you **insured**?
- 2. **Staff /helpers** what ratios adult: young person do you work to, are they **CRBS/PVG** checked? Is there induction training?
- 3. **Risk management** and risk benefit assessment who is responsible? What RAs are carried out? Think of the benefits first!
- 4. **First Aid** who is responsible, who arranges training, what kit is carried? Where is the Accident Book kept? http://www.hse.gov.uk/simple-health-safety/
- 5. Accident and Emergency procedure who to contact, who is responsible, what happens to the rest of the group?
- 6. **Cancellation** procedure under what weather conditions, staffing ratio would you cancel. How do you let people know?
- 7. **Toileting** procedure hygiene equipment, staffing role, leave no trace aspirations?
- 8. Parent/carer consent
- 9. Use of photographs/social media permissions and where stored?
- 10. Tool / Fire use ratios, safe practice procedures, PPE requirements, campfire cooking, food hygiene procedures
- 11. Lost Child or Missing Participant Procedure how will you ensure everyone is with you, what will you do if someone is lost? Who carries mobile phone with good signal? How long before dialling 999?
- 12. **Transport** are parents delivering and picking up? If the group decides to use a minibus is the driver qualified MIDAS certified or mature enough not to require it?
- 13. Equal Opportunities statement
- 14. Do not forget to include a signature and annual review date

### 5. General Administration and Good Practice

### **Sessional Operating Procedure**

- 1. What to do before the session -
  - Risk (benefit) assessment of site, activities and participants
  - Register consent forms check, emergency contacts up to date...
  - Staffing ratio allocating roles
  - Equipment check
- 2. What to do during the session ongoing RA, head counts
- 3. After the session head count, transport check, tool check
  - evaluate/review and plan for next session

### **Safeguarding Children Procedure**

- 1. Who is responsible on the day and on behalf of the group?
- 2. What to look for, how to listen to children and what not to say
- 3. What to report in the event of concerns
- 4. What happens if staff or helpers are accused?

### **Confidentiality Policy**

- 1. Who/where are records and registers stored
- 2. What information is carried taken out on site during sessions?

### **Behaviour / Anti-Bullying Policy**

This is a good one for all participants to get involved in - the young people themselves setting their Code of Conduct, Behaviour Boundaries, Rules.

### Importance of good Communication

A draft Communication Plan has been drawn up with the setting up and running of Junior Ranger scheme in mind. It can be found on the Junior Ranger pages of the SCRA website.

### **Good practice**

Examples of how the pilot Ranger Services approached the running of their Programme can be found on the Junior Ranger pages of the SCRA website. More will be uploaded as they become available.



| 5 Running our scheme – checkli  | st  |
|---|---|
| We shall arrange a programme of activities over 6-12 months, preferably in conjunction with some of the participants covering all the main competencies.  | Example Programme Appendix D<br>Appendices A,B  |
| We shall set up the best means of communicating with - Junior Rangers, Volunteers, Parents, and Partners. This may include several methods.   |   |
| The following can be involved in delivering the activities and organising our<br>Programme:<br>Ranger Service Staff<br>Co-ordinators, Volunteers, Parents<br>Partners e.g.  |   |
| We need transport for:  |   |
| Records we need to keep: e.g.<br>Attendance/register, permission forms, risk/benefit assessments, activity<br>programme, successes, suggestions for changes, costs/income, accident<br>reporting, evidence for competencies covered, planning sheet for each<br>meeting | Examples on SCRA Website  |
| What back-up do we have if the co-ordinator leaves or is off work?  |   |
| We need to determine who is going to partake in the award   |   |
| We need to provide a means of encouraging regular feedback from the JRs and posting of photos on own Facebook or SCRA Blog.   |   |
| How can our JR scheme link with other Awards?   | See page 22, Appendix G   |
| What's on offer to our JRs reaching 18?   |   |
| Do we have an equalities and diversity action plan? Is your JR Programme written into your employer's management/business/development plan?   |   |
| We shall monitor our Programme and evaluate its success   | Co-ordinator's diary and evaluation<br>forms for participants and<br>coordinators<br>Appendices H&J |
| We shall help the participants keep portfolios and records of their activities and achievements   | Personal Record books –<br>see Appendix C<br>Individual portfolios of evidence                      |
| We shall evaluate the Programme to see if it is meeting the aims of the SCRA.   |   |

