



# Cairngorms National Park Core Paths Plan Developing Active Places

Adopted by the Cairngorms National Park Authority March 2015

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#### **Foreword**

The National Geographic Magazine called the Cairngorms National Park one of the 50 greatest places on earth. The Park is blessed with arctic alpine mountains, wide straths, the magnificent Caledonian pine forest and beautiful rivers and lochs. Space, tranquility, nature, open skies and seasonal change are found here and can help people cope with their busy, stressful lives. The National Park is a shining jewel in Scotland's crown and is a special place to love and a fantastic place to visit.

Accessibility for all is the main reason why this superb landscape is much loved and stirs the emotions of so many people. The Core Paths Plan identifies the most important and well used paths throughout the Park and forms the backbone of our outdoor access network.

Through Active Cairngorms, the physical activity and outdoor access strategy for the National Park, our goal is to get residents and visitors using the Park for physical activity one a day. Our Core Paths Plan helps to create active places to make this goal a reality. We aim to make it easier and safer for people to move around the Park whatever their age, ability or background; to be more physically active, to learn about, care for and appreciate wildlife and culture in the National Park.

Core paths can make a difference to everyone who lives in the Cairngorms National Park or enjoys visiting the area. We want people to walk or cycle to school and work safely and for visitors to have an outdoor experience in the Cairngorms that is second to none. I believe our work in developing core paths can influence changes in behaviour that can last a lifetime and help more people live longer and with healthier lifestyles.

Enjoy the outdoors!

Duncan Bryden, Convener Cairngorms National Park Authority board



#### **Facal-toisich**

Thuirt an iris National Geographic gur e Pàirc Nàiseanta a' Mhonaidh Ruaidh aon de 50 àite a b' fheàrr air an t-saoghal. Tha beanntan arctic alpine sa Phàirc, srathan farsaing, a' choille ghiuthais Chailleannach, aibhnichean bòidheach agus lochan. Tha farsaingeachd, sìth-thàimh, nàdar, adhar fosgailte agus atharrachadh nan ràithean rim faotainn ann an seo agus is urrainn dhan seo daoine a chuideachadh leis a' bheatha thrang làn uallaich a tha aca. 'S e neamhnaid dheàlrach ann an crùn na h-Alba a tha sa Phàirc Nàiseanta agus is e àite sònraichte a tha ann airson a bhith a' fuireach ann agus àite mìorbhaileach tadhal air.

Is e ruigsinneachd do na h-uile am prìomh adhbhar a tha daoine cho dèidheil air an t-sealladh tìre iongantach seo a bhios a' brosnachadh aignidhean mhòran. Tha am Plana Prìomh Shlighean a' sònrachadh nan slighean as cudromaich agus as trice a bhithear a' cleachdadh air feadh na Pàirce agus a tha mar chnàimh-droma ar lìonra air a' bhlàr a-muigh.

Tro Monadh Ruadh Gnìomhach, an ro-innleachd cur-seachadan corporra agus cothrom ruigsinn air a' bhlàr a-muigh airson na Pàirc Nàiseanta, is e ar n-amas luchd-còmhnaidh agus luchd-tadhail a thàladh gu bhith a' cleachdadh na Pàirc airson cur-seachad corporra aon uair san latha. Tha ar Plana Prìomh Shlighean a' cuideachadh gu bhith a' cruthachadh àitean inntinneach gus an amas seo a thoirt gu buil. Tha sinn ag amas a bhith ga dhèanamh nas fhasa agus nas sàbhailte do dhaoine a bhith a' gluasad mun cuairt na Pàirc ge bith dè an aois a tha iad no cò às a tha iad; a bhith nas gnìomhaich, a bhith ag ionnsachadh mu dheidhinn, agus cùram agus ùidh a ghabhail san fhiadhbheatha agus sa chultar a tha sa Phàirc Nàiseanta.

Is urrainn do na Prìomh Shlighean eadar-dhealachadh a dhèanamh do na h-uile a tha a' fuireach ann am Pàirc Nàiseanta a' Mhonaidh Ruaidh no ris am bi e a' còrdadh a bhith a' tadhal air an sgìre. Tha sinn airson 's gum bi daoine a' coiseachd no a' dol air baidhsagal chun na sgoile no chun obair gu sàbhailte agus do luchd-tadhail fèin fhiosrachadh den bhlàr a-muigh a bhith aca sa Mhonadh Ruadh nas fheàrr na gheibheadh iad an àite sam bith eile. Tha mi dhan bheachd gun urrainn an obair a tha sinn a' dèanamh ann a bhith a' leasachadh prìomh shlighean, buaidh a thoirt air dòigh giùlain dhaoine a mhaireas fad am beatha agus a chuidicheas daoine a bhith beò nas fhaide agus le stoidhlean beatha nas fhallainn.

An dòchas gun còrd e ribh a bhith air a' bhlàr a-muigh!

Duncan Bryden, Neach-gairm Ùghdarras Pàirc Nàiseanta a' Mhonaidh Ruaidh

#### Introduction

The international reputation of the Cairngorms National Park makes it a venue for a wide range of outdoor activities, access and recreation. The Land Reform (Scotland) Act 2003 provides a right of responsible access to most land and water within the National Park.

The Cairngorms National Park Authority (CNPA) has a duty under the Act to prepare a Core Paths Plan. Section 17 (1) of the Land Reform (Scotland) Act 2003 states that the core paths network should be: '... sufficient for the purpose of giving the public reasonable access throughout the area'.

The Core Paths Plan helps people to enjoy and understand the special qualities of the Cairngorms National Park by identifying outdoor access opportunities. The path network will satisfy the needs of visitors and local people to get around, and link to the wider path network and beyond. The network is made up of a mixture of existing and new paths, which together provide a cohesive system.

#### Vision for the Core Paths Plan

The Core Paths Plan helps to deliver the vision for the National Park: 'An Oustanding National Park, enjoyed and valued by everyone where nature and people thrive together'.

In particular, the Core Paths Plan will help people to enjoy and understand the special qualities of the Cairngorms National Park by identifying a network of paths which offer a wide range of high quality outdoor access opportunities.

#### **Objectives of the Core Paths Plan**

The core paths network will:

- a) help to conserve the Park's natural and cultural heritage and encourage people to enjoy it in a responsible way;
- b) help those living and working on the land manage access;
- c) help to deliver the priorities for each area identified in Active Cairngorms;
- d) provide for a wide range of activities;
- e) provide for a wide range of abilities;
- f) include a wide range of popular routes; and

g) include paths within, around and between communities and to public transport connections and places of local importance.

#### **Delivering the Core Paths Plan**

Everybody – landowner, public agency, community group or developer – can contribute towards the development of the Core Paths Plan. Active Cairngorms sets three themes that the Core Paths Plan will help deliver – Active Places, Active Management and Active Promotion.

The Cairngorms National Park Authority will use the Core Paths Plan to priorities resources and path development projects. It will use the Core Paths Plan to support visitor management plans on sensitive sites and it will ensure core paths are waymarked and signposted so that they can be promoted by communities and partners.

Landowners, public agencies and communities can use the Core Paths Plan to manage where people go on their land, take account of recreational needs in development planning and ensure the access needs of communities are met and incorporated into planning and development.

#### Links to other plans and priorities

The Core Paths Plan helps to deliver other key strategies and priorities in the National Park, for example the Cairngorms Nature Action Plan and the Capercaillie Framework through engaging the public in the Park's special qualities and helping landowners manage access around sensitive sites.

The Core Paths Plan will also inform large scale infrastructure projects protecting and enhancing access opportunities, for example along the A9 corridor or in and around proposed new development.

#### **Monitoring progress**

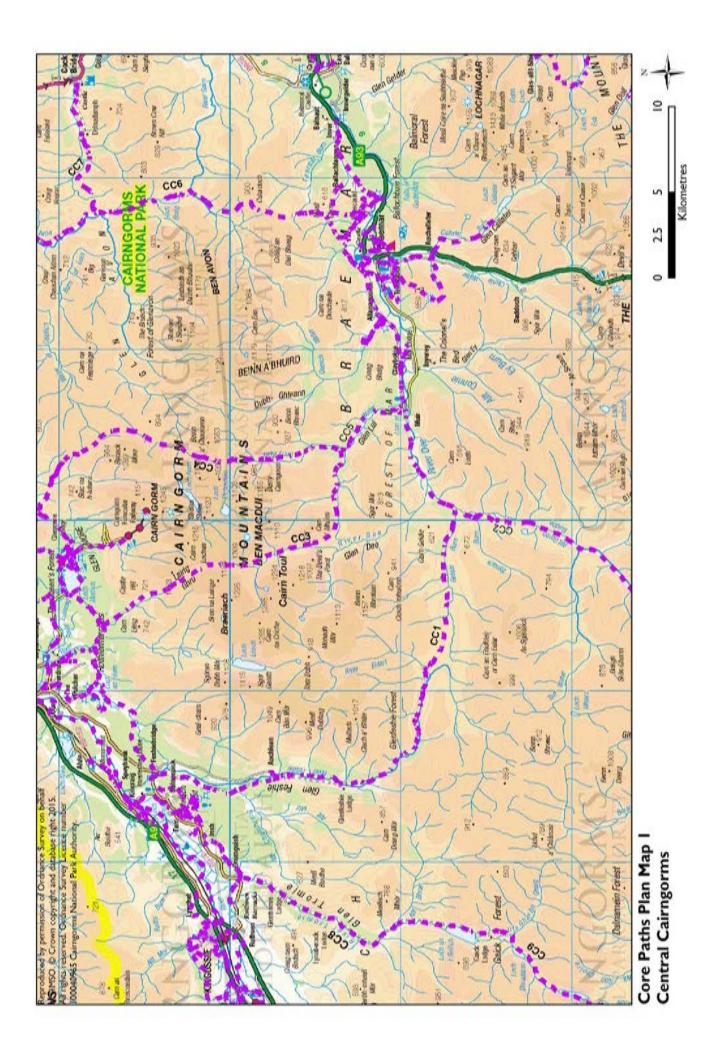
The success of any plan is based on being able to demonstrate that something has been achieved. The CNPA will continue to monitor the delivery of the Core Paths Plan on a biennial basis assessing if the network is 'fit for purpose'. A core path that is 'fit for purpose' is barrier free, signposted at both ends and the path surface should be suitable for the likely range of users.

