

Welcome to Kingussie

The name Kingussie comes from the Gaelic words *ceann a ghiuthsaich* meaning 'the head of the pine forest' and reflects its position near the limit of the Caledonian pine woods that once covered much of the highlands.

In an area steeped in history, the original burgh was on the opposite side of the River Spey at Ruthven, where the old roads through Drumochter, Glen Truim and Glen Feshie came together at a ford across the river. The present Kingussie settlement was founded in the late 18th century by the Duke of Gordon following the building of a bridge over the Spey at Ralia.



Kingussie Paths

A network of paths and tracks leads out of the village, providing a variety of circular routes to enjoy with fine views, a rich local history and abundant wildlife. This leaflet suggests six routes of varying length, all starting and finishing in Kingussie so you can give the car a rest! Each colour-coded route is shown on the map and there are corresponding coloured waymarkers along each path to help guide you. However, please take a few minutes to read the route descriptions on the map before you set out, just to make sure that your chosen path is suitable for you and any others in your group.



For information on paths, local events, facilities and accommodation:

Visitor Information Centres:

Kingussie: 0845 22 55 121 (open all year)
Newtonmore: 01540 670 157 (open all year)
Aviemore: 0845 22 55 121

useful web sites:

www.kcdc.org.uk
www.kingussie.co.uk
www.cairngorms.co.uk

If you enjoyed 'Kingussie Paths' then look out for other Community Paths leaflets to help you explore more of the Cairngorms National Park.

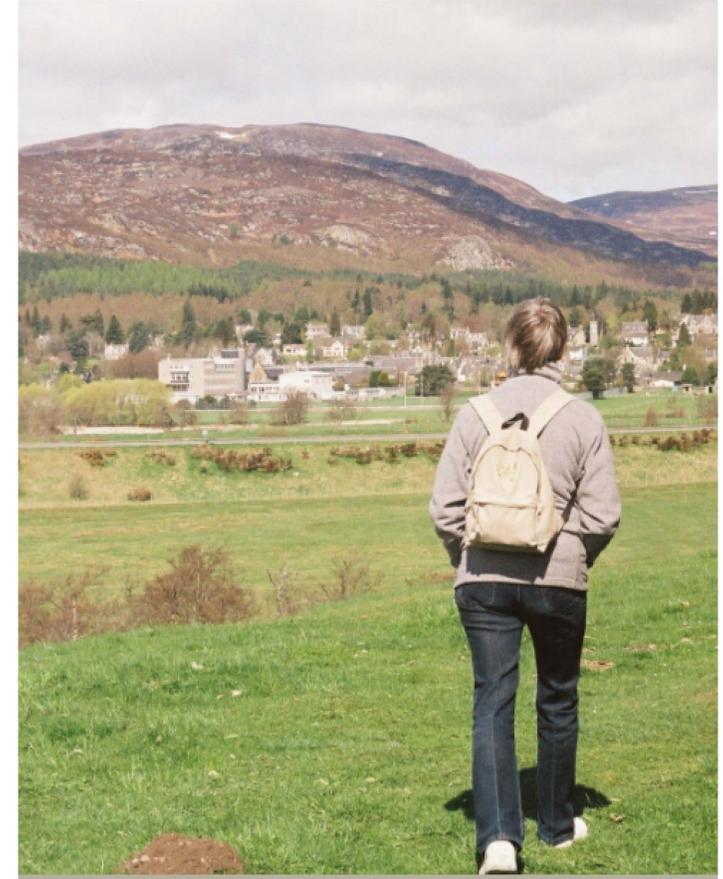
All profits from the sale of this leaflet go directly into maintenance of the path network.
Thank you.

Cairngorms Paths

Kingussie Paths



Explore Badenoch



Loch Gynack Path

Route to Newtonmore with views of loch and hills, passes old township site.

Distance: 3½ miles

Approx Time: 3 hours to Newtonmore (return by same route or by easier 1 hour return route along cycleway beside A86).

Start: Loch Gynack

Terrain: Uneven terrain, can be muddy, moderate gradients, exposed on moorland sections. Ford to cross at Newtonmore end.

Golf Course Circular

Circular walk through birch woodland with views of Loch Gynack.

Distance: 2 miles

Approx Time: 1¼ hour

Start: Ardvonie Car Park.

Terrain: Uneven terrain, can be muddy, moderate gradients. BEWARE OF GOLF BALLS, particularly at the northern end.