### 6. Recruiting and retaining young people and volunteers

### **Recruiting young people**

Maintaining the interest of young people after the age of 11 is quite a challenge and, for it to be successful, you need to have a large enough group of enthusiastic participants to sustain core attendance. Varied strategies need to be deployed to ensure a sense of ownership.

- Do you have a club or group of younger children who might want to stay on?
- Make the most of any teacher/school contacts you have and ask them directly if they have pupils who would benefit and enjoy a Junior Ranger group
- Link up with the local youth group, Wildlife Explorers, RSPB Phoenix, Young Archaeologists' Club for specific projects, then build on the relationships created and new networks identified
- Use the young peoples' IT skills to set up safe social networking
- Highlight the Award and the contribution that being involved in a Junior Ranger scheme could make to other Awards they are pursuing.
- Young people themselves will be the best sales persons have the older members of your group visit the local primary school to encourage new recruits through joint ECO school , nature club, outdoor learning activities
- Link in with transition activities Primary 7 Secondary 1 and short S2 cross curricular courses, activity weeks, ECO school groups



### Retaining young people

- Encourage young people to plan a varied programme of activities including the options of outdoor recreation, camping, bushcraft...
- Gauge the frequency of sessions and meetings carefully
- Keep in touch with what the participants enjoy most and ensure there are opportunities for flexibility and choice during sessions
- Establish a mentoring system, using Junior Rangers doing the leadership competency

### **Recruiting and retaining volunteers**

- Your volunteers need to be interested in and enjoy working with young people and capable of inspiring others in their fields. It is a challenge for all organisations to sustain volunteer support and many strategies need to be used to encourage people to give their time freely. Relying on parent helpers can sometimes work when the group are younger but once they reach secondary school it is not something the young people would choose. Here are some handy hints.
- Invite voluntary Rangers or young people that have had previous involvement with your Service to lead, recruit and assist
- Contact your local volunteer centre see the Volunteer Scotland website
- Explore and maintain links with individuals in wider networks
  - school integrated learning communities on a local level
  - regional biodiversity officers
  - Other Countryside Rangers
  - Biological recording groups
  - National organisations RSPB, Scottish Wildlife Trust, Greenspace networks, OWLS (FEI as was), Scottish Natural Heritage, Scottish Environmental Protection Agency, youth development workers
- · Identify a publicity person with skills, make links with local media
- Use safe social networking to recruit and share challenges and successes
- Keep communications positive, pertinent and persuasive, listen to what is not said as well as what is spoken
- · Encourage a wide variety of visiting experts to share their skills
- Have a large enough pool of leaders to ensure rota turns are few know when to let folk step back for a spell
- Gauge the frequency of meetings and sessions sensitively
- Ensure allocated adult roles are appropriate to levels of enthusiasm, experience, confidence and interest



## Appendices

Forms in this section may be photocopied as required.

- A Competencies A-E for initial Junior Ranger Award
- B Competency F next level Award
- C Competency record sheet
- D Example programme with suggested competencies
- E Connecting with the Curriculum for Excellence
- F Support for your Programme partners and funding
- G Links with other Awards
- H Co-ordinator's diary and evaluation
- J Participant's evaluation form
- K Feedback as you go