### Map I – Central Cairngorms

These paths pass through an area of challenging terrain and conditions can be such that people need to be self sufficient and well equipped. There is a presumption against designating a large network of paths in the upland areas and areas of woodland. Those paths designated are the linking routes which are already well used and well known. They all have green and white Right of Way signage at either end and appear in a variety of leaflets and books about the

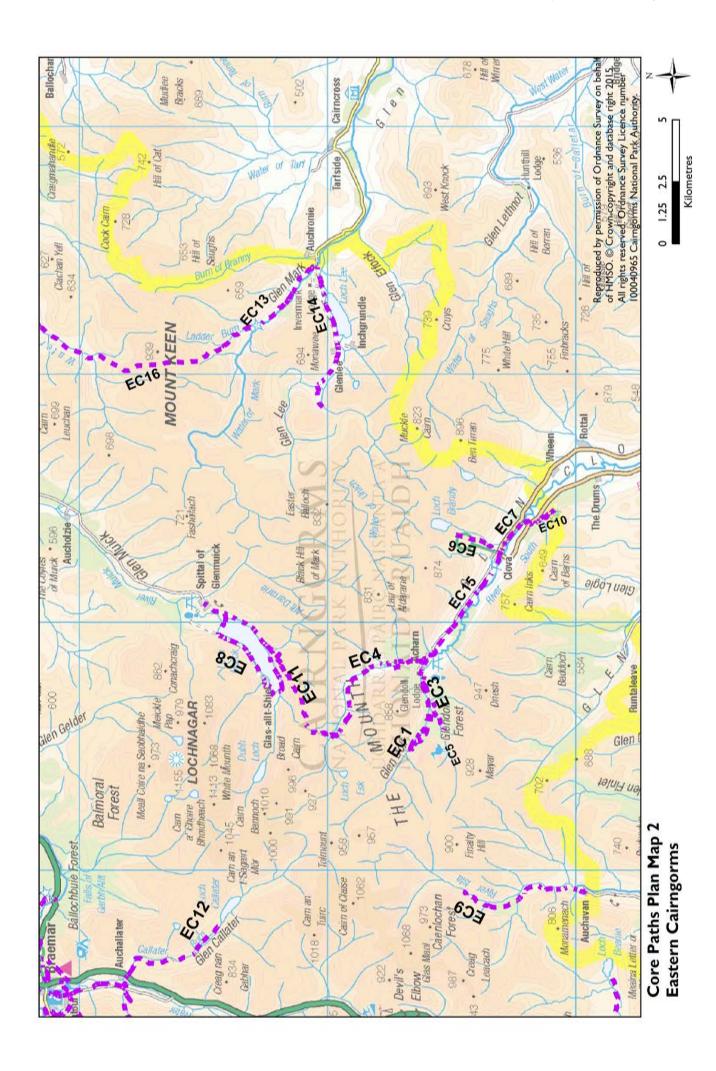
Cairngorms. In the Active Cairngorms strategy there is a presumption against waymarking in wild, remote and mountainous terrain and there will be no further signposting or waymarking of these paths as a result of core path designation. Visitor pressures, such as erosion from certain activities will be managed in a sensitive way to protect the fragile environment, manage landscape impact and will follow best practice in upland path repairs.

Central Cairngorms Core Paths	
Path Ref No	Path Name/Description
CCI	Glen Feshie to Deeside
CC2	Glen Tilt
CC3	Lairig Ghru
CC4	Lairig an Laoigh
CC5	Linn of Dee to Derry Lodge
CC6	Deeside to Tomintoul via Inchrory
CC7	Cockbridge to Inchrory
CC8	Glen Tromie
CC9	The Gaick



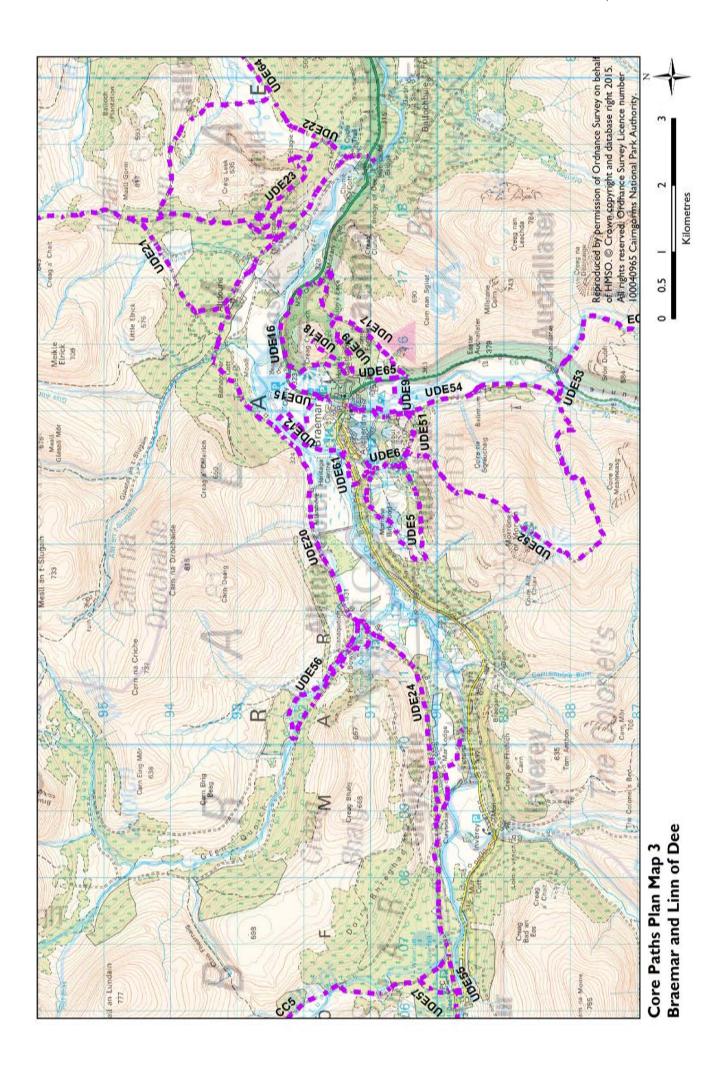
### **Map 2** – **Eastern Cairngorms**

Eastern Cairngorms Core Paths	
Path Ref No	Path Name/Description
ECI	Dounalt Walk
EC3	Forest Walk up White Water
EC4	South Esk Walk
EC5	Corrie Walk
EC6	Loch Brandy
EC7	Trout Loch Walk
EC8	Loch Muick
EC9	Glen Isla
EC10	Minister's Path
ECII	Bachnagairn
EC12	Glen Callater
EC13	Glen Mark
EC14	Glen Lee
EC15	Clova to Glen Doll
EC16	Mounth Road



### Map 3 – Braemar

<b>Braemar Core Paths</b>	
Path Ref No	Path Name/Description
UDE5	Morrone Birkwood
UDE6	Duck Pond to Viewpoint
UDE9	Society Bridge to Glenshee Road
UDE12	Riverside Walk along the Clunie and Dee
UDE15	Village to Braemar Castle
UDE16	Braemar Castle to Queen's Drive
UDE17	The Queen's Drive
UDE18	Creag Choinnich
UDE19	The village up to Queen's Drive
UDE20	Linn of Quoich to the Keiloch
UDE21	Alltdourie
UDE22	Craig Leek Circular Walk
UDE23	Keiloch Crags
UDE24	Linn of Dee Cycle Route
UDE51	Viewpoint to Golf Course
UDE52	Morrone Hill
UDE53	Auchallater to the Old Road
UDE54	Old Road up Glen Clunie
UDE55	Linn of Dee
UDE56	Linn of Quoich
UDE57	Linn of Dee Car Park to Glen Lui
UDE58	Linn of Dee Access Path
UDE61	Island Access Path
UDE64	Keiloch to Inver
UDE65	Queen's Drive to the Youth Hostel

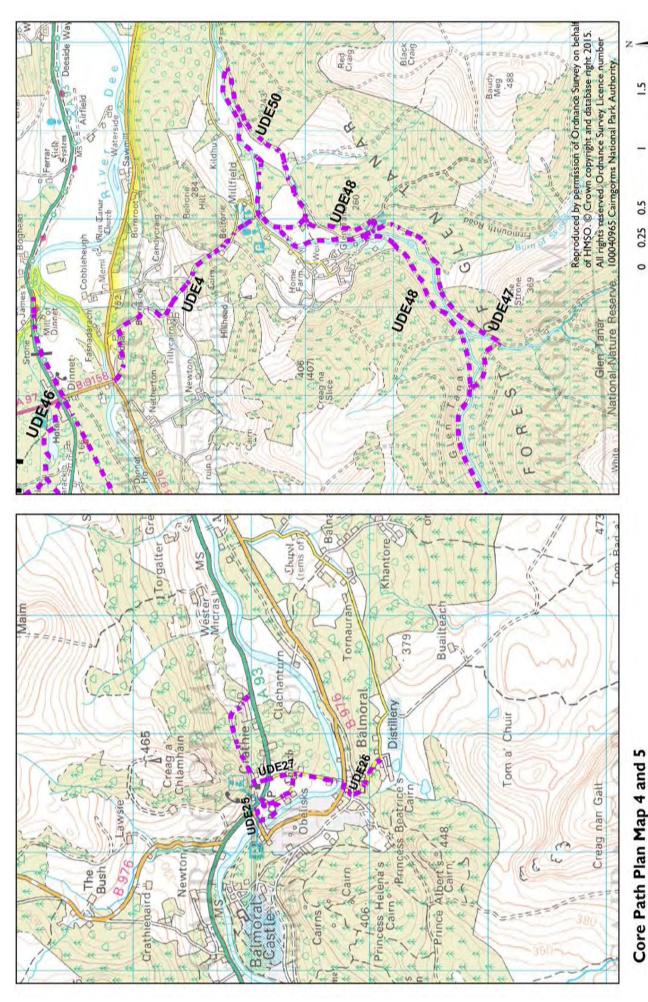


### Map 4 – Crathie

Crathie Core Paths	
Path Ref No	Path Name/Description
UDE25	Crathie All-abilities Path
UDE26	Easter Balmoral to Crathie Link
UDE27	Tomidhu to Crathie
UDE62	Crathie River Access Path

