

Welcome to Laggan

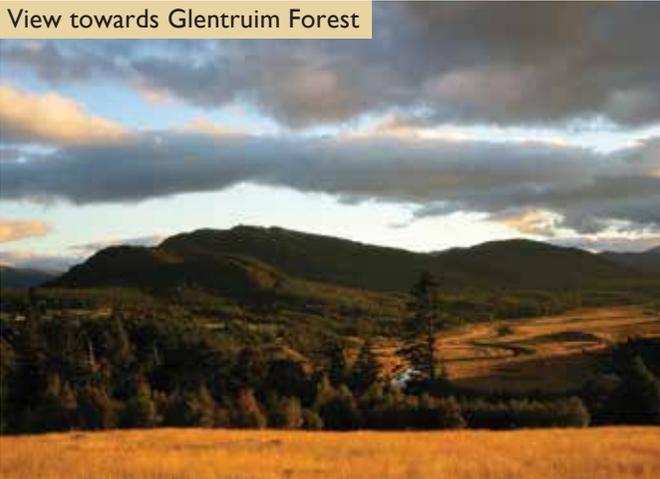
For centuries Laggan has occupied a strategic position at the centre of the Scottish mainland, with strong lines of communication. Historically, travellers, soldiers, cattle drovers and pack-horse teams found a warm welcome here. The area boasts fine views, stunning waterfalls and an abundance of wildlife.

So take a moment and enjoy what the area has to offer.

Walking at Feagour



View towards Glentruim Forest



For information on paths, local events, facilities and accommodation:

Visitor Centres

Newtonmore: 01540 673912

Aviemore: 01479 810930

Useful web sites:

www.laggan.com

www.visitcairngorms.com

www.walkhighlands.co.uk

www.lagganforest.com



If you enjoyed the "Laggan Paths Leaflet" look out for other Community Path Leaflets to help you explore more of the Park.

Cairngorms Paths

Laggan Paths



Discover Laggan



View of Laggan from the Glentruim spur path viewpoint



Laggan Paths

Walks around Glentruim



half mile

one kilometre



road

track

path



car park



view point



national cycle route

Glentruim Forest Loop

Park at the Macpherson Memorial and walk up the road to the junction of the Glentruim-Catlodge public road and the forest track. You will see a large boulder, the Centre of Scotland Stone, marking the geographic centre of the Scottish mainland. Take the track behind the Stone, then the second track on the left. Follow the blue waymarks round the forest. Turn left onto the road and up the hill to the car park.

Gentle and moderately steep firm gravel track, a few muddy patches. Part of the loop is on a quiet public tarmac road with moderate slopes.



1½ miles /
2.5 km
Allow
1½ hrs

Glentruim Forest Walk Spur

Start the walk as above. After about 180yds / 165m a finger post points right to Creagan an Fhithich. The summit has a wonderful panoramic view.

The track starts gently then has a long fairly steep climb to the summit. The surface can be quite rutted, rough and muddy in places.



1 mile /
1.6 km
Allow
1 hr



Falls of Truim

This is a charming short walk along the river as it tumbles down the Falls of Truim. Take the minor road off the A9 signed Crubenmore and Dalwhinnie. The Falls car park is on the left hand side. Walk down the little tarmac road and over the bridge then turn right through a narrow gate.

The path is moderate with narrow parts as it goes across the rocks and rough ground above the river. Keep well back from the steep drop down to the river.