## Appendix A Competencies for first level Junior Ranger Award

- Competencies A–E are compulsory for everyone doing the Award
- Competency F is available to those aged 14-18 once they have gained the initial Junior Ranger Award (see Appendix B)
- The activities and tasks are only suggestions each Programme may develop their own range of activities to cover the competencies
- Evidence can be collected in a number of ways, as best suits the candidate (for example using images, or the SCRA Record Book)
- Assessment will be carried out based on the evidence recorded by both the candidate and Programme coordinator
- All evidence will need to be submitted to SCRA for final assessment/verification



|    | Competencies  |      | ample activities/<br>behaviours  | Example<br>task   | Example<br>Evidence  |
|----|---|------|--|---|--|
| А  | Know your site  |      |  |   |  |
| A1 | Develop knowledge of key<br>features of your site                   | A1.1 | Research the key<br>features of your site<br>e.g. old/new maps,<br>books, web, audio etc | Survey<br>e.g. wildlife /habitat /<br>archaeology /visitors etc<br>Take part in a 'citizen<br>science' activity | Map of features or<br>display /leaflet or<br>verbal feedback<br>or new survey<br>recording sheet |
| A2 | Conduct a site survey   | A2.1 | Correctly identify<br>species /features /<br>issues                                      | ,   | Completed survey recording sheets  |
|    |   | A2.2 | Accurately use a recording technique   |   |  |
| В  | Care for your site  |      |  |   |  |
| B1 | Carry out a practical task  | B1.1 | Practical management<br>technique(s)   | Practical task<br>e.g. habitat management,<br>footpath maintenance<br>and repair, archaeology                   | Observation with checklist   |
|    |   | B1.2 | Appropriate and safe use of tools  |   |  |
| С  | Care for visitors   |      |  |   |  |
| C1 | Show an understanding of<br>local access issues<br>(including SOAC) | C1.1 | Correctly advise on<br>a local access issue,<br>based on SOAC                            | Give verbal advice for different scenarios  | Observation  |
| C2 | Use of basic navigation<br>skills                                   | C2.1 | Navigate successfully in the outdoors  | Complete a wayfaring /<br>orientation course  | Completed<br>course and/or<br>documentary<br>evidence e.g.<br>certificate                        |
| C3 | Assist in dealing with an   | C3.1 | Care of self and others  | First Aid 'incident'  | Observation or First   |
|    | emergency situation,<br>including basic First Aid                   |      |  |   | Aid qualification  |
|    |   |      | Identify sources<br>of further help/<br>emergency services                               |   |  |
| D  | Events and Interpretation   |      |  |   |  |
| D1 | Assist in a CRS activity/<br>event/display for the<br>public        | D1.1 | Carry out duties, as requested   | Activity/event<br>e.g. helping people,<br>publicity, display, web etc   | Observation  |
|    | public  | D1.2 | Use relevant<br>and positive<br>communication skills/<br>techniques                      |   | Observation with checklist   |
| E  | Working with others   |      |  |   |  |
| E1 | Create positive working relationships with others                   |      |  | •••   | Observation with checklist   |
|    |   | E1.2 | Show that you listen   |   |  |
|    |   | E1.3 | Acknowledge others contribution  |   |  |
|    |   | E1.4 | Be reliable  |   |  |
|    |   | E1.5 | Treat all colleagues and<br>members of the public<br>equally                             |   |  |

### Appendix B Competency F

| Competencies |   | Example activities/<br>behaviours |  |  |                                       |                            |  |  |  |
|--------------|---|-----------------------------------|--|--|---------------------------------------|----------------------------|--|--|--|
| F            | Leadership<br>This competency is only available to those aged 14-18 once they have gained the initial Junior Ranger Award |                                   |  |  |                                       |                            |  |  |  |
| F1           | Apply effective<br>leadership skills  | F1.1<br>F1.2                      | Manage resources safely<br>and effectively<br>Give clear instructions                          |  | activity/task or part of an checklist | Observation with checklist |  |  |  |
|              |   | F1.3                              | Focus on positive<br>experience for group more<br>than self                                    |  |                                       |                            |  |  |  |
|              |   | F1.4                              | Identify what worked<br>well and what could be<br>improved for self, as leader<br>and activity |  |                                       |                            |  |  |  |

### In order to complete Competency F, Junior Rangers need to demonstrate the following

### F1.1 Manage resources safely and effectively

- Plan the task in terms of time, transport, tools, costs, staff, ratios, RA's, advertising, booking, weather
- Talk with teacher/Group leader before visit to know their outcomes/expectations
- Introduce the task to those who are involved (teachers/other staff members/helpers) and give a brief outline of your expectations

