Welcome to Dulnain Bridge

Dulnain in Gaelic is split into two parts with 'Dul' meaning 'field or flat, open place' and 'nain' referring to 'by the river'. Dulnain Bridge, and the crofting community of Skye-of-Curr to the south, retain much of their original character and take a great pride in the welcome they give to visitors.

Dulnain Bridge Paths

A network of paths and tracks lead out of the village, providing a variety of routes to enjoy with fine views, a rich local history and abundant wildlife. Each colour-coded route is shown on the map and there are corresponding waymarkers along each route to help guide you.

However, please take a few minutes to read the path descriptions on the map before you set out, just to make sure that your chosen route is suitable for you and any others in your group. You can also join paths and minor roads together to make your very own, longer, expedition route!

Cairngorms Paths

Dulnain Bridge Paths

Explore Dulnain Bridge and Skye of Curr

For information on paths, local events, facilities and accommodation:

Visitor Information Centres
Grantown on Spey: 01479 870 477
Aviemore: 01479 810 930

Useful websites:
www.dulnainbridge.com
www.visitcairngorms.com
www.cairngorms.co.uk
www.walkhighlands.co.uk

If you enjoyed using 'Dulnain Bridge Paths', look out for other Community Paths leaflets to help you explore more of the Cairngorms National Park.
**Roche Moutonnées – Rock Wigs!**

Around 18,000 years ago Dulnain Bridge lay deep under a sheet of glacier ice. As the ice moved along it ground down and shaped the bedrock. The melting ice left smooth, exposed rocky hillocks. Known as Roche Moutonnées, these rounded rocks resembled the wavy wigs or moutonnées, which men wore in the 18th century. Find out more by visiting the site. See inner map for directions.

---

**Crofting**

Sir James Grant gifted ‘good ground’ to local people to allow them to build a croft, grow crops and keep livestock. Skye of Curr is laid out as crofting land and, if you walk along the Skye of Curr road you can still see the small field patterns.

This low-intensity farming is also beneficial for wildlife. A walk around the village can be rewarded with sightings of farmland birds and animals such as goldfinches and stoats.

The ‘collection of implements from a bygone age’ gives some idea of the effort involved in ‘working the land’.

---

**People of the Past**

People have been living in or visiting Dulnain Bridge for thousands of years. There are Pictish carved stones nearby and two Stone Age coffins were found in a burial cairn in Curr Wood.

The first stone bridge, built about 1754 was one of the few crossing points connecting Moray with the south and would have seen its fair share of traffic. The single-span stone arch bridge you see today was constructed in 1830 after the last flood washed its predecessor away.

---

**Forests for the Future**

The Forests around Dulnain Bridge are some of the best Caledonian pinewoods in Britain. Rich in wildlife these forests are also important for timber providing important income for local estates.
Take particular care during tree felling and follow any on-site signage.

1st April – 15th August: Help us protect ground nesting birds. Please keep your dogs on a lead.

**Old Laundry Path**
A woodland loop with a view across the river to Muckrach Castle. See roe deer here if you’re lucky.
- Short moderate slopes.
- Firm tracks and earth paths with short narrow and uneven sections that can be muddy in the winter.

**Skye of Curr Trail**
Loop through the forest perfect for red squirrel spotting.
- Short moderate slopes.
- Mostly on firm gravel tracks, short sections of firm earth path. Can be muddy in winter months.

**Curr Wood Trail**
A walk through pine trees with views to the Braes of Aberney and Castle Roy. Please keep gates clear.
- Short moderate slopes near view point. Firm gravel forest tracks and firm earth paths with short uneven sections.

**Riverside Path**
This short, circular route is a lovely way to explore the River Dulnain.
- Two sections of steps. Firm gravel path with short sections of firm earth path and track.

**Roche Moutonnées**
A short path to explore Roche Moutonnées, rocky hillocks shaped by the passage of glaciers.
- Short moderate slopes on uneven narrow earthy paths.

---

**Help to monitor landscape change!**
Take a photo at the Cairngorms Scenic Photo Post, then upload it to www.cairngorms.co.uk/photo-posts where you can view photos from this post and others around the Park.