# Map 5 – Glen Tanar

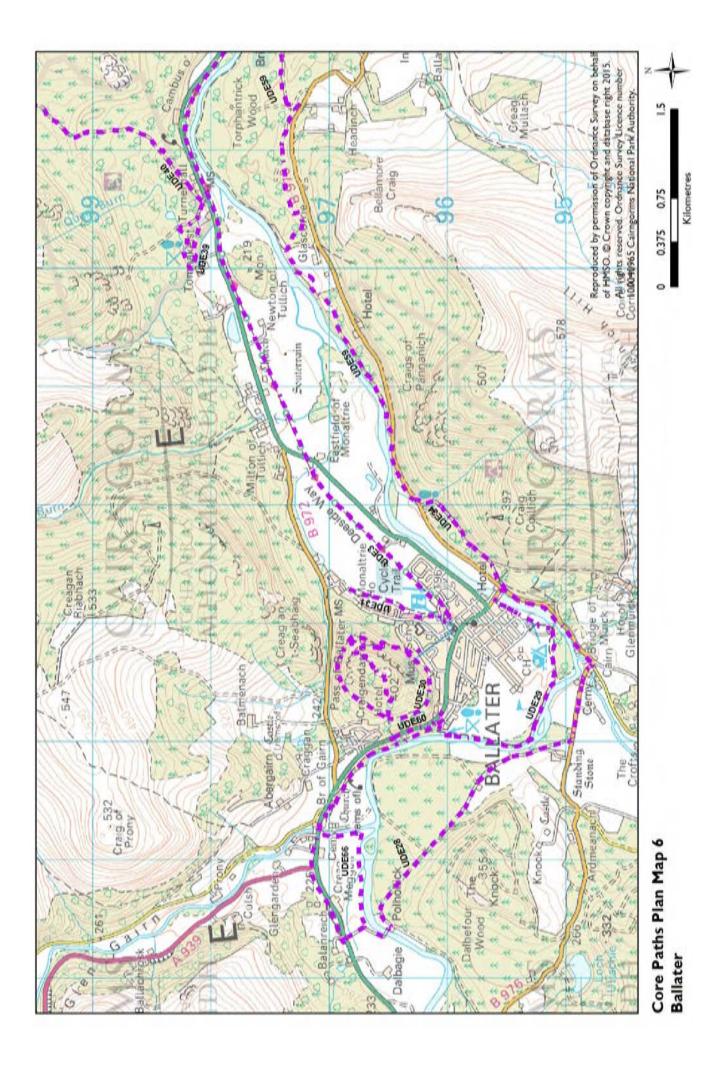
Glen Tanar Core Paths	
Path Ref No	Path Name/Description
UDE4	Dinnet to Glen Tanar
UDE47	Glen Tanar Green Route
UDE48	Glen Tanar Red Route
UDE50	Glen Tanar White Route



Crathie and Glen Tanar

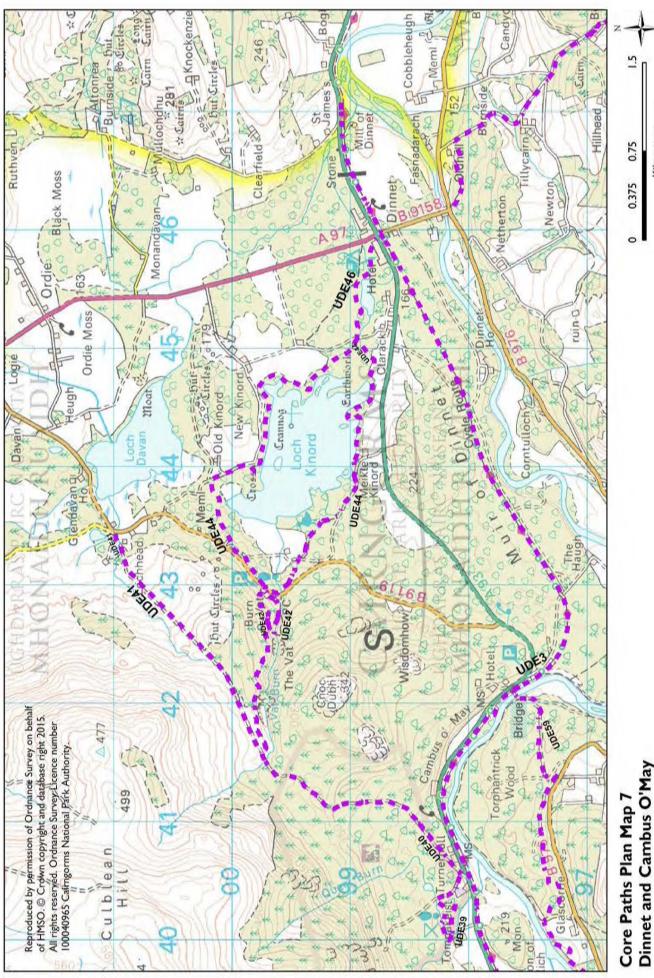
### Map 6 – Ballater

Ballater Core Paths	
Path Ref No	Path Name/Description
UDE3	Deeside Way
UDE28	Seven Bridges Walk
UDE29	Golf Course Circular
UDE30	Craigendarroch Circular Walk
UDE31	Cinder Path
UDE34	Pannanich Woods
UDE39	Lochside Trail
UDE59	Dalmochie to Dinnet
UDE60	Ballater to Craigendarroch Hotel
UDE66	Seven Bridges Walk (riverside)



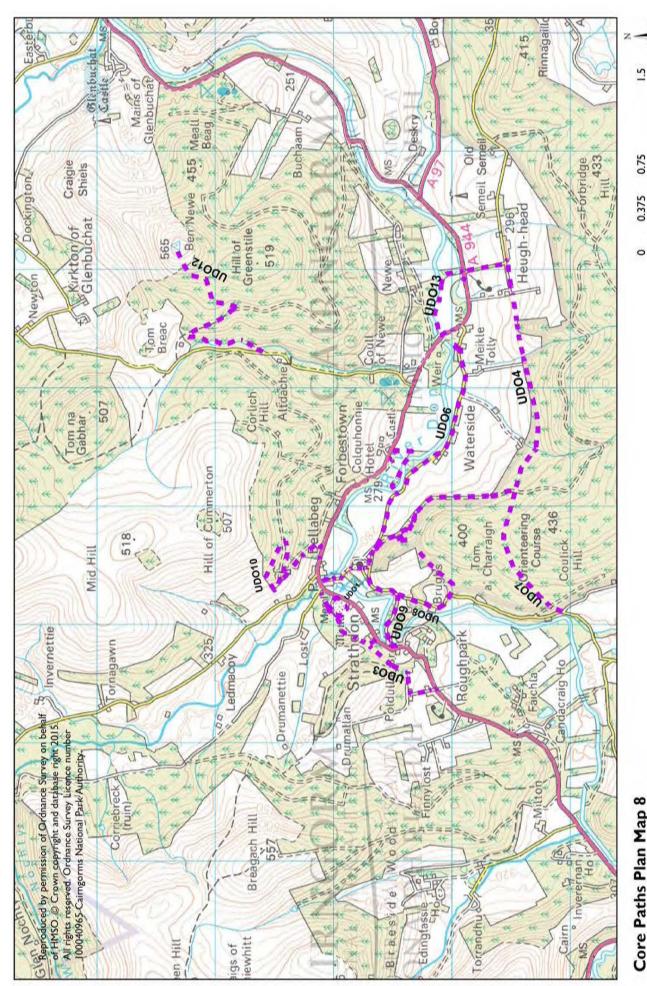
# Map 7 – Dinnet and Cambus O'May

Dinnet and Cambus O'May Core Paths	
Path Ref No	Path Name/Description
UDE3	Deeside Way
UDE40	Cambus O'May – Loch Kinord Link
UDE41	Boggerfool
UDE42	Burn O'Vat Circular Route
UDE44	Loch Kinord Circular Route
UDE46	Loch Clarack Link
UDE59	Dalmochie to Dinnet



