



EAP Meeting

Held virtually on Tuesday 26th August – 5.00pm – 6.00pm

Present:

Anita Howard

Becca Mayo

Hannah Grist (Chair)

Heather Earnshaw

Iffat Shahnaz

Josie Slade (CNPA)

Kate Christie (CNPA)

Katherine Willing (CNPA)

Keith Turner

Kevin Hutchens

Linda Bamford

Micah Daigeaun

Oliver Davies (CNPA)

Shreoshi Das

Stuart Hall

Vanessa Kind

Apologies

Kate Dowding

Lilliana Corrieri

Lina Payne

1. Item one: Welcome

- Hannah welcomed everyone to the meeting.

2. Item two: Review of Minutes of June 2025 Meeting

- The June meeting minutes were agreed with no amendments. Participants were made aware that comments on item three of the June meeting could still be accepted.

3. Item three: Lived Experience Group led by Talat Yaqoob and Iffat Shahnaz supported by Oliver Davies and Josie Slade.

Abbreviations for later LEG = Lived Experience Group

- Talat and Iffat introduced the topic and gave a presentation on their work with lived experience groups. The presentation slides will be circulated to the panel members.
- The panel thanked Talat and Iffat for their presentation.



- The panel asked whether there will be opportunities for the lived experience group to attend consultations or planning events. Those presenting the topic explained this would need to be done in discussion with the lived experience group to ensure they had capacity as well as identify any support needs to ensure that the events were accessible to the group. Those presenting also explained that lived experience groups are usually commissioned for a time constricted period.
 - The panel suggested looking at other groups who may be interested in forming lived experience groups, such as, people with low levels of literacy, those on low incomes and care experienced people. The panel suggested looking at some initiatives such as Moray Action on Poverty and the YMCA's work with care leavers.
 - Some panel members suggested linking with this work by increasing representation on the panel and finding individuals to be champions.
 - Skeleton lived experience group for black and ethnic minority. If a lived experience group exists, how could this work with the EAP.
 - The panel asked whether there had been an impact on participation and group retention due to increased hate speech. The presenters felt this demonstrated the importance of shared guidelines to ensure that individuals feel equal and trust is built.
 - The panel suggested reviewing how they currently work and looking at how they can incorporate the lived experience group. Suggestions included publishing the topics for the year to allow for key research questions to be circulated to the relevant lived experience panel.
 - Some panel members reflected it would be helpful to link with lived experience groups to be able to hear their voices and take their opinions forward to the panel. Those presenting the item stated that when you involve a lived experience group the first few months should just be listening to the group.
 - Hannah suggested that the panel may wish to come back to this in the future.
4. AOBS
- The panel asked for an update on the away day. The intention is to do an away day in March 2026.
 - There was a request to review the action log. As the meeting had run over it was agreed to record in the minutes that the action log would be reviewed at the next meeting.

End of meeting

Next meeting 30 September 2025