### F1.2 Give clear instructions

- Explain task clearly
- Ensure the whole group can hear you consider location of introductory talk, wind, sunshine etc
- Give tools talk where necessary
- Eye contact
- Give opportunity for questions
- Give explanations where necessary
- · Give pitch relevant to group/abilities

### F1.3 Focus on positive experience for group more than self

- Smile! Be happy!
- Be approachable
- · Consider the varied interests and ages of the group and ensure all are covered where possible
- Consider what they would like to get out of the visit just being outdoors/working with tools/learning about wildlife all?
- Be prepared to change tack if group don't seem interested have something else up your sleeve
- Have a plan B! What would you do if it was too windy, raining etc?
- Get feedback

#### F1.4 Identify what worked well and what could be improved for self, as leader and activity

- Complete task evaluation form and look at the feedback
- Assess what worked and what didn't and why, what could be changed for future tasks in terms of group dynamics, leadership, task, site location etc

# Appendix C Competency Record Sheet (example)

Participant Name

Competency being assessed (Please give name and code)

Evidence that competence has been achieved

| Signed: | Date: |
|---------|-------|
| Signed: | Date: |
| Signed: | Date: |

# Appendix D Junior Ranger programme (example with suggested competencies)

| Session | Activity                               | Competency     |
|---------|--|----------------|
| 1       | Big Garden Bird Watch                  | A1, A2, E1     |
| 2       | Joint JR session at Barns Ness, Dunbar | B1, E1         |
| 3       | Badger Survey                          | A1, A2, E1     |
| 4       | Bench work                             | B1, E1         |
| 5       | Practical conservation work            | B1, E1         |
| 6       | Assist at RSPB Bird Fair               | D1, E1         |
| 7       | Guiding                                | C1, C2, D1, E1 |
| 8       | Bumblebee Survey/Citizen Science       | A1, A2, E1     |
| 9       | Practical conservation work            | B1, E1         |
| 10      | Balsam Bashing                         | B1, E1         |
| 11      | Seasonal challenge - orienteering?     | A1, C1, C2     |
| 12      | Fun with fungi                         | A1, C1, C2     |
| 13      | Bonfire and sausage sizzle             | B1, E1         |
| 14      | Christmas crafts                       | E1             |



## Appendix E Connecting in with the Curriculum for Excellence

This is the school curriculum the majority of 3–18 year olds follow in Scotland. The purpose of the Curriculum is summarised in the diagram on page 20, in which the four capacities are linked with various elements of the Junior Ranger programme. The Curriculum aims to ensure that all children and young people in Scotland develop the knowledge, skills and attributes they will need if they are to flourish in life, learning and work, now and in the future.

The Education Scotland website link provides details of how the Curriculum works and all the set "experiences and outcomes" in each subject area. If you are involved with schools in any way this is well worth looking at. Of particular value are two sections of 'Outdoor Learning: Practical guidance, ideas and support for teachers and practitioners in Scotland' Section 5 Places to Learn Outdoors: Using the Local Area and Section 8 CPD Framework and Planning Tools.

There is a strong commitment from Education Scotland for "Community Learning and Development" which emphasises the positive impact on the community and all the stakeholders within it of all ages working together and building community capacity by doing so. Junior Rangers could be an important cog in the mechanics of this process by volunteering within the community, being appreciated as responsible citizens.