2/3 mile
1 km
Allow
25 mins

View of the Falls of Truim



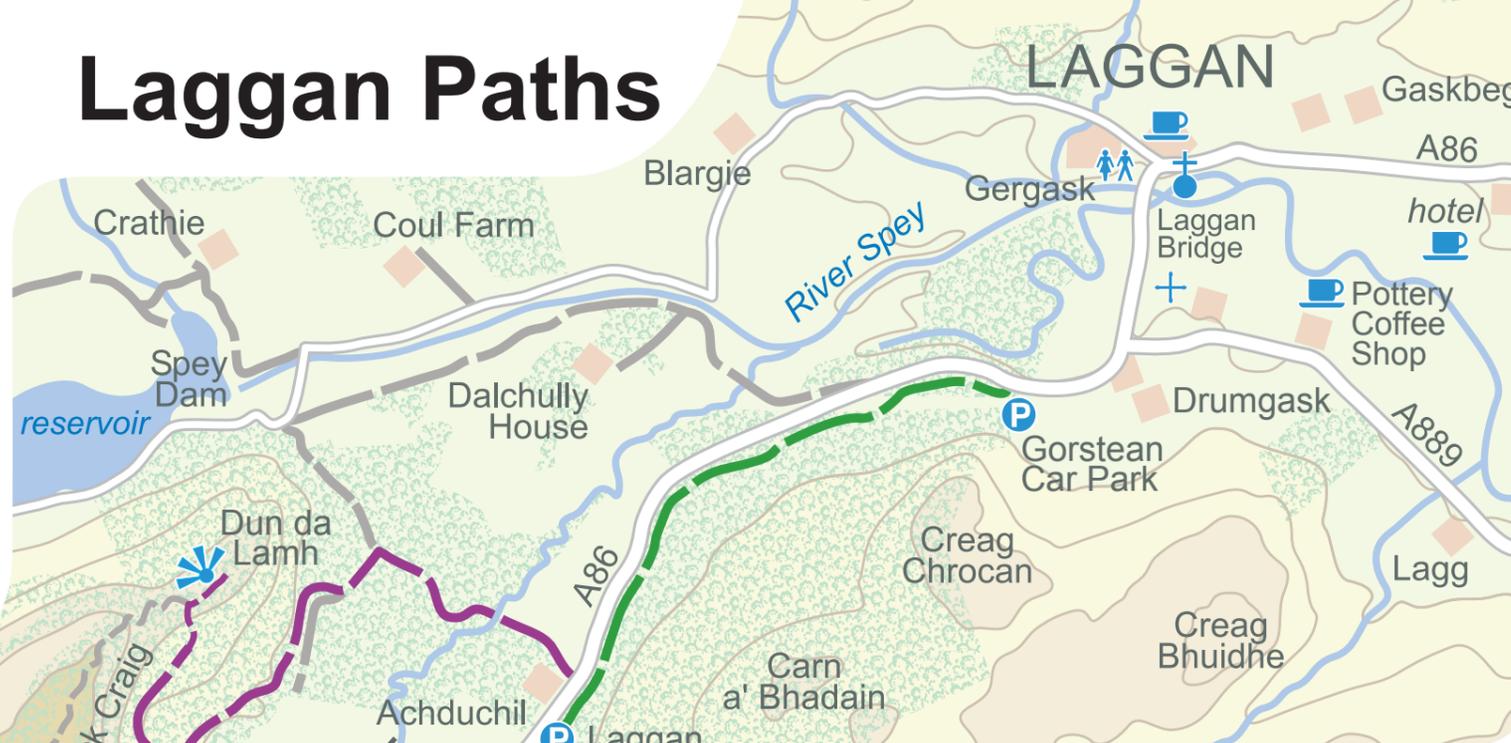
Falls of Pattack

Park in the lay-by on the opposite side of the A86 to the 'Gallovie Farm' sign. Follow the blue waymarks along the farm track. Cross the bridge and turn right. Carry on past the barrier then left and uphill. Keep going through the yard between the farmhouse and the other buildings. Continue upwards and through the gate in the deer fence. Walk on for about 20 mins to a second gate. Turn left down a narrow path in the woods towards the sound of the falls. **TAKE CARE** at the falls because there is no fence. And the path can be slippery.

Mainly firm gravel track. Flat then steady moderate uphill with a short steeper section below the farm house. Final part on a path through the woods, beside the falls, may be slippery.

 5 miles / 8 km
Allow 2 hrs

Laggan Paths



Dun da Lamh Fort Trail

First part: Starting from the far northeast end of the Laggan Wolftrax Centre car park, this walk takes you through open areas and forest, with lovely views. The route is well marked by purple waymarks at the main junctions. Just before the fort there is a picnic table. The trail ends at an iron-age fort on Black Craig, built around 2000 years ago.

Gentle and moderately climbing firm gravel track with uneven sections. Steeper for final 100m. Includes one gate and a road crossing.

 4 1/4 miles / 7 km
Allow 3 hrs

Second part: The fort now lies a further 180yds / 165m to the north, beyond an information board. Reaching the top, you will find splendid views southwest towards Loch Laggan, northwest towards the Corrieyairack Pass and northeast towards the Cairngorms. Look out for a small makeshift shelter with a corrugated iron roof which was built into the walls as a lookout for World War II, before the trees blocked the view.

There is a steep narrow path up to and around the fort. Great care is needed.

 1/4 mile / 500 m
Allow 25 mins

Lower Pattack Falls Stroll

Park in the Druim an Aird car park and take a stroll to view the bottom of the Lower Pattack Falls, before the river flows west. The falls featured in the BBC series Monarch of the Glen.

A firm wide gravel path with a gentle slope.

 200 yds / 180 m
Allow 8 mins

Lower Pattack Falls Trail

This loop trail also starts at the Druim an Aird car park. Follow the green waymarks to the river Pattack Lower Falls viewing platform. After the viewpoint follow the fence and then the path left up the hill (do NOT continue along the river). The path takes you up and round a lovely mound.

A firm narrow path, with rocky and rooted sections. Uneven stone and wood steps and narrow bridges.

 1/2 mile / 800 m
Allow 1/2 hr

Druim an Aird Township Trail

Also starting at the Druim an Aird car park, follow the yellow waymarks up through lovely mixed woodland, across the heathery top and down to the forest road. Turn right to follow the waymarks to the abandoned township. Follow the path round the remains of houses, barns, kilns.

Gradient the same as the green trail above, then a moderate uphill forest road. Grassy paths round the township.

