

Tread Lightly in the Park



Cairngorms
NATIONAL PARK
Pàirc Nàiseanta a' Mhonaigh Ruaidh



A quarter of Scotland's native forest



© Ross Bell Photography

Scotland's wild heart: an accessible wilderness



© NatureScot

A stronghold for the UK's rare and endangered species



© Sandra Standbridge/Lapwing chick

The UK's highest and most massive mountains



© R.I. Kinnaird

Enjoy Scotland's Outdoors Responsibly

Everyone has the right to be on most land and inland water providing they act responsibly. Your access rights and responsibilities are explained fully in the Scottish Outdoor Access Code.

**SCOTTISH OUTDOOR
ACCESS CODE**

outdooraccess-scotland.scot



For further information visit www.cairngorms.co.uk

On foot, by bike, canoe and even horse back, the Cairngorms National Park is a great place to enjoy the outdoors. Know the code before you go and enjoy the outdoors responsibly by remembering to:

- take responsibility for your own actions
- respect the interests of other people
- care for your environment

Dog Owners

From April to August, please keep your dog on a short lead or close to heel in areas with ground nesting birds. In woodlands with capercaillie, follow all signage and keep your dog on a lead where requested. On farmland, please do not enter fields with young animals.

Wild Camping

Follow all on site signage and advice from rangers. To wild camp responsibly do so away from vehicles, roads, buildings and paths. Keep your group small, limit the length of your stay, and remove all traces of your campsite, including litter.

Camp Fires

Do not light a campfire. The forests, woodlands and peatlands of the Cairngorms are internationally important. You can help protect this special landscape by using a camping stove instead.

Outdoor Cooking

Follow all on site signage and advice from rangers. If it is safe to have a barbeque place foil trays on a solid, fire resistant surface such as stones, sand or shingle. Take the foil tray home or dispose of it safely in a bin.

Toilets

Use a public toilet if there is one. If not dig a hole and bury waste well away from buildings, well used areas and paths. Urinate at least 30 paces from lochs, rivers and streams.