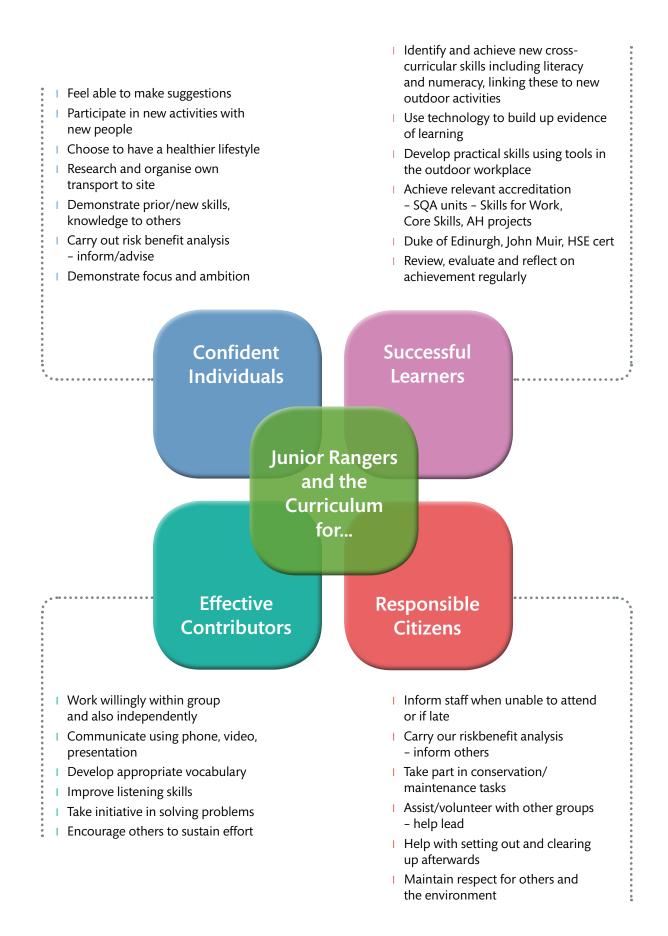
Feedback from several school staff involved in the pilot Junior Ranger Programmes indicates there is strong interest in schools offering a scheme in conjunction with their local Ranger Service. Teachers (and hopefully pupils too) have scope to decide what to study. Schools are being encouraged to do their own thing, using people and places in their local area, or the individual interests of classes and pupils to choose topics to focus on. The idea is that this will make lessons more relevant and therefore more rewarding for children.

One of the three key areas for learning is "Health and wellbeing" in which some elements of the Junior Ranger Programme can help young people:

- develop the knowledge and understanding, skills, capabilities and attributes which they need for mental, emotional, social and physical wellbeing now and in the future.
- make informed decisions in order to improve their mental, emotional, social and physical wellbeing
- experience challenge and enjoyment
- · experience positive aspects of healthy living and activity for themselves
- apply their mental, emotional, social and physical skills to pursue a healthy lifestyle
- establish a pattern of health and wellbeing which will be sustained into adult life, and which will help to promote the health and wellbeing of the next generation of Scottish children

Other subject areas that overlap with some of the competencies of the Award include – science, social sciences, technology and technologies.





## Appendix F Support for your scheme – partners and funding

### Costs involved with setting up and running your Programme

### The Pilot Programmes spent available money on:

- Transport (e.g. hire of minibus)
- Activities/professional services
- Sharing events with other pilot JR groups
- Refreshments
- Tools and Equipment
- · Promotion and Publicity
- Uniform/badges
- Contingency @ 10%

#### Income

If it is necessary, funding your Junior Ranger Programme can be approached in a variety of ways.

- 1. Participants can raise funds themselves or pay an annual fee to cover costs. One of the Pilot Projects charged a joining fee of £25 per participant. Positive media coverage and partnership funding applications are useful introductory tools when asking for support.
- 2. Locally targeted sources
  - · businesses needing/seeking green credentials
  - · businesses with links to outdoor pursuits, wildlife tourism
  - · local authority specific environmental fund
  - Youth project fund councillors' discretionary budget (though this may change with present Scottish Government)
  - Partnership placements for young people (vulnerable 16-19 year olds) who are eligible for Activity Agreements http://www.scotland.gov.uk/Topics/Education/edandtrainingforyoungple/16pluslc/activityagreements

#### Some National funding information and sources, correct as of March 2015

http://www.youthscotland.org.uk/news/funding-news.htm http://www.Awardsforall.org.uk/scotland/ http://www.hlf.org.uk/howtoapply/Pages/starthere.aspx http://www.biglotteryfund.org.uk/ http://www.forestry.gov.uk/forestry/INFD-7EPEED http://ccf.keepscotlandbeautiful.org/howtoapply.aspx http://www.snh.gov.uk/

#### **Pilot Projct Contacts**

For up to date contacts witht the pilot programmes, see the Junior Ranger Section of the SCRA website.

