

First steps walks

Aviemore

Finding even brief moments to breathe some fresh air, stretch our legs and connect with nature is hugely important for our wellbeing. We know Aviemore is surrounded by beautiful walking opportunities, but what about short walks in nature that are close to home and quick to get to? These can help get us started and inspire us to explore a little further, or can just fit in to busy lives. Here are some suggestions, and you'll know the quickest cut-throughs to get to the start points that are easiest for you.

Featured Trail ■ ■ ■

Woods in the heart of the village

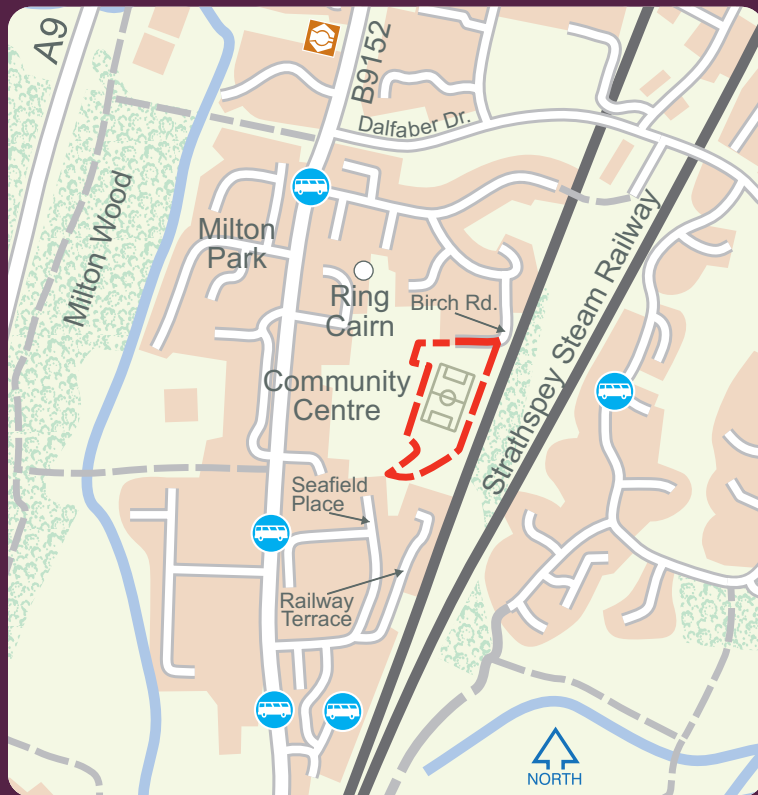
This short loop can be joined from the Community Centre, Birch Road or the path connecting to Railway Terrace and Seafield Place. It takes you through mixed woodland (unlit) with an opportunity to hear birdsong and watch the changing seasons.

The path is level, partly tarmac / pavement and partly gravel / earth that is occasionally narrow.



1/3 mile / 600 m

Allow 15-20 minutes



For more Aviemore Paths and the full suite of Community Path Leaflets visit cairngorms.co.uk

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Milton Burn connection

A short connecting path leading from Grampian Road (opposite Dalfaber Drive) to a pretty burn where you can listen to the babbling water, hear birdsong, and maybe play Poohsticks. You can also choose to go a little further into the woodland across the burn.

Mostly level, earthy
and gravel path.



Distance / time is each way

1/10 mile /
150 m

Allow
2-5 minutes



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Easy connector towards the river

This route connects from Burnside, through the hospital underpass onto Dalfaber Drive, leading to the Riverside Park. Quiet residential roads go past attractive mixed woodland to the open area of Riverside Park, where you may choose to stroll a little further.

Tarmac paths, gentle gradients
(stoney in underpass).
Riverside Park smooth
gravel with gentle gradients.

Distance / time is each way



2/3 mile /
1 km

Allow
30 minutes



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