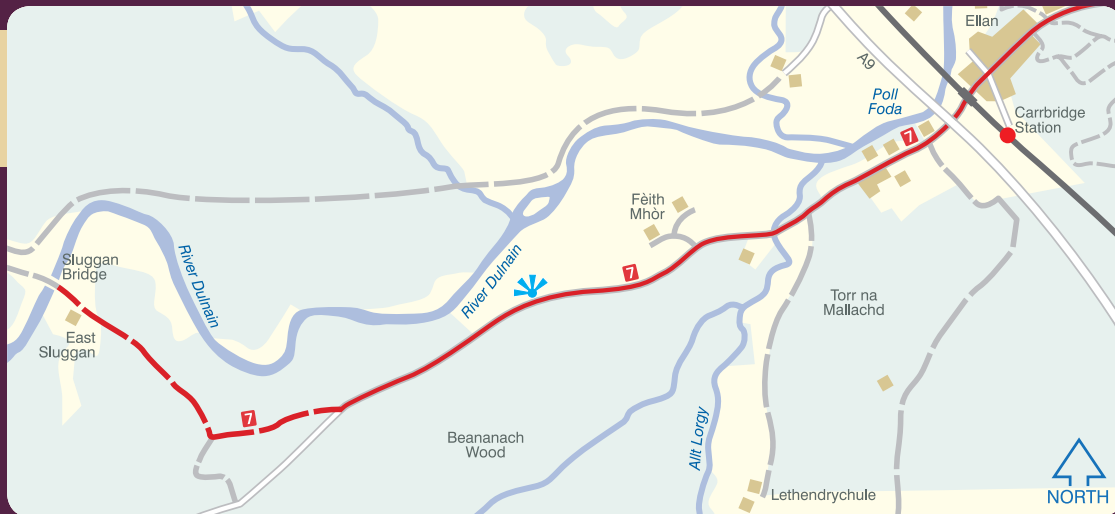




Carrbridge – Sluggan bridge

Following National Cycle Network route 7 this cycle route takes in gently rolling quiet roads and wide estate tracks dropping down to Sluggan Bridge – the historic bridge built to help Redcoats cross the river!



Be bike safe:

- Make sure the route is suitable for everyone in your group
- Follow the Highway Code if you are on roads
- 'Do the ride thing' if off road and respect all other users www.dmbins.com/riders/do-the-ride-thing
- Take plenty of water and snacks
- Carry spares for repairs
- Make sure you are prepared for the weather

Grade: MODERATE

Terrain: Minor public roads, estate tracks with steep gradients

Length: 5.5 miles / 9 km (there and back)

Start: Main car park (next to school)

For more family cycle routes within the Park visit cairngorms.co.uk



**KNOW THE CODE
BEFORE YOU GO**

outdooraccess-scotland.com