## Appendix G Links with other Awards

The new skills young people involved in Junior Ranger groups can gain include soft skills, developing social and personal confidence in different situations, being able to pass on their environmental knowledge, share experiences, achieve Awards and new leadership goals all of which meet Curriculum for Excellence priorities and add depth to CVs. For up to date information on all potential Awards and accreditation, access the Awards Network website, www.awardsnetwork.org



The Europarc Federation's Junior Ranger programme is a great way of making connections with Junior Rangers in protected areas across Europe. An annual camp, hosted by one of its members, is an unmissable opportunity for young people to get together, have fun, and learn about Europe's biodiversity. Europarc also facilitates twinning of Junior Ranger groups. www. europarc.org/nature/young-people/junior-ranger-programme Europarc Junior Ranger Facebook

\*ASDAN = Award Scheme Development and Accreditation Network - no longer seen as a relevant name.

# Appendix H Co-ordinator's Suggested Evaluation Form

### Scottish Countryside Rangers' Association Junior Ranger Programme

Your name

Your Job Title

Role

Ranger Service/Co-ordinating group

Junior Ranger Scheme start and finish dates

Please take the time to complete this form as fully as possible: your feedback will provide evidence of Junior Ranger Programme outcomes and help SCRA improve the quality of the Junior Ranger programme.

| 1. Please tell us the extent to which you have observed changes in the Junior Rangers' abilities in the following areas: |   |                         |                    |              |                    |                         |  |
|--|---|-------------------------|--------------------|--------------|--------------------|-------------------------|--|
| Ability  |   | Significant<br>increase | Slight<br>increase | No<br>change | Slight<br>decrease | Significant<br>decrease |  |
| а  | Passing on knowledge of their site                                  |                         |                    |              |                    |                         |  |
| b  | Using a recording technique   |                         |                    |              |                    |                         |  |
| с  | Carrying out of practical tasks                                     |                         |                    |              |                    |                         |  |
| d  | Advising on The Scottish Outdoor Access<br>Code (SOAC)              |                         |                    |              |                    |                         |  |
| е  | Navigating successfully out of doors                                |                         |                    |              |                    |                         |  |
| f  | Assisting in dealing with an emergency                              |                         |                    |              |                    |                         |  |
| g  | Using appropriate means of communication with the public and others |                         |                    |              |                    |                         |  |
| h  | Being polite and helpful  |                         |                    |              |                    |                         |  |
| i  | Applying effective leadership skills                                |                         |                    |              |                    |                         |  |

| 2. Please tell us to what extent you have observed changes in the Junior Rangers' attitudes and awareness in the following areas: |  |                         |                    |              |                    |                         |  |  |
|---|--|-------------------------|--------------------|--------------|--------------------|-------------------------|--|--|
| Ability   |  | Significant<br>increase | Slight<br>increase | No<br>change | Slight<br>decrease | Significant<br>decrease |  |  |
| a   | Awareness of their skills and strengths              |                         |                    |              |                    |                         |  |  |
| b   | Awareness of the areas in which they need to develop |                         |                    |              |                    |                         |  |  |
| С   | Belief in their ability to reach their goals         |                         |                    |              |                    |                         |  |  |
| d   | Determination to achieve their goals                 |                         |                    |              |                    |                         |  |  |
| e   | Willingness to try new experiences                   |                         |                    |              |                    |                         |  |  |