### Map 8 – Strathdon

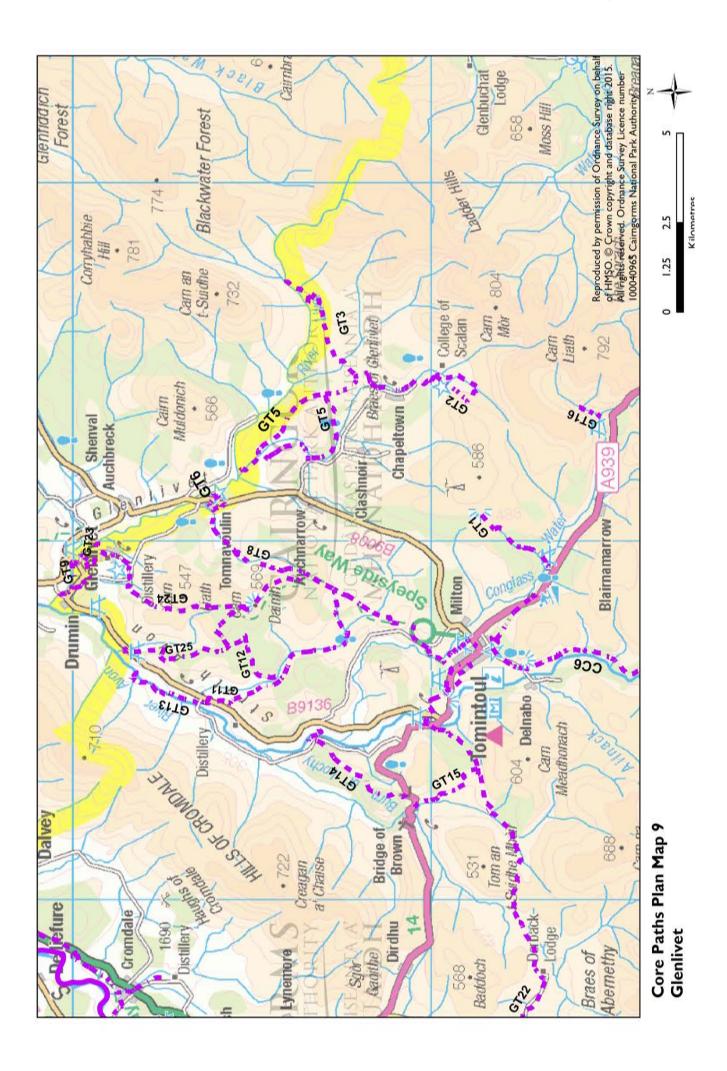
Strathdon Core Paths	
Path Ref No	Path Name/Description
UDOI	Doune
UDO3	Roughpark/School/Bellabeg
UDO4	Bellabeg to Heugh-head
UDO5	Bridge over the Don and path to the Lonach Hall
UDO6	Link from bridge over the Don to Bellabeg
UDO7	Glac Riach
UDO8	Kirk Hill Circular
UDO9	Poldullie Bridge
UDO10	Bellabeg Circular
UDO12	Ben Newe
UDO13	Semeil Riverside Walk



Core Paths Plan Map 8 Strathdon

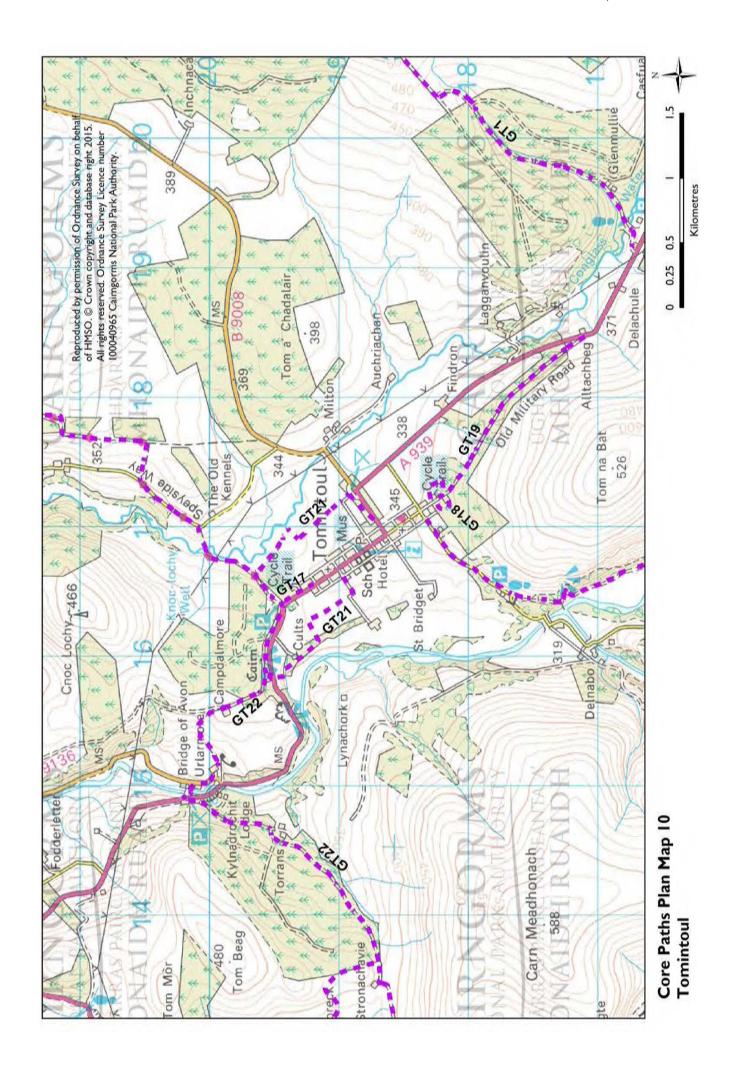
# Map 9 – Glenlivet

Glenlivet Core Paths	
Path Ref No	Path Name/Description
GTI	Glenmulliach Forest
GT2	Scalan Walk (Braes Heritage Trail)
GT3	Glenfiddich Link
GT5	The Bochel Circuit
GT6	Tomnavoulin Community Path
GT8	Tomnavoulin to Cairn Daimh
GT9	Drumin Community Path
GTII	Glenconglass/Strath Avon (red trail)
GT12	Glenconglass to Cairn Daimh
GT13	West Avonside Walk
GT14	Glengonclass/Glen Brown (black trail)
GT15	Glen Brown – Kylnadorchit
GT16	Lecht Mine Path
GT22	Tomintoul to Dorback
GT23	Drumin to Glenlivet Distillery
GT24	Speyside Way Spur
GT25	Cairn Daimh to Altnaglandar



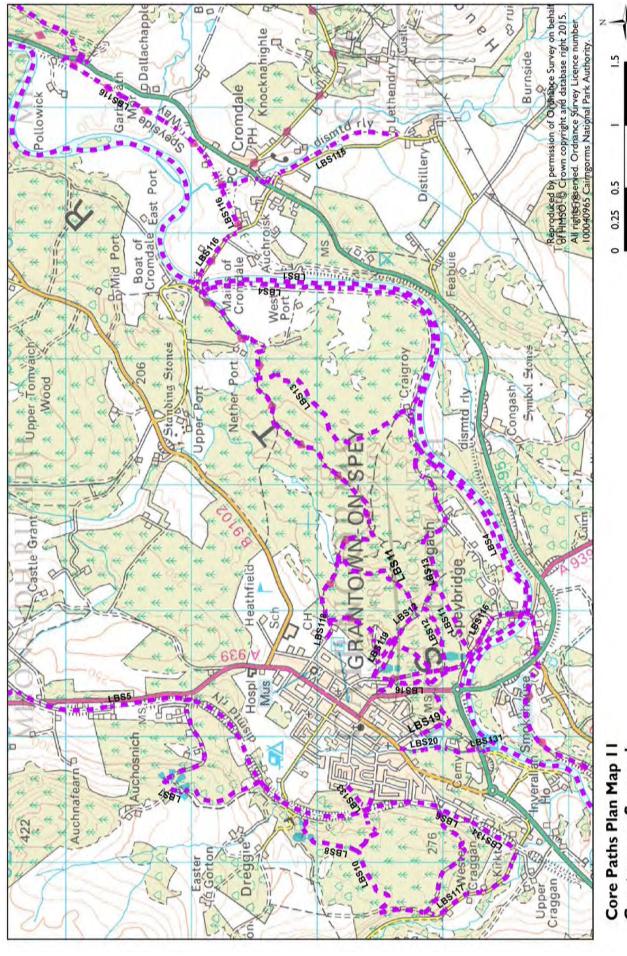
# Map 10 – Tomintoul

Tomintoul Core Paths	
Path Ref No	Path Name/Description
GT17	Link Path
GT18	All-abilities Path
GT19	Old Military Road
GT21	Tomintoul Community Path
GT22	Tomintoul to Dorback