Tom Baraidh & Raitts

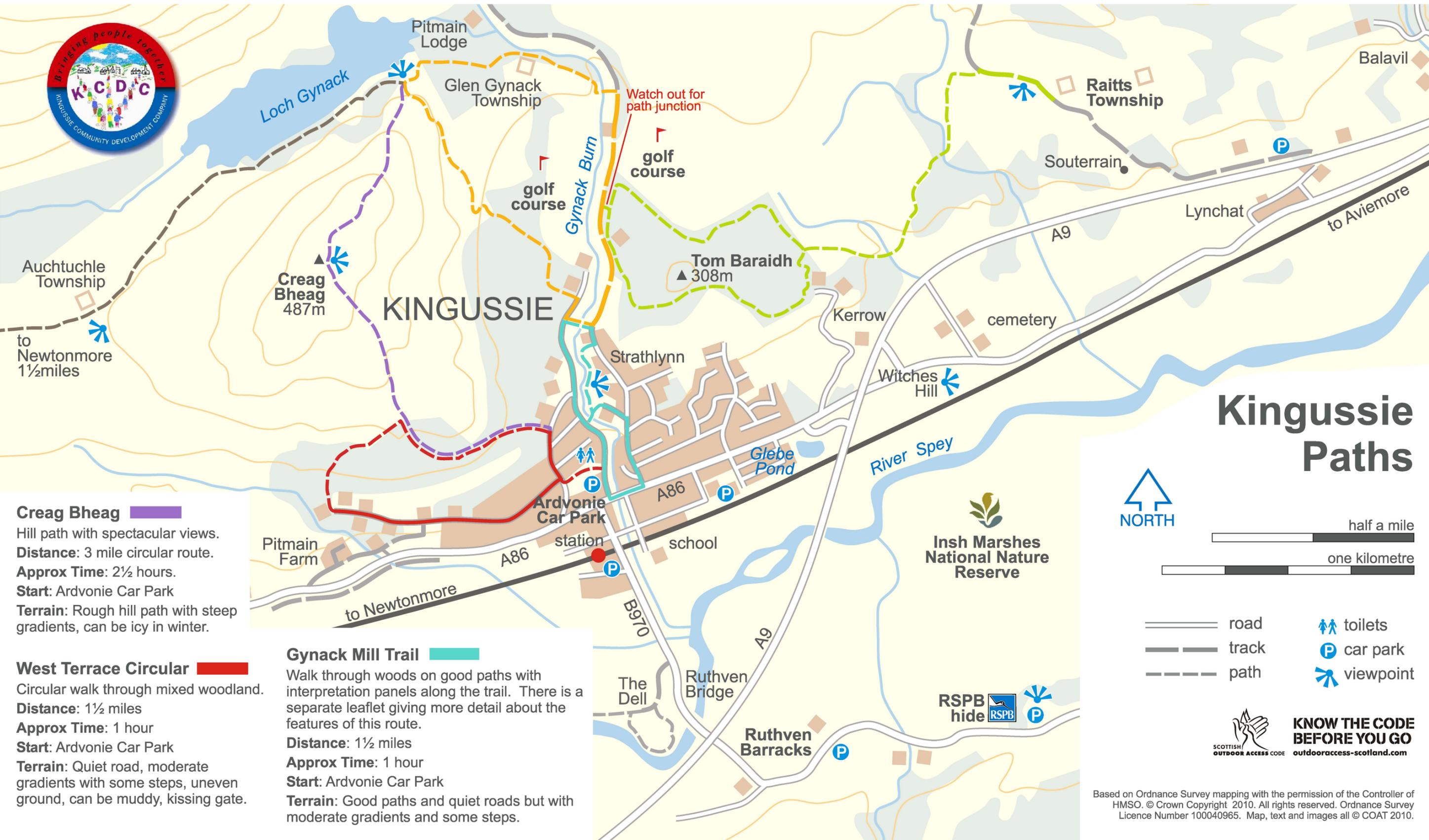
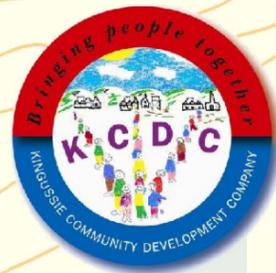
Way-marked route round mature plantation on informal trail through fields and juniper woodland to old settlement site with views over Badenoch.

Distance: 3 miles

Approx Time: 2 hours (one way)

Start: Ardvonie Car Park.

Terrain: Uneven ground, can be wet.



Creag Bheag

Hill path with spectacular views.

Distance: 3 mile circular route.

Approx Time: 2½ hours.

Start: Ardvonie Car Park

Terrain: Rough hill path with steep gradients, can be icy in winter.

West Terrace Circular

Circular walk through mixed woodland.

Distance: 1½ miles

Approx Time: 1 hour

Start: Ardvonie Car Park

Terrain: Quiet road, moderate gradients with some steps, uneven ground, can be muddy, kissing gate.

Gynack Mill Trail

Walk through woods on good paths with interpretation panels along the trail. There is a separate leaflet giving more detail about the features of this route.

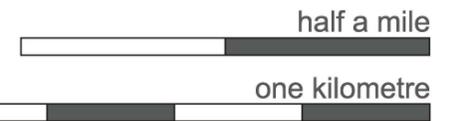
Distance: 1½ miles

Approx Time: 1 hour

Start: Ardvonie Car Park

Terrain: Good paths and quiet roads but with moderate gradients and some steps.

Kingussie Paths



- road
- track
- path
- toilets
- car park
- viewpoint



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