# 3. Learning about the natural and cultural environment. Please say how much you agree with the following statements. The Junior Rangers have learned about:

| Subjec | t   | Strongly<br>agree | Agree | Not sure | Disagree | Strongly<br>disagree |
|--------|---|-------------------|-------|----------|----------|----------------------|
| a      | The key features of their site  |                   |       |          |          |                      |
| b      | Local wildlife – flora and fauna  |                   |       |          |          |                      |
| с      | The effect humans have on the natural and cultural environment          |                   |       |          |          |                      |
| d      | How to act responsibly when spending time out of doors                  |                   |       |          |          |                      |
| е      | The Scottish Outdoor Access Code (SOAC)                                 |                   |       |          |          |                      |
| f      | The importance of sharing knowledge and skills through working together |                   |       |          |          |                      |

4. Please describe any outcomes you observed that you didn't expect (positive or negative)

### 5. How do you think the Award could be improved?

6. How have you benefitted from being part of the Junior Ranger Programme, either personally or professionally?

7. Which elements of your involvement (if any) have contributed to your continual professional development? Please state any qualifications this applies to.

Many thanks for your feedback. Please provide your contact details if we do not already have them.

### Appendix H Junior Ranger Award Co-ordinator's Diary

Please complete this 'diary' as a record of your involvement in the SCRA Junior Ranger Award Programme – your feedback will help steer how this is managed and delivered. This 'diary' forms part of the monitoring and evaluation of the programme.

This may also be valuable as evidence for any Career-Long Professional learning (or Continuing Professional Development) you are doing. It has been designed to be helpful and to support you through each stage of your Junior Ranger Programme. There are three parts to the diary, one part to be submitted before, during and after – either as one group of Junior Rangers completes the Award or every 12 months.

Please look at the format of the diary before you start so that you can be thinking about what is required and working towards this as you go along. You may also be invited to take part in online discussions as part of this process

Please outline the professional dialogue you have had with your line manager regarding the Junior Ranger Programme. You should discuss how your involvement has impacted on you and your practice, the impact on your young people and any impact on colleagues and volunteers.

| Applicant's signature:    | Date: |
|---------------------------|-------|
| Line manager's signature: | Date: |

|  | -ordinator's Diary Part 1: BEFORE<br>ou are starting a Junior Ranger Scheme within your organisation |  |
|--|--|--|
| Your name  |  |  |
| Organisation   |  |  |
| Email Address  |  |  |
| Start date of programme of activities  |  |  |
| Age range of participants  |  |  |
| Number of participants (JRs)   |  |  |
| How many are doing the JR Award?   |  |  |
| Number of leaders/volunteers   |  |  |
| What are your organisation's aims and c  | bjectives for taking part?   |  |
| What are your personal aims and object   | tives  |  |
| SCRA has outlined several key principles young people from taking part in the JR | s which all schemes should adhere to. What is your intended impact on your scheme?                   |  |
| What have you had to do differently fro  | m your 'normal' duties to set up with JR scheme?   |  |
| Do you feel prepared?  |  |  |
| What concerns or issues do you have and how you will try to overcome them?       |  |  |
| Who can help?  |  |  |

Please complete and return this to SCRA juniorrangers@scra-online.co.uk

### Next step

You will be asked to consider any impact your involvement with this project has had on your colleagues/peers, as well as yourself and your Junior Rangers. Consider if you need to gather any information on this at this stage and how you will do this.

| Junior Ranger Award Co-ordinator's Diary Part 2: DUF   |        |
|--|--------|
|  | MNIC . |
| juilloi Raligel Awalu Co-olullatol 5 Dialy Falt 2. Dor | DVIII  |

Complete this 6 MONTHS AFTER starting your Junior Ranger Scheme

| complete and o more than a factor and four family concerne  |  |  |
|---|--|--|
| Your name   |  |  |
| Organisation  |  |  |
| Email Address   |  |  |
| Start date of programme of activities   |  |  |
| Age range of participants   |  |  |
| Number of participants (JRs)  |  |  |
| How many are doing the JR Award?  |  |  |
| Number of leaders/volunteers  |  |  |
| Have you needed to involve any additional staff members/volunteers in planning or delivering your JR scheme?<br>If so, who? |  |  |
| Did you involve anyone from outwith your Ranger Service in planning or delivering your JR scheme? If so, who?               |  |  |
| Please tell us about anything unexpected/unplanned that happened;   |  |  |
| What changes have there been to your programme of activities?   |  |  |
| Have any participants dropped out or joined the scheme since the start?   |  |  |
| Have you been able to stick to the key principles? If not, why not?   |  |  |
| Tell us about anything surprising:  |  |  |

Please email photographs of the JRs and/or their work, if possible. We will not use these outwith SCRA without your permission.