 2 3/4 miles / 4.4 km
Allow 1 1/4 hrs

Spruce & Squirrel Trail

This trail starts behind the Laggan Wolftrax Centre car park. Follow red waymarks on this loop path through a tranquil pine and spruce forest. Look for the remains of nibbled pine cones dropped by red squirrels in their favourite habitat.

Mostly wide, firm gravel trail with some uneven overgrown stretches. Some short steep slopes. Some muddy sections.

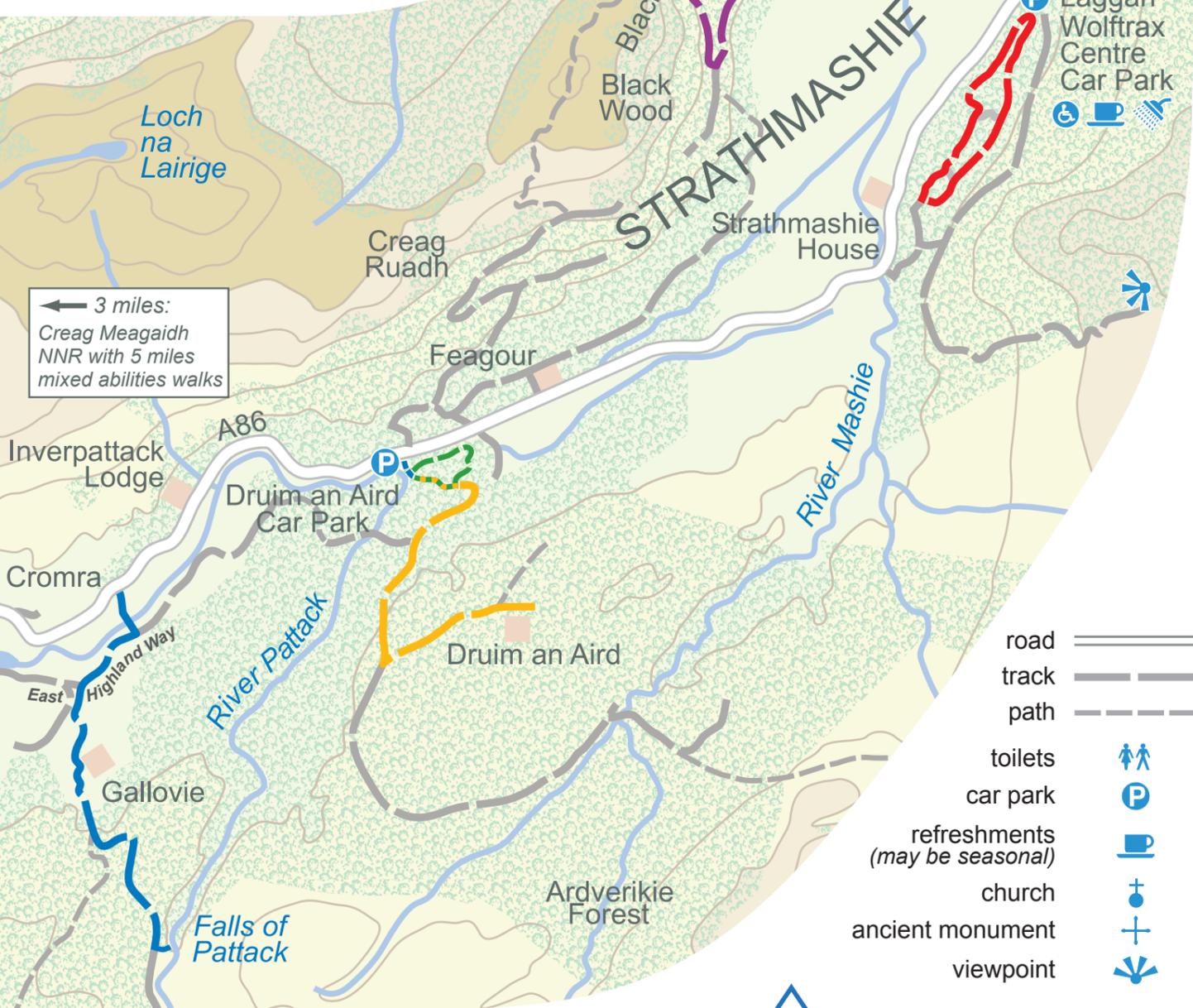
 1 1/4 miles / 2.2 km
Allow 3/4 hr

Gorsteian Trail

This trail runs between the Gorsteian and the Laggan Wolftrax Centre car parks well back from the main road. The trail goes down gradually from east to west through mature woodland and open areas. Take care as you may encounter riders, this being one of the easy mountain bike routes.

Wide, mainly even, firm gravel surface with a mix of gentle and moderate slopes.

 2 miles / 3.2 km
Allow 3/4 hr



- road 
- track 
- path 
- toilets 
- car park 
- refreshments (may be seasonal) 
- church 
- ancient monument 
- viewpoint 