Map II - Grantown-on-Spey and Cromdale

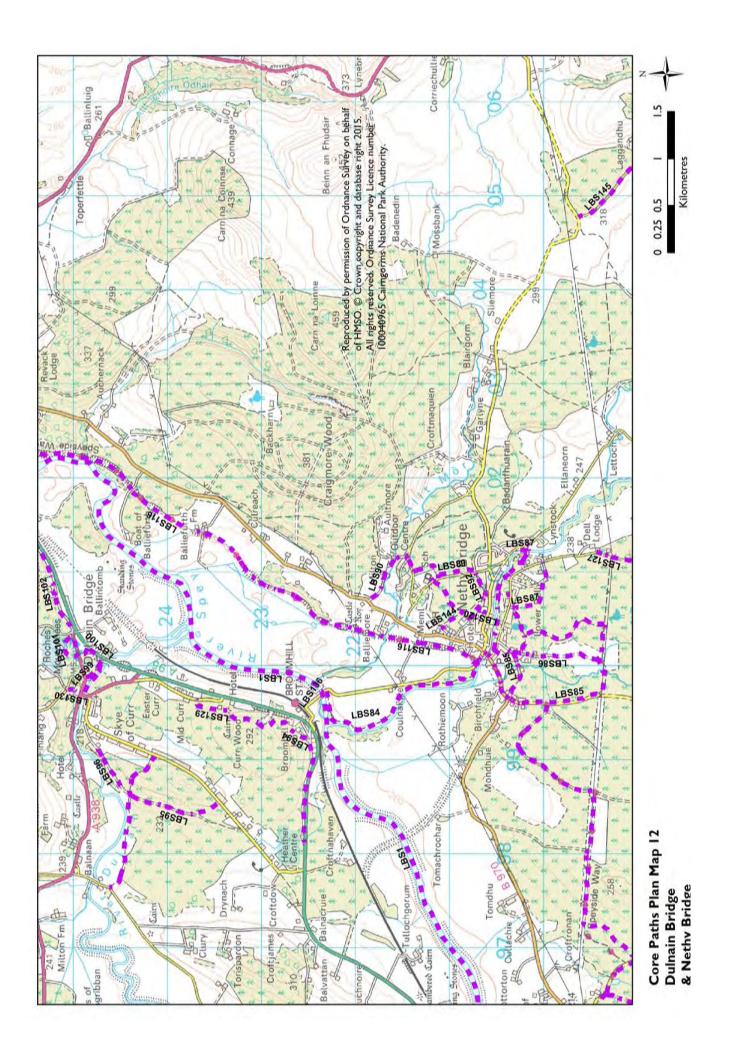
Grantown-on-Spey and Cromdale Core Paths	
Path Ref No	Path Name/Description
LBS I	The River Spey
LBS4	Riverside Path to Grantown-on-Spey
LBS5	The Dava Way
LBS6	Industrial Estate Path
LBS7	The Viewpoint Path
LBS8	Beachen Wood (blue route)
LBS10	Beachen Wood (orange route)
LBS11	Anagach Woods (green route)
LBS12	Anagach Woods (blue route)
LBS13	Anagach Woods (red route)
LBS16	Ladies Garden Wood
LBS18	Free Church Wood
LBS19	Kylintra Pond Path
LBS20	Kylintra Burn Path
LBS115	Cromdale to Balmenach Path
LBS116	The Speyside Way
LBS117	Wester Craggan Road
LBS118	Grantown Golf Course to Anagach Woods Track
LBS119	Anagach Woods All-abilities Path
LBS131	River Spey Access Point
LBS133	Old Railway to Cairngorm Avenue
LBS134	Horse Field Path



Grantown-on-Spey and Cromdale

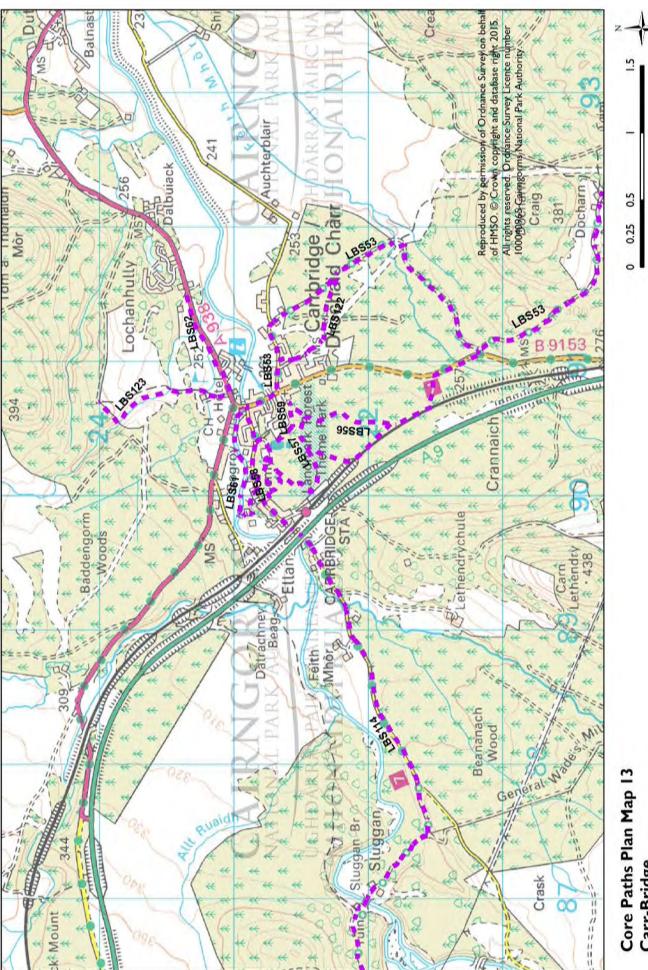
Map 12 – Dulnain Bridge and Nethy Bridge

Dulnain Bridge and Nethy Bridge Core Paths		
Path Ref No	Path Name/Description	
LBST	The River Spey	
LBS84	Broomhill Path	
LBS85	Puggy Line Trail	
LBS86	Kings Road to Mill Trail	
LBS87	River Path	
LBS89	Wilderness Trail	
LBS90	Castle Roy Loop	
LBS92	Golf Course Woods Route	
LBS94	Curr Wood Path	
LBS95	Skye of Curr Woods Path	
LBS96	Dulnain Bridge to Balnaan	
LBS99	Riverside Path	
LBS100	Ballintomb Wood Path	
LBS101	Roches Moutonnees	
LBS102	Croft Skeilicoh Road	
LBS116	The Speyside Way	
LBS120	Causer Road Path	
LBS127	Ryvoan Pass	
LBS129	Mid Curr to Broomhill	
LBS130	Post Office to Finlarig Wood Path	
LBS136	Broomhill Spey Access Point	
LBS144	School Wood Path	
LBS145	Braes of Abernethy to Dorback Lodge	



# Map 13 – Carr-Bridge

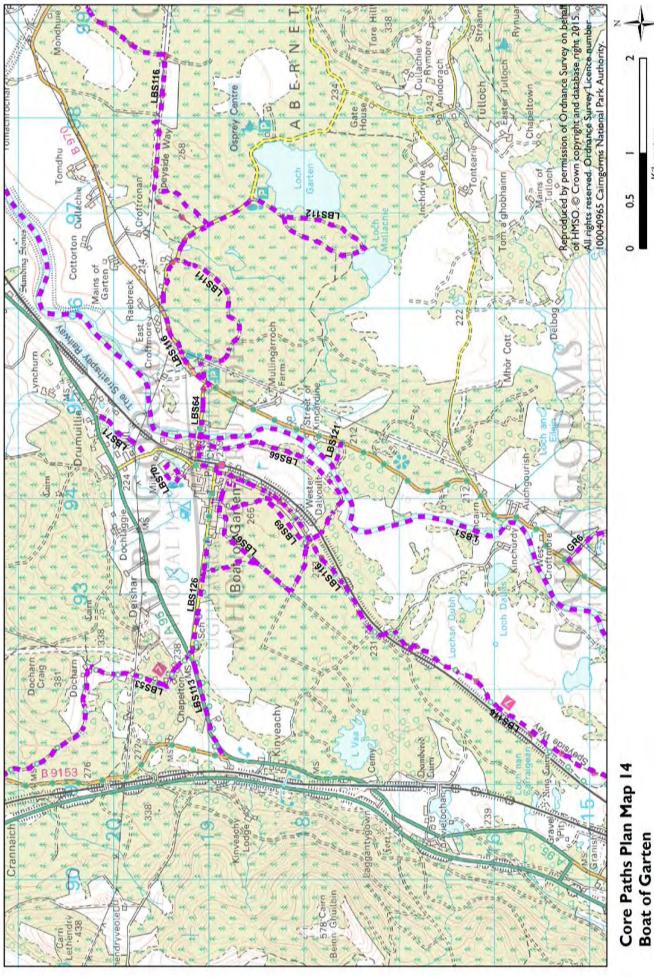
Carr-Bridge Core Paths		
Path Ref No	Path Name/Description	
LBS53	Sustrans Route 7	
LBS56	Ellan Wood Path	
LBS57	Glencarnoch Path	
LBS58	Cemetery Path	
LBS59	Village Hall Woodland Walk	
LBS61	River Dulnain Path	
LBS62	Lochanhully Link	
LBS114	Sustrans Route 7	
LBS122	Carr Plantation Path	
LBS123	Carr-Bridge Golf Course Path	



Carr-Bridge

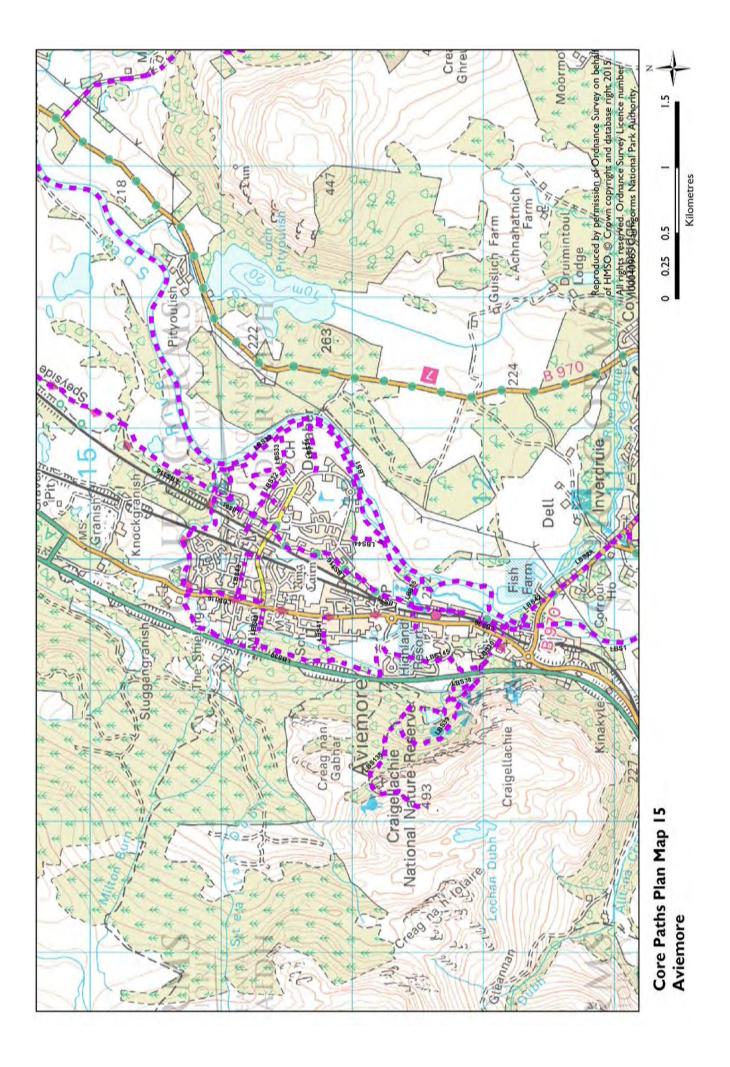
### Map 14 – Boat of Garten

Boat of Garten Core Paths		
Path Ref No	Path Name/Description	
LBSI	The River Spey	
LBS53	Sustrans Route 7	
LBS64	Speyside Way - proposed off-road section	
LBS66	River Path	
LBS67	Woodland Path	
LBS69	Craigie to Curling Pond Path	
LBS70	All-abilities Trail	
LBS71	Boat to Drumullie	
LBSIII	Abernethy (red route)	
LBS113	A96 Cycle Path	
LBS116	The Speyside Way	
LBS121	River Path	
LBS126	Sustrans Route 7	



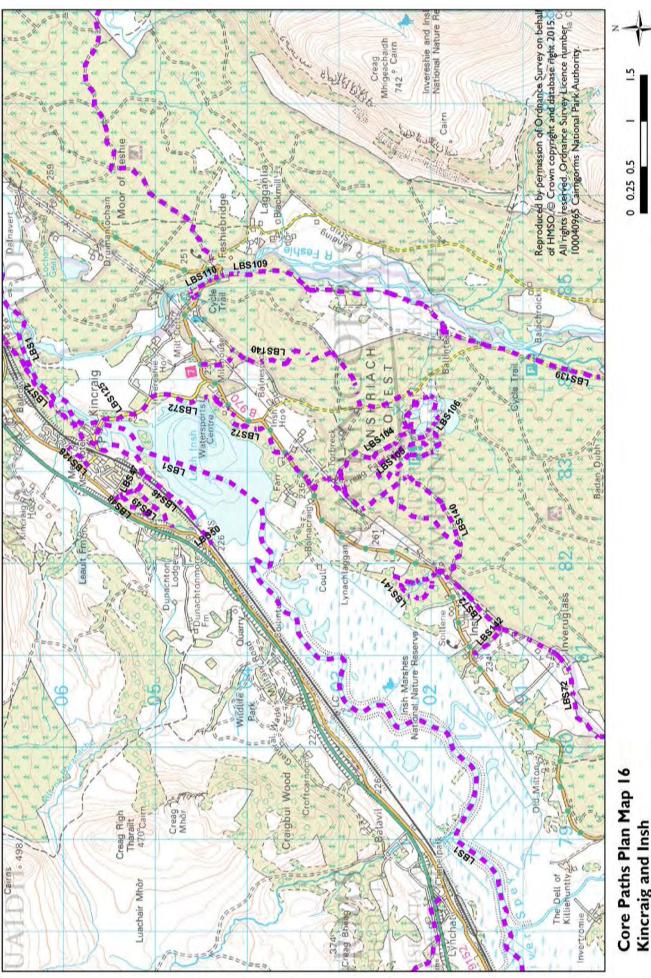
### Map 15 - Aviemore

Aviemore Core Paths		
Path Ref No	Path Name/Description	
LBS I	The River Spey	
LBS29	Glenmore Off-Road Route	
LBS30	Aviemore Orbital	
LBS31	Cycle Path	
LBS32	Dalfaber Woods	
LBS33	Dalfaber Club House to River	
LBS34	Golf Course Link to River	
LBS35	Aviemore Burn	
LBS36	Old Dalfaber Road	
LBS37	Laurel Bank Lane	
LBS38	Craigellachie All-abilities Path	
LBS39	Craigellachie Nature Reserve Path	
LBS40	Dalfaber Drive to Milton Woods	
LBS41	School to Milton Woods	
LBS42	Old Bridge Road	
LBS43	Croftside Junction to Dalfaber Industrial Estate	
LBS44	Dalfaber South to River	
LBS116	The Speyside Way	
LBS138	Craigellachie Viewpoint Path	
LBS145	Aviemore Orbital to Craigellachie National Nature Reserve	



### Map 16 – Kincraig and Insh

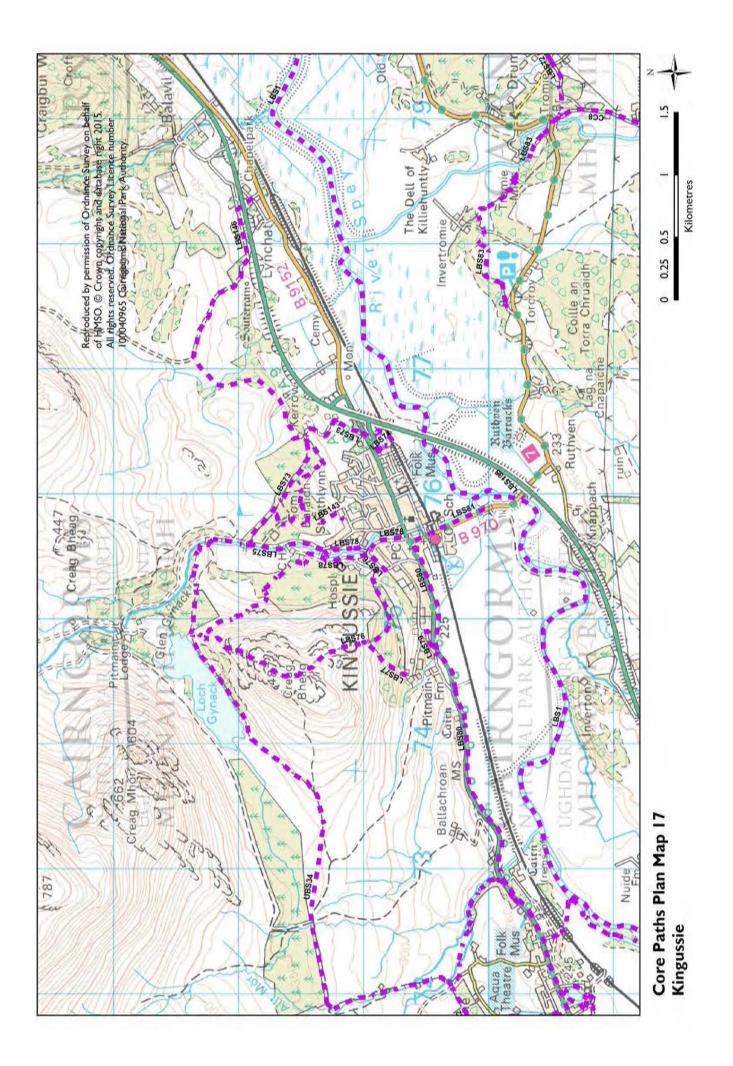
Kincraig and Insh Core Paths		
Path Ref No	Path Name/Description	
LBS I	The River Spey	
LBS46	North West Shore of Loch Insh	
LBS47	Dunachton Woods Path	
LBS48	Dunachton Woods Loop	
LBS49	Dunachton Woods South Link	
LBS50	Spey Access Point	
LBS72	Badenoch Way	
LBS104	Farletter Crag Path	
LBS105	Farletter Ridge Path	
LBS106	Uath Lochan Path	
LBS109	Feshiebridge Woodland Path	
LBS125	Spey Access Point	
LBS128	Hill Path	
LBS139	River Feshie Path	
LBS140	Speyside Way Extension	
LBS141	Insh Marshes Path	
LBS142	Insh Woods Path	



Kincraig and Insh

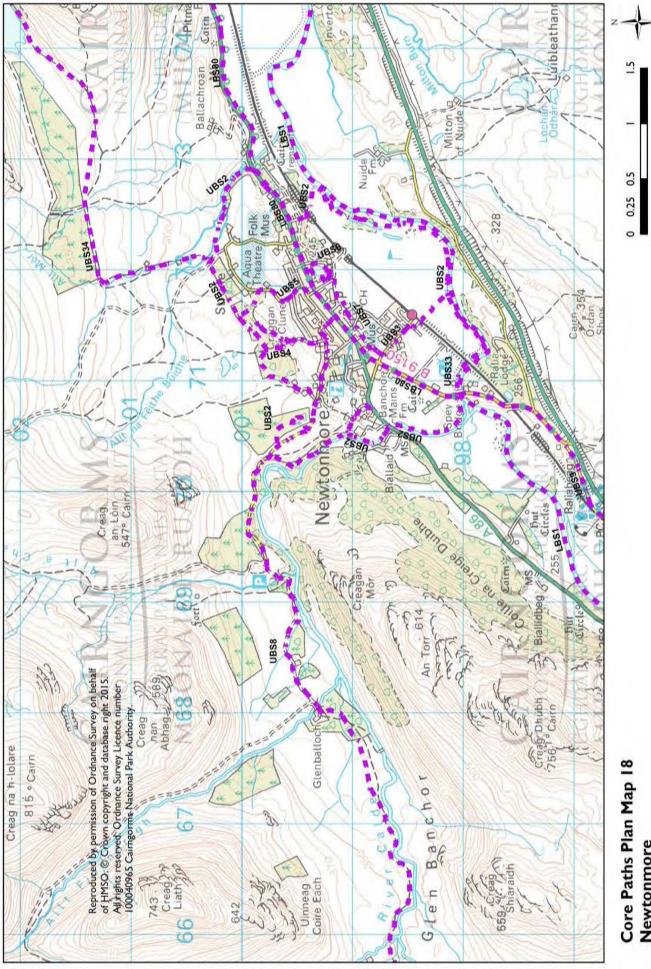
### Map 17 – Kingussie

Kingussie Core Paths		
Path Ref No	Path Name/Description	
LBS1	The River Spey	
LBS73	Tombaraidh	
LBS74	The Glebe Ponds	
LBS75	Golf Course Circular	
LBS76	Creag Bheag Path	
LBS77	West Terrace Circular	
LBS79	West Terrace Link	
LBS78	Birch Woodie	
LBS80	Sustrans Route 7	
LBS81	Jubilee Path	
LBS83	Badenoch Way	
LBS135	Spey Access Point	
LBS143	Link Path to Tombaraidh Wood	
LBS146	Tombaraidh to Lynchat	



# Map 18 – Newtonmore

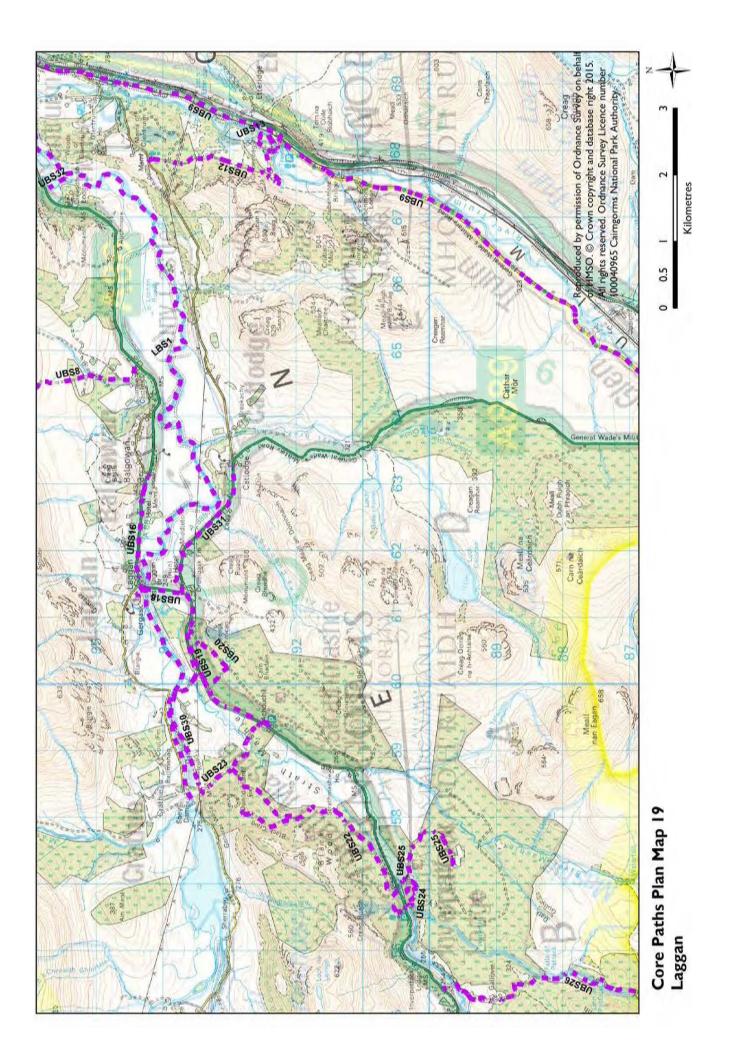
Newtonmore Core Paths		
Path Ref No	Path Name/Description	
LBS1	The River Spey	
LBS80	Sustrans Route 7	
UBS2	Wildcat Trail	
UBS3	Station to Wildcat Trail	
UBS4	Craggan of Clunie to Wildcat Trail	
UBS5	Wildcat Trail Link	
UBS6	Loch Imrich Circular	
UBS7	Golf Course Link	
UBS8	Glen Banchor	
UBS33	River Spey Access	
UBS34	Kingussie to Newtonmore via Loch Gynack	



Newtonmore

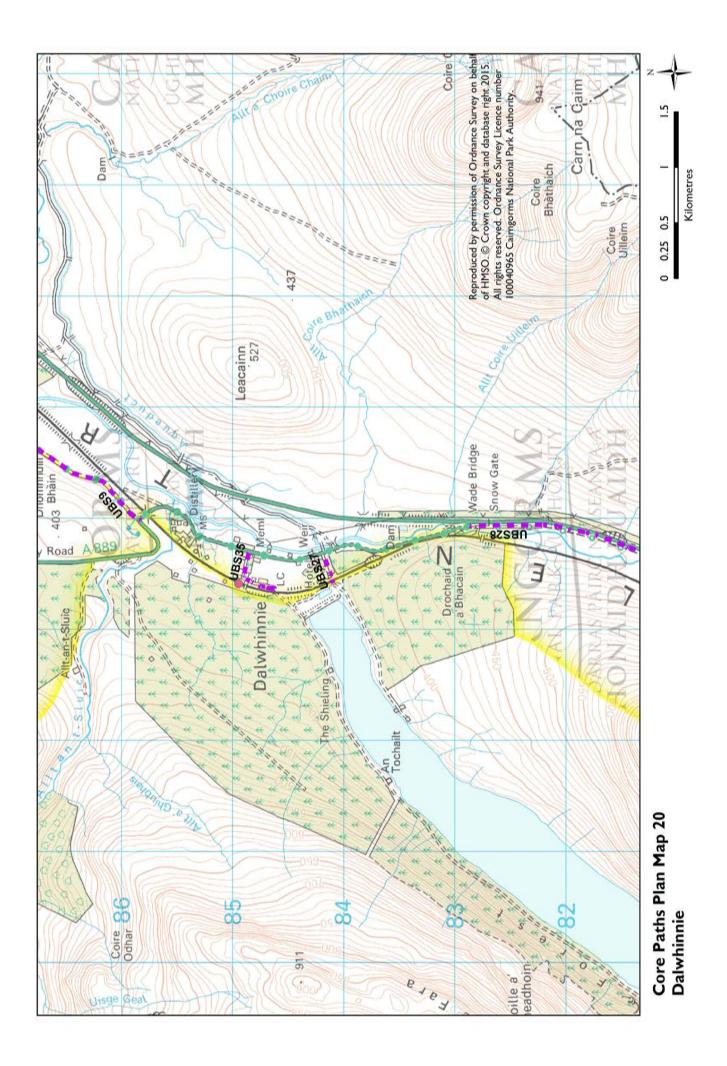
# Map 19 – Laggan

Laggan Core Paths		
Path Ref No	Path Name/Description	
LBS1	The River Spey	
UBS8	Glen Banchor	
UBS9	Sustrans Route 7	
UBS12	Glen Truim Right of Way	
UBS13	Riverside Path	
UBS16	Laggan to Balgowan	
UBS17	Gergask Path	
UBS18	Laggan to Gorstan	
UBS19	Gorstan to Wolftrax	
UBS20	Gorstan Path	
UBS22	Blackwood Trail	
UBS23	Corrieyairack Link	
UBS25	Drum an Aird Path	
UBS26	Falls of Pattack	
UBS29	River Spey Access	
UBS30	General Wade's Military Road	
UBS31	Drumgask to Catlodge	
UBS32	Lochan Uvie Spey Access Point	



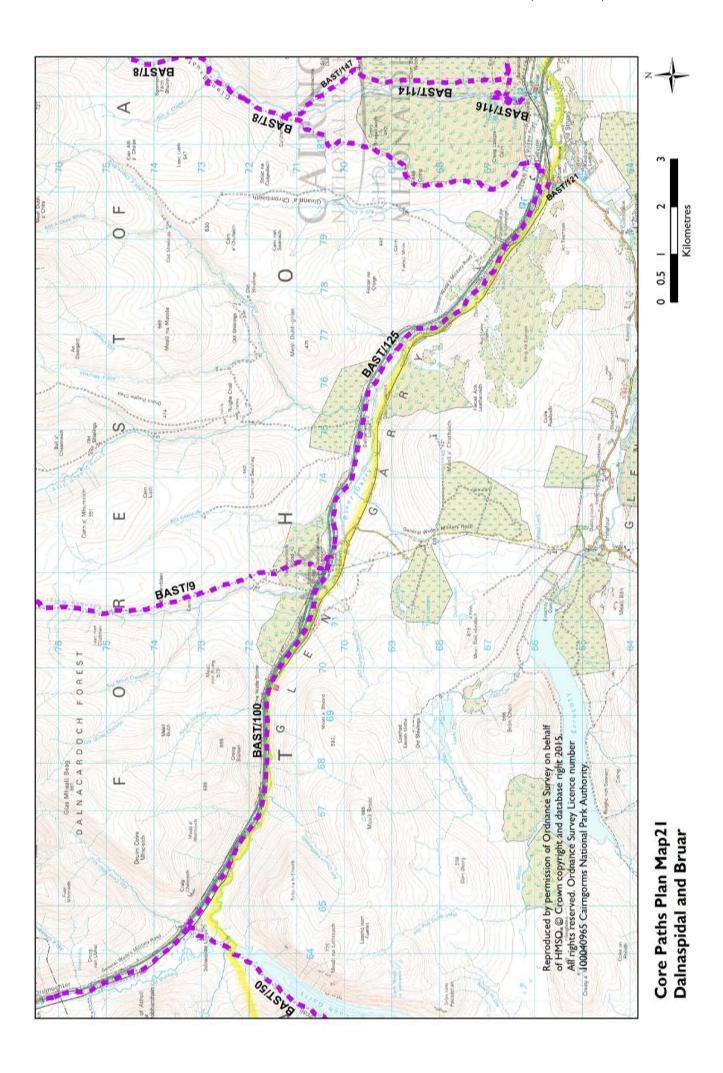
# Map 20 – Dalwhinnie

Dalwhinnie Core Paths	
Path Ref No	Path Name/Description
UBS9	Sustrans Route
UBS27	Dalwhinnie to Loch Ericht
UBS28	National Cycle Network 7
UBS35	Dalwhinnie Station to Village Hall



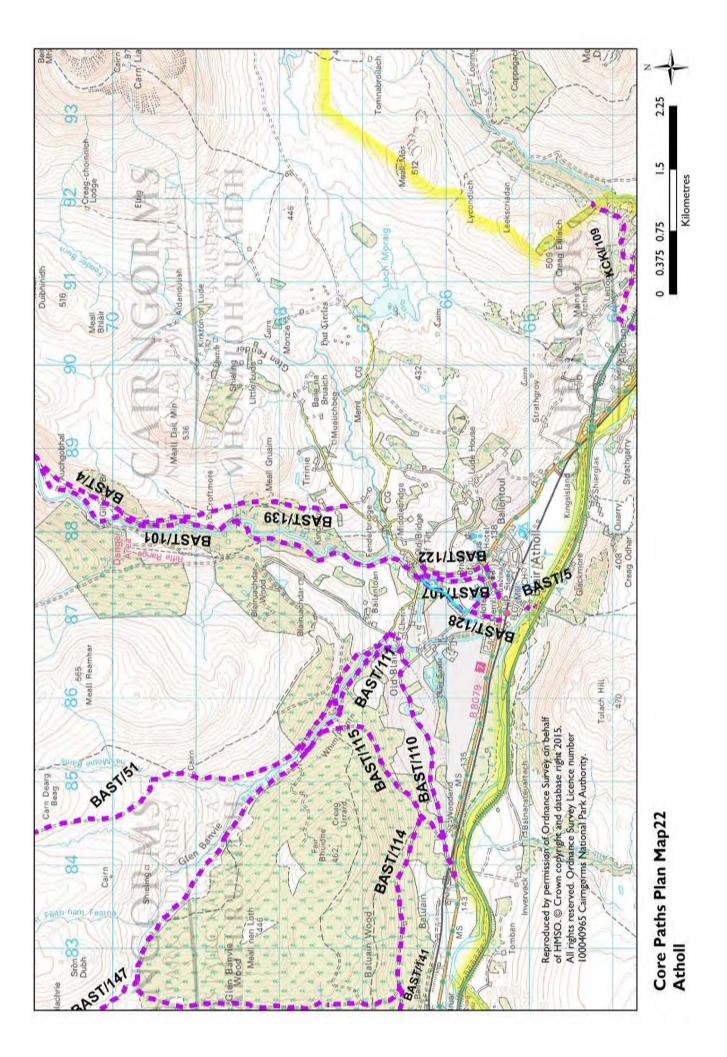
Map 21 – Dalnaspidal and Bruar

Dalnaspidal and Bruar Core Paths		
Path Ref No	Path Name/Description	
BAST8	Glen Bruar	
BAST9	Gaick Pass	
BAST50	Dalnaspidal to Loch Garry	
BAST100	National Cycle Network 7	
BAST125	National Cycle Network 7	
BAST121	Calvine Link	
BAST114	Glen Banvie	
BASTI16	Falls of Bruar	
BAST117	Falls of Bruar	
BAST147	Ruichlachrie	



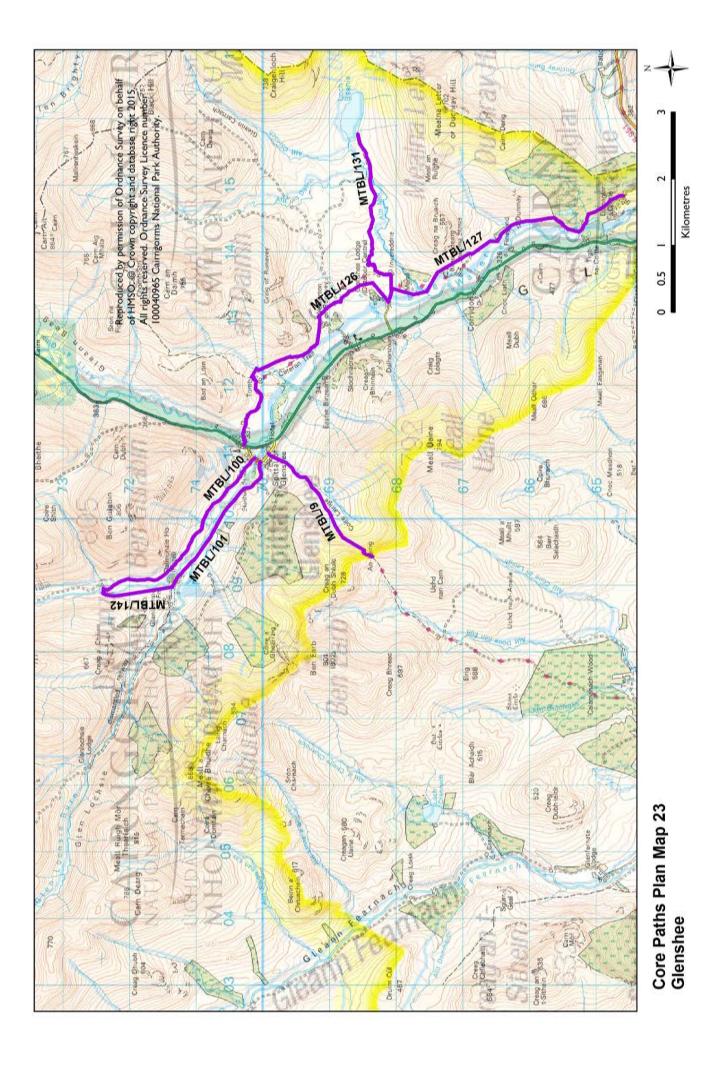
# Map 22 - Atholl

Atholl Core Paths	
Path Ref No	Path Name/Description
BAST4	Glen Tilt
BAST5	River Tay Link
BAST51	Link to Glen Bruar
BAST101	Glen Tilt
BAST104	Dalginross Wood Link
BAST107	River Tilt Trail
BASTI 10	Woodend
BASTIII	Farm and Forest Trail
BASTI12	Banvie Burn Link
BASTI15	Woodend
BAST122	Riverside Path
BAST123	Main Street
BAST126	Red Squirrel Trail
BAST128	Caravan Park
BAST139	Croftmore
BAST140	Red Squirrel Trail
BAST141	Falls of Bruar Link
BAST146	Glen Banvie
KCKI109	Orchilmore



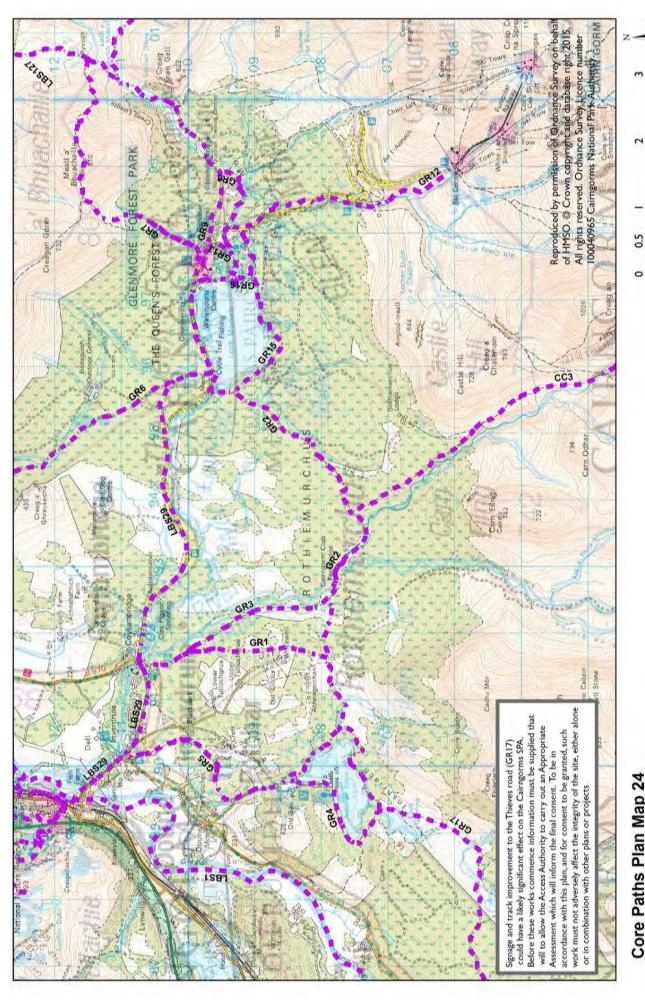
# Map 23 – Glenshee

Glenshee Core Paths		
Path Ref No	Path Name/Description	
MTBL9	Cateran Trail	
MTBL100	Glean Taitneach	
MTBL101	Dalmunzie Driveway	
MTBL126	Cateran Trail	
MTBL127	Cateran Trail	
MTBL131	Loch Beanie	
MTBL142	Glenlochsie	



Map 24 – Glenmore and Rothiemurchus

Glenmore and Rothiemurchus Core Paths		
Path Ref No	Path Name/Description	
GRI	Rothiemurchus (blue route)	
GR2	Rothiemurchus (red route)	
GR3	View of the Mountains Walk	
GR4	Lochs Walk	
GR5	Quiet Walk	
GR6	The Sluggan	
GR7	Meall a'Bhuachaille Trek	
GR8	Ryvoan Trek	
GR9	Glenmore Lodge (off-road route)	
GR12	Allt Mor Trail	
GRI3	The Loch Trail	
GRI5	Loch Morlich Circular	
GR16	Loch Morlich Link Trail	
GR17	The Thieves Road	
LBS29	Old Logging Way	
LBS127	Glenmore to Nethy Bridge via Ryvoan	



Core Paths Plan Map 24 Glenmore and Rothiemurchus

Kilometres