Please feel free to make any additional comments you wish.

Please complete and return this to SCRA juniorrangers@scra-online.co.uk

### Next step

Do you have a date in mind for sending SCRA the evidence required for awarding the JR Award?

| Your name  |   |
|--|---|
| Organisation   |   |
| Email Address  |   |
| Start date of programme of activities  |   |
| Age range of participants  |   |
| Number of participants (JRs)   |   |
| How many are doing the JR Award?   |   |
| Number of leaders/volunteers   |   |
| AIMS - OBJECTIVES - OUTCOMES<br>Have your own and your organisation's                  | aims and objectives been achieved?  |
| lf not – why?  |   |
| Please describe any outcomes you obse  | rved that you didn't expect (positive or negative)                              |
| IMPROVEMENTS/CHANGES<br>How do you think the Award could be in                         | nproved?  |
| Is there anything SCRA could have helpe  | ed you with?  |
| IMPACTS OF YOUR JUNIOR RANGER SC   |   |
| Which elements (if any) of your involver<br>Please state any qualifications this appli | nent have contributed to your own continual professional development?<br>es to. |
| How have you benefitted personally?  |   |
| What has been the main impact(s) on yo   | our young people from taking part in the JR Programme?                          |
| What have been the main impacts on yo  | our colleagues and volunteers as a result of taking part?                       |
|  |   |

Many thanks for your feedback. Please complete and return this to SCRA juniorrangers@scra-online.co.uk

# Appendix J Participant's Evaluation Form

We hope you have enjoyed taking part in this Junior Ranger Programme of activities. We would like to find out what you've learned, what you've enjoyed and hear your suggestions for any changes to the way the Programe and Award are run.

| Your name  |          |         |   |          |          |   |
|--|----------|---------|---|----------|----------|---|
| Ranger Service / Co-ordinating Gr  | oup      |         |   |          |          |   |
| Junior Ranger Scheme start and fi  | nish dat | :es     |   |          |          |   |
| Your age and gender  |          |         |   |          |          |   |
| 1. On a scale of 1–5 (1 being no d<br>Ranger Programme, you have not                       |          |         |   | differer | nce) ple | ase tell us if, since taking part in this Junior                  |
| Competency   | 1        | 2       | 3 | 4        | 5        | Please describe your most memorable experience in this competency |
| Your knowledge of your 'site'  |          |         |   |          |          |   |
| How you care for your site   |          |         |   |          |          |   |
| How you have cared for visitors  |          |         |   |          |          |   |
| Your involvement in events and interpretation  |          |         |   |          |          |   |
| Your working with others   |          |         |   |          |          |   |
| 2. Please tell us how you have benefitted from taking part in your Junior Ranger Programme |          |         |   |          |          |   |
| 3. How important was gaining the   | Award    | to you? | ? |          |          |   |

Many thanks for your feedback.

# Appendix K Junior Ranger Co-ordinator's Feedback

Your feedback will help make the Junior Ranger Programme and Award even better!

Please scribble down your thoughts on the Junior Ranger Programme and Award and send to SCRA every now and then!

| The Junior Ranger Programme and Award in general     |
|--|
|  |
| The Tookit   |
|  |
| Delivering and recording the competencies            |
|  |
| Factsheets and templates                             |
|  |
| Recruiting and retaining young people and volunteers |
|  |
| Links with other Awards                              |
|  |
| Support for your scheme – partners and funding       |
|  |
| Evaluation process                                   |
|  |
|  |

### Notes

# Notes

